AUSTRALIA

GENTLEMEN'S QUARTERLY

INTERVIEW

DAVID POCOCK

FINALLY A FOOTY PLAYER WITH A DECENT OPINION

WINNING OVER NORTH KOREA

(WITH BAD US TV

136

STYLE TIPS TO SEE YOU THROUGH THE SEASON

GIRL

KEEPING UP WITH

THE MEN OF

SUBSIANCE STARRING

DAVID BECKHAM

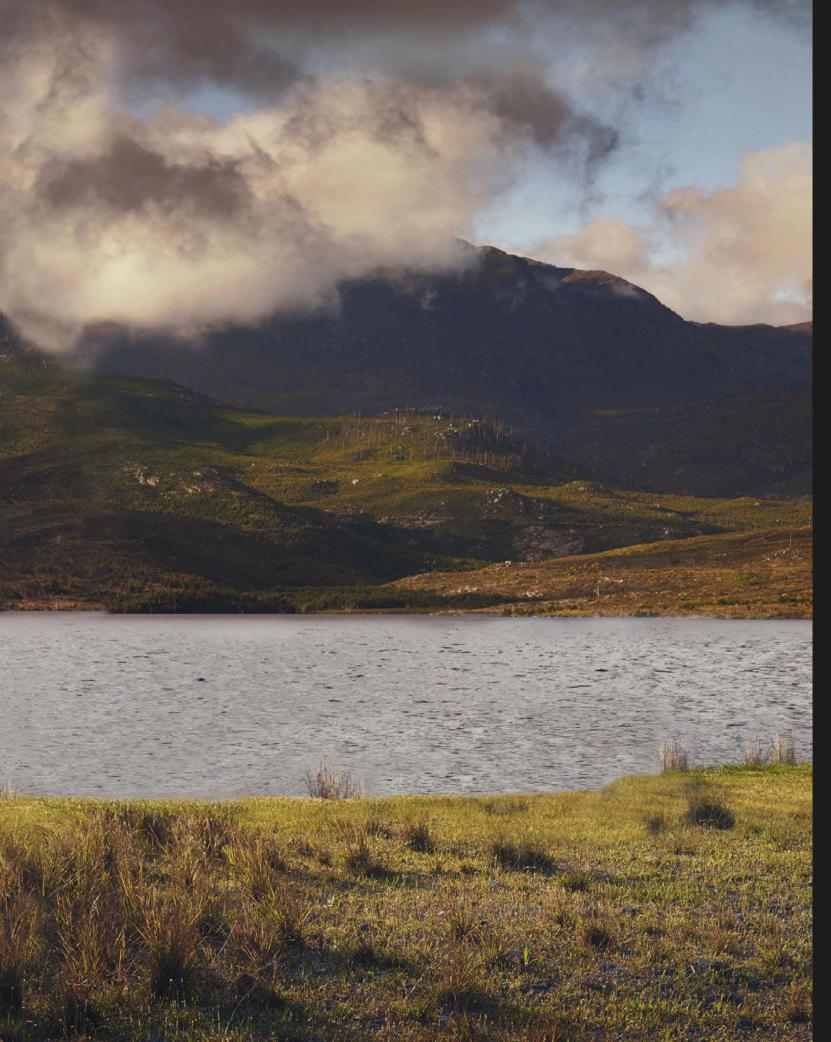
CHRIS PRATT
ADAM DRIVER
SCOTT EASTWOOD
KANYE WEST
VANCE JOY
NICHOLAS HOULT

PLUS EZRA MILLER | LAMBORGHINI | JON STEWART | LUXE HOTELS















PRADA



In the lead role: John Travolta, movie legend and aviation aficionado. Guest star: the legendary North American X-15 that has smashed all speed and altitude records and opened the gateway to space. Production: Breitling, the privileged partner of aviation thanks to its reliable, accurate and innovative instruments – such as the famous Chronomat, the ultimate chronograph. Welcome to a world of legends, feats and performance.

BREITLING BOUTIQUE

30 CASTLEREAGH STREET

SYDNEY

WELCOME TO MY WORLD



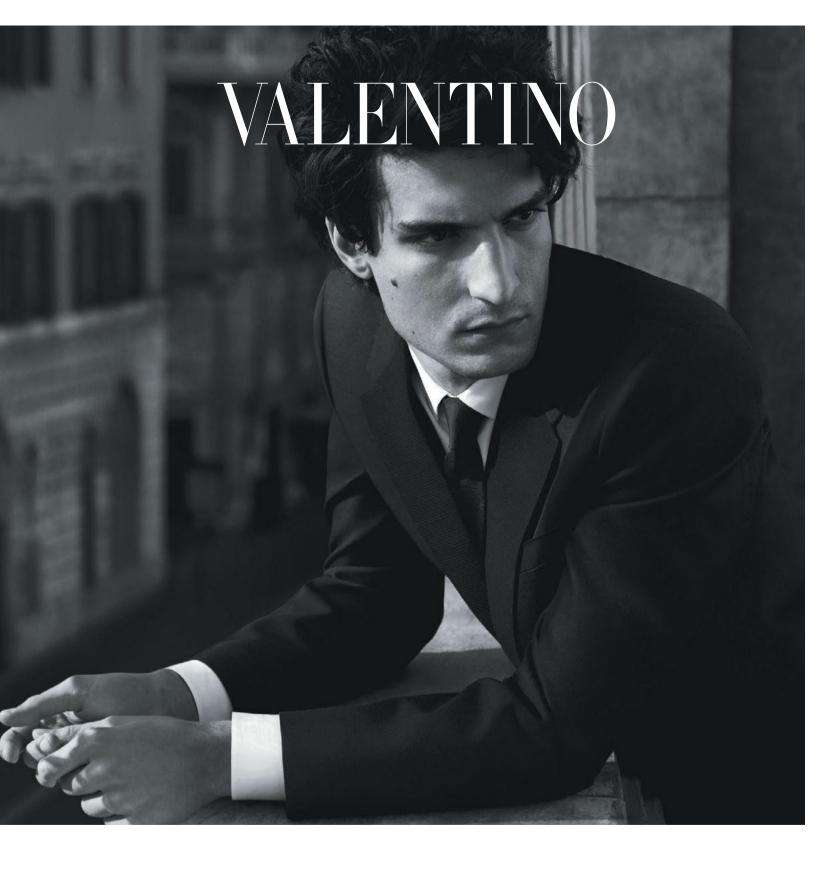
CHRONOMAT 44



INSTRUMENTS FOR PROFESSIONALS™







VALENTINO

THE MASCULINE FRAGRANCE

THE SOURCE

29 | Man of the moment Ezra Miller; Tame Impala talk weed, gin and their new album; comedians who owe Jon Stewart big time; a side of classy porn.

50 | GQ&A

Wallaby David Pocock tackles homophobia in sport, climate change and politics head on.

TASTE & TRAVEL

66 LUXE HOTELS

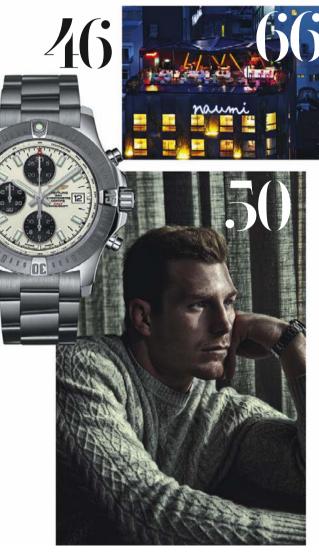
Boutique is best, from all around the world.

71 ORGANIC WINE

Tastes great and no hangovers – well, almost.

73 | FOOD UPDATE

The new way to eat oysters, plus all the latest openings.





on the cover

3() WHY RUGBY UNION'S DAVID POCOCK FEELS SO STRONGLY ABOUT MARRIAGE EQUALITY.

FROM SUITS TO BELTS AND
BACKPACKS, WE HAVE YOUR
WARDROBE SORTED.

94 MR DAVID BECKHAM LEADS OUR MEN OF STYLE AND SUBSTANCE ROLL CALL.

112 KENDALL - THE ONLY KARDASHIAN WORTH KEEPING UP WITH.

WE REPORT HOW TO SMUGGLE FRIENDS (THE SITCOM) INTO NORTH KOREA.







14 | ED'S LETTER

112

When will parliament pass same-sex marriage laws? 16 | i-Q Why Banksy should be everyone's hero. 45 | GQ ADVICE Got a problem? We'll solve it. 58 | SHE-Q Good story, that.
59 | HE-Q Dan gets angry. 168 | SEXPERT Pegging, anyone? 176 OPEN LETTER The wrong end of

The wrong end of the style and substance spectrum.

18 CONTRIBUTORS 24 GQ.COM.AU 26 FEEDBACK 48 SUBSCRIPTIONS 174 WHERE TO BUY

THE LAB

60 | We test the best surround sound systems on offer and charge our phones wirelessly.

OUTFITTER 77 | HOW TO STYLE OUT THE SEASON

Wear the same suit six ways, and bag yourself a designer backpack.

GROOMING

85 | The local heroes making some noise, and advice on stopping the recession (on your head).

MOTOR

90 | THE NEW LAMBO

0-100km/h in three seconds? Sold.

FEATURES

126 DIOR HOMME

We're in China to speak to Kris Van Assche about his AW15 collection.

132 | THE TRANSITION

A detailed report on the recent developments in the transgender world.

FASHION 138 | THE MODERN EXPLORER

Reach new heights this winter with dark colours and sharp layering.

148 RUGGED DENIM

Actor Benedict Samuel highlights the moodier, more edgy trends.

GQINC.

157 BEING BRANSON

With hotels now in his remit, the mogul tells us his secret to success.

160 | BUSINESS SPEAK

Going forward, please, no more 'scalable' this and 'pivoting' that.

CHAMPION 165 | THE POWER

OF PILATESJames Magnussen swears by it – time you do too.

169 | NEW RUNNERS

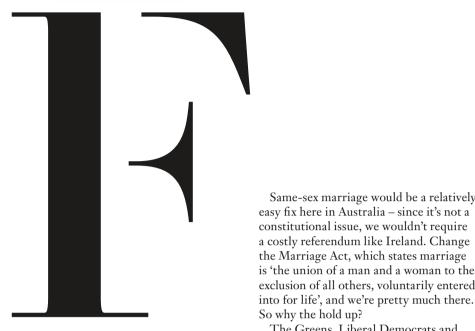
Pop on a pair of these and run like the wind.



#BALLYSNEAKERS 1800 78 1851 SWISS DESIGN SINCE 1851 BALLY.COM

BALLY





For both sides of politics, 2015 has been a roller-coaster ride with potential leadership spills and a contentious budget reflecting the job's ongoing Machiavellian nature. As Federal Parliament is set to return, I totally appreciate the need to prioritise the big issues, but one still remains unresolved - one that's already been decided in the minds of most Australians. I'm talking about marriage equality.

Recent polls have between 68 and 75 per cent of the country in favour of legalising gay marriage, and advocacy group Australian Marriage Equality believes we're only a few members short of a majority in the House of Representatives. Day-by-day, more MPs are coming out, so to speak, to voice their reformed stance on the issue. Indeed, Opposition leader Bill Shorten's intention to introduce a same-sex marriage bill received an unlikely advocate in broadcaster Alan Jones, who said two people who find love should be legally allowed to celebrate it. (Don't worry, he also denounced Shorten as "bereft of ideas" and "unelectable", so he's not losing his touch.)

In late May, no doubt the government witnessed the outpouring of joy in Ireland, when constituents (both hetero and homosexual) voted overwhelmingly in a referendum to legalise same-sex marriage. We too could do with a good ol' dose of dancing in the streets to celebrate not another sporting victory, but the hope we're moving towards a more loving, inclusive and progressive country.

Same-sex marriage would be a relatively easy fix here in Australia - since it's not a constitutional issue, we wouldn't require a costly referendum like Ireland. Change the Marriage Act, which states marriage is 'the union of a man and a woman to the exclusion of all others, voluntarily entered

So why the hold up?

The Greens, Liberal Democrats and Labor have all proposed bills respectively, with Shorten's the most telling. When he introduced it to the House of Representatives barely any coalition members were present. While most likely a deliberate ploy to belittle Shorten, the LGBT community took it as a slight against them and flooded social media with pictures of the half-empty house.

Not done there, coalition MPs accused Shorten of politicising the issue. It's interesting to note that while Shorten was giving his Marriage Act amendment speech, Tony Abbott was down the local Harvey Norman, talking budget measures and small business needs. Sure, it's a worthy topic, but there's a time and a place, no?

Still, we are getting closer. The resounding support for marriage equality in Australia is coupled with the fact that a devoutly religious country like Ireland has seen the light, so surely it's time we did too? The government won't allow one single political party to take the initiative on such a positive change, especially a party that isn't theirs, so that in turn is driving parliament to a decision.

Lately, the Prime Minister has definitely changed his tone, dropping 'gay marriage' from his vocabulary, in favour of the all encompassing 'same-sex marriage'. He's also recognised it as a 'significant issue', going on record to say he welcomes the debate. There's even been reference of a cross-party bill. Subtext: 'If we're going to do this, it's going to be on my terms.'

Editor's Letter



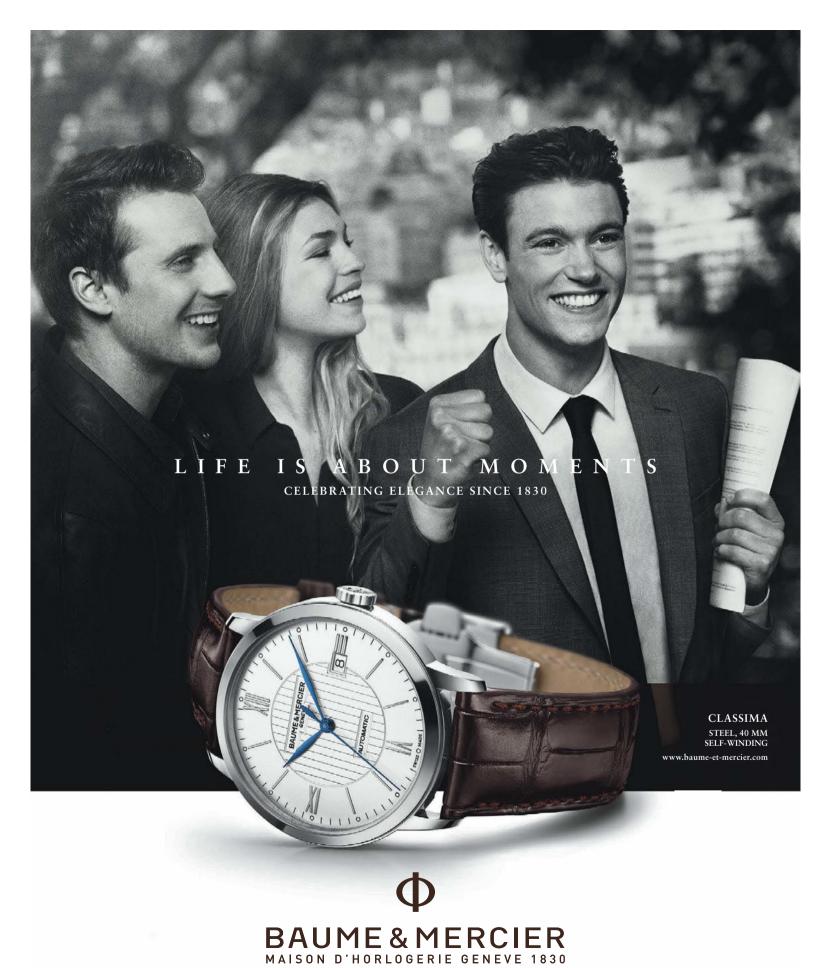
MPs will have had time to check in with their constituents to shape their final stances, meaning a decision could come in August, should Liberal Party supporters call for a vote. Then, the scene would be set for the PM to grant the coalition a 'free vote', where he could still not vote in favour of the change to the Marriage Act, but allow his members to vote as they please. As the only person in his family still opposed to the change, it's unclear if he would support marriage equality but wouldn't that be something?

No one would have ever imagined same-sex marriage could be Tony Abbott's defining moment in politics not The Greens, nor the Liberal Democrats, nor any marriage equality advocates – and probably not even Abbott himself. But who knows, it just might be.

Enjoy the issue,

Nick Smith **EDITOR IN CHIEF**





WATCHES OF SWITZERLAND - MONARDS - HARDY BROTHERS - GREGORY JEWELLERS SWISS CONCEPT - SHUM'S WATCHES & JEWELLERY - JR/WATCH CO - HEINEMANN TAX & DUTY FREE

inside C

Charlie Pickering | i

SUBSTANCE ANDTHE FANE THAT DARE NOT SPEAK ITS NAME

here's this artist. His name is Banksy. Yeah, you've heard of him he's famous, almost to the point of tired cliché. His book is a bestseller. He has legions of fans talking about his work on websites. His Warhol-inspired Kate Moss portrait fetched \$194,000. If someone finds one of his works on an alleyway-wall of their crappy warehouse, the property value rockets by 10 per cent. But the truly remarkable thing about him is that nobody has any idea who he is.

This is no mean feat. Among his artistic achievements are a vision of paradise stencilled onto a security wall in Palestine and tagging the inside of an elephant enclosure in Barcelona Zoo. Bold public creative expressions, executed under cover of night, that leave an admiring public scratching their heads. He even made a documentary about himself that got nominated for an Academy Award, and the world is still in the dark. Some can hardly bear the suspense.

A friend of mine – an English comedian living in London - was at a fairly dignified art gallery opening once. A respected art expert and critic approached him with a tentative step and cautious look in his eye.

"Are you an artist?" he asked.

"No," replied my friend.

"Oh," said the critic, disappointedly.

"Why, is that a problem?" asked my mate.

"Well, it's just I thought you might have been Banksy."



The idea of doing something without taking credit for it has become downright unfashionable. On the surface (as it so often is) celebrity seems to be a far more popular notion. In fact, with the rise of reality entertainment and Instagram 'careers', where success at life is measured in the baffling metric of views and clicks, being

famous without actually doing anything is the ideal. Yet doing the inverse – that is, doing a significant something while eschewing fame now that is something truly special.

That's why I like Banksy. Despite using the most modern artistic techniques, he harkens back to the historic power of mystery. To this day, Jack the Ripper tours are a top contender for the most popular tourist attraction in London. People walk through the back alleys on guided tours hoping to be terrified. Countless books, movies, investigations and conspiracy theories have been born out of the scariest detail of his horrific campaign of murder but nobody ever knew who he was. The Scarlet Pimpernel was such a commanding theatrical character because his mystery gave him power. Superman, Spider-Man and Batman are superheroes not because they can fly, shoot webs or live in a cave/bachelor pad, but because their world remains oblivious to their mild-mannered alter egos. Contrary to what the

gossip columnists, paparazzi and reality TV mainstavs would have us believe, there is nothing we love more than a secret that remains untold. Substance can be found in deeds that do not beg for applause. Substance lives in accomplishment without accolade.

Though anonymity needn't be spectacular. Sometimes it's at its best when it is unremarkable. There was once an Aussie Rules footballer. His name was Peter Hudson. He played full forward for Hawthorn between 1967 and 1977 and was widely regarded as a freak. So good was Hudson that if it weren't for the fact he was registered in the same league as everyone else, he would have been in a league of his own. Around the time that he was reinvigorating the Hawthorn Football Club's match day attendances, a nearby church was having the opposite problem. In a topical attempt to get bottoms on pews, the local vicar put up a banner outside the church that posed the question, 'What would you do if Jesus came to Hawthorn today?' People pondered this rhetorical gambit for a couple of days until an unidentified genius answered, 'Move Peter Hudson to centre half forward.'

This is one of my favourite jokes of all time. Not because it's funny, cheeky, simple yet slightly inspired. But because I will

probably never know who made it. I hope I never do. For the same reason I hope I never know who Banksy is – there just aren't enough superheroes these days.

CHARLIE LOVES



THE ACT OF KILLING

A DOCO BY JOSHUA OPPENHEIMER **FOLLOWS A** SELECTION OF GANGSTERS AND PARAMILITARY MEN WHO PARTICIPATED IN THE KILLING OF AN ESTIMATED ONE MILLION INDONESIANS IN THE 1960s. THEY ARE ASKED TO REMAKE CINEMATIC PORTRAYALS OF THEIR CRIMES, AND IN DOING SO BEGIN TO UNDERSTAND THE ENORMITY OF WHAT THEY HAVE DONE. INCREDIBLE VIEWING. THEACT OFKILLING.COM

SUBSTANCE CAN BE FOUND IN DEEDS THAT DO NOT BEG FOR THOUGH NEEDN'T BE SPECTACULAR.

Wild thing.

The all new CLA 45 AMG Shooting Brake.

Unleash your wild side in the all new CLA 45 AMG Shooting Brake. Sleek in stance and aggressive in performance, 265kW of power is harnessed through the world's most powerful four-cylinder engine. With a reverberating roar, it's impossible to ignore.

www.mercedes-benz.com.au/cla45AMG









contributors







CHRISTOPHER **MORRIS**

PHOTOGRAPHER

"Benedict was a real sweet, cool guy, which makes our job all that much easier," says Morris of his shoot with the younger Samuel brother (p148). "Big things to come for this lad. I reckon." Couldn't agree more.

SO, ANY POINTERS FOR **TAKING BETTER PHOTOS?**

Use something other than a phone. MAKES SENSE, WHAT ABOUT

BREAKING INTO THE INDUSTRY?

Shoot what you love as often as you can. Schools and courses can be a good place to learn the basics, and assisting your contemporaries gives you a great insight into the realities of the job.

WHAT KIT DO PEOPLE NEED TO GET STARTED?

Not much, and it's so affordable these days. Get yourself a camera, lens, laptop and software, and you're underway.

WHAT DO YOU USE?

For personal work, I'll still shoot film on my Mamiya 'RZ67'. It's a much slower, more considered way of shooting, but rewarding in the end. Commercially I shoot on a digital Canon 'EOS-1Ds Mark III', and I stick to the one prime 50mm lens most of the time.

WHERE DO YOU HEAD FOR PHOTOGRAPHIC INSPIRATION?

My friends at The Heavy Collective always have a great selection of photographers and their works. Check them out at theheavycollective.com.

STEPHEN FOYLE

HAIRSTYLIST

Creative director of Sydney's Detail For Men salon, Foyle was on hand for our fashion shoot in New Zealand (p138). "It was epic," he says. "Working on the mountain and glacier was extreme. Frozen hair product and numb hands made it interesting."

WHAT'S THE LATEST TREND IN MEN'S HAIR?

We're moving away from the hipster fade to a 'roughster' look. Less groomed, longer hair and mid-length beards. Think '70s Paul Newman.

AND HOW DO WE GET IT RIGHT? Blow-dry hair with a texture spray until

it's completely dry, and use minimal styling paste to hold. Strong, masculine hair looks best natural - so when applying product, less is definitely more.

WHAT DO WE NEED IN OUR **BATHROOM CABINET?**

A natural bristle hairbrush, a boar bristle shaving brush, carbon hair comb, good quality clay pomade and paste and a blow dryer with a nozzle attachment.

HOW DO WE PICK A DECENT HAIRSTYLIST?

The good ones will use facial structure, occupation and personality to tailor a style. Ask if they can do 'scissor over comb' instead of clippers, for a more blended, natural taper. If they give you the old, 'What did you want today?' line, rather than a consultation about what you need, you're in the wrong place.

GRIGORY

DIGITAL GURU

Russian-born Punanov came on board earlier this year to lend his expertise to all things online. Head to GQ.com.au and check out his handiwork.

HOW ARE YOU FINDING OZ?

It's great. I came here as a tourist four years ago with my wife and two sons, and we just loved your beautiful country. On the plane back, we decided that we should live here - so we did.

WHAT'S THE NEXT BIG THING IN ONLINE CONTENT?

Personalisation of user experience is a hot topic. Soon you'll come to your favourite sites and see articles based on. say, your Facebook likes. It's happening with ads - so why not content, too?

IS THERE STILL A FUTURE FOR **SERIOUS JOURNALISM ONLINE?**

Certainly. Look at the Bloomberg Business 'What Is Code?' feature about programming - it's 30,000+ words and went viral. It's interactive, nicely designed and well written.

GOT ANY FAVOURITE SITES?

I go through 20-30 every day, but most of my time is spent on wired.com and techcrunch.com.

WHAT ELSE CAN WE EXPECT IN THE DIGITAL WORLD?

I think smartphones will soon replace our wallets and keys, and though they'll still be our main business tools Monday to Friday, we'll put them away on the weekends in favour of smart watches.



MIKE CHRISTENSEN **CHIEF SUBEDITOR**

When he's not busy correcting grammar or finding deliberate errors we've hidden on this very page, Christensen is an avid surfer and soon-to-be dad. He's also currently transforming himself from fit to fitter, with the help of GQ 'Terminator' trainer Daniel Conn - stay tuned for more on that, folks.

GOT A FAVOURITE PIECE FROM THIS ISSUE?

Is it OK to say my GQ&A with David Pocock (p50)? He's a gent well worth driving to Canberra for an hour's chat and bottle of sparkling water. The police officer who caught me speeding can vouch for my eagerness.

ANY PITFALLS OF BEING A PROFESSIONAL GRAMMAR NAZI?

My emails to friends have to be perfect, or else I get a swift 'Subeditor, are you?'

TIPS FOR IMPROVING **OUR WRITING, PLEASE?**

Write with personality, not ego; relish criticism instead of fearing it: and listen to music on repeat to stay in the zone though the last one's unproven.

WHAT'S THE LAST THING YOU READ AND REALLY LOVED?

The three pregnancy tests my wife took to confirm we were having a baby. Other than that, a Resident Advisor interview with George FitzGerald - I've since listened to his album, Fading Love, in a different light.

HOW'S THE TERMINATOR TRAINING GOING?

You haven't noticed a change? I've loved it - committing to a challenge is right up my street. And who doesn't like having "GET UNCOMFORTABLE" shouted at you at 6.30am?

DESIGNANDTECHNOLOGY. 30 PANERAL LUMINOR 1950 REGATTA 3 DAYS CHRONO FLYBACK AUTOMATIC TITANIO (REF. 526)



Exclusively at Panerai boutiques and select authorized watch specialists.



PUBLISHER AND EDITOR IN CHIEF NICK SMITH

DEPUTY EDITOR Richard Clune **CHIEF SUBEDITOR** Mike Christensen FASHION EDITOR Barnaby Ash INTERACTIVE DESIGNER Christian Harimanow **ACTING ONLINE EDITOR** Kimberlee Oo ONLINE ASSISTANT Natasha Gillezeau

ART DIRECTOR Josh Beggs FEATURES WRITER Jake Millar MARKET EDITOR Emma Fagg **GROOMING EDITOR** David Smiedt **ONLINE ASSOCIATE PRODUCER** Nikolina Skoric **EDITORIAL BUSINESS COORDINATOR Trudy Biernat**

OFFICE ENQUIRIES 02 8045 4784

CONTRIBUTING WRITERS

Gemma Askham, Charlie Burton, Stephen Corby, Andrew Essex, Joseph Gardner, Andy Greenberg, Rebecca Hanley, Benjy Hansen-Bundy, Anthony Huckstep, Meg Mason, Rob McFarland, Stuart McGurk, Charlie Pickering, Dan Rookwood, Ben Smithurst, Jonathan Thompson, Rachael Wallace.

CONTRIBUTING ARTISTS

 $Matthew \, Beedle, Damian \, Bennett, \, Gavin \, Bond, \, David \, Burton, \, Patrick \, Demarchelier, \, Georgina \, Egan, \, Kai \, Z \, Feng, \, Hiroaki \, Fukuda, \, Nathaniel \, Goldberg, \, Doug \, Inglish, \, Sebastian \, Kim, \, Control \, Control$ Paola Kudacki, Jung Kwang-il, Saskia Lawaks, Nigel Lough, Christopher Morris, Carlotta Moye, Victor Prado, Joe Pugliese, Mathieu Ridelle, Guiseppe Santamaria, Mark Seliger, Guy Shield, Stewart Shining, Bruno Staub, Fiona Susanto, Sean Thomas, Nikki To, Edward Urrutia, Willy Vanderperre, Ben Watts, Emily Winiker, Manolo Yllera.

INTERNS

Jules Rangi, D'Arcy Spiller.

ADVERTISING COMMERCIAL DIRECTOR Sev Celik **DIRECTOR OF BRAND STRATEGY** Dennis Michael 02 8045 4661 NATIONAL SALES DIRECTOR Paul Blackburn HEAD OF STRATEGY Amelia Moyle 02 8045 4669 PRESTIGE SALES NSW Merryn Pearse 02 9288 1090 PRESTIGE SALES NSW Cheyne Hall 02 8045 4667 PRESTIGE SALES NSW Hannah Collins 02 8045 4658 SPONSORSHIP MANAGER Elle Ritson 02 8045 4986 BRAND STRATEGY MANAGER Katherine Knott 02 8045 4654 BRAND STRATEGY MANAGER Sujin Mackellar 02 8045 4671 IMPLEMENTATION MANAGER Bernadette Borg 02 8045 4655 ACCOUNT EXECUTIVE Kate Dwyer 02 9288 1009 ACCOUNT EXECUTIVE Simon Wilde 02 8114 7375 VIC KEY ACCOUNT MANAGER Emily Bennett 03 9292 2781 VIC SALES DIRECTOR Kim Carollo 03 9292 3204 QLD, SA & WA SALES DIRECTOR Rose Wegner 07 3666 6903 CLASSIFIED ADVERTISING Rebecca White 1300 139 305

ADVERTISING CREATIVE DIRECTOR Richard McAuliffe 02 8045 4724 ADVERTISING CREATIVE MANAGER Eva Chown 02 8045 4720 ADVERTISING COPY EDITOR Brooke Lewis 02 8045 4726 ADVERTISING SENIOR ART DIRECTOR Georgia Dixon 02 8045 4718

ASIA Kim Kenchington (852) 2882 1106

PRODUCTION MANAGER Michelle O'Brien **ADVERTISING PRODUCTION COORDINATOR Galina Karavaev** iPAD PRODUCTION Stuart McDowell

> **MARKETING DIRECTOR** Diana Kay MARKETING MANAGER Zoë Meere BRAND MANAGER Renee Gangemi MARKETING EXECUTIVE Rachel Christian **GROUP CIRCULATION MANAGER** Grant Durie **DIGITAL PRODUCT MANAGER** Grigory Punanov

CHIEF EXECUTIVE OFFICER Nicole Sheffield **GENERAL MANAGER RETAIL & CIRCULATION Brett Willis DIRECTOR OF COMMUNICATIONS Sharyn Whitten** PUBLISHER AND EDITOR IN CHIEF Nick Smith

Q AUSTRALIA magazine is published by NewsLifeMedia (ACN 088 923 906), Level 1, 2 Holt Street,

Surry Hills, NSW 2010. NewsLifeMedia is a wholly owned subsidiary of News Limited (ACN 007 87178). Copyright 2013 by NewsLifeMedia. All rights reserved. Address: 2 Holt Street, Surry Hills, NSW 2010. Tel: (02) 9353 6606. fax: (02) 9353 6606. Creative Services fax: (02) 9353 6601. Melbourne Office: HWT Tower, Level 5, 40 City Rd, Southbank, Vic 3006. Tel: (03) 9292 3200, fax: (03) 9292 1695. Brisbane

Office: 26 Chermside Street, Newstead, Qld 4006. Tel: (07) 3620 2000, fax: (07) 3620 2000. Distributed by Gordon & Gotch Australia Pty Ltd, tel: 1300 650 666. Printed by Offset Alpine Printing, 42 Boorsea Street, Lidcombe, NSW 2141 under ISO14001 Environmental Certification. Offset Alpine is committed to environmental improvement by using environmental management systems, continuously introducing environmental initiatives and benchmarking to globally recognised standards and monitoring. Paper fibre is from PEFC-certified forests and controlled sources. ISSN 0042-8019.

CONDÉ NAST INTERNATIONAL Jonathan Newhouse, Chairman and Chief Executive CONDÉ NAST ASIA PACIFIC James Woolhouse, President







DAVIC BECKHAM THE NEW FRAGRANCE



10 ISSUES FOR THE PRICE OF 8

Never miss an issue of GQ. Subscribe now and receive 10 issues for the price of 8, saving 40 per cent on the retail price



SUBSCRIBE NOW

To subscribe visit magsonline.com.au/gq/m1508gqs or call 1300 656 933 and quote m1508gqs

Offer is open to Australian residents only and ends August 30, 2015.



IN THE USA: The Condé Nast Publications Inc. Chairman: S.I. Newhouse, Jr. CEO: Charles H. Townsend
President: Robert A. Sauerberg, Jr. Artistic Director: Anna Wintou

IN OTHER COUNTRIES: Condé Nast International Ltd. Chairman and Chief Executive: Jonathan Newhouse
President: Nicholas Coleridge

Vice Presidents: Giampaolo Grandi, James Woolhouse and Moritz von Laffert President, Asia-Pacific: James Woolhouse

President, New Markets and Editorial Director, Brand Development: Karina Dobrotvorskaya
Karina Dobrotvorskaya President, New Markets: Carol Cornuau

Director of Licenses, New Markets: Natascha von Laffert ident and Editorial Director, Brand Development: Karina Dobrotvorskaya Vice President & Senior Editor, Brand Development: Anna Harvey

Director of Planning: Jason Miles Director of Talent: Thomas Bucaille

Director of Acquisitions and Investments: Moritz von Laffert

GLORAL: Condé Nast F-commerce Division

THE CONDÉ NAST GROUP OF MAGAZINES INCLUDES:

Voque, Vanity Fair, Glamour, Brides, Self, GO, The New Yorker, Condé Nast Traveler, Details, Allure, Architectural Digest, Bon Appétit, Epicurious, Wired, W, Style.com, Golf Digest, Teen Vogue, Ars Technica, Condé Nast Entertainment, The Scene

Vogue, House & Garden, Brides & Setting Up Home, Tatler, The World of Interiors, GQ, Vanity Fair, Condé Nast Traveller, Glamour, Condé Nast Johansens, GQ Style, Love, Wired, Condé Nast College of Fashion & Design, Ars Technica

FRANCE

Vogue, Vogue Hommes International, AD, Glamour, Vogue Collections, GQ, AD Collector, Vanity Fair, Vogue Travel in France, GQ Le Manuel du Style

ITALY

Vogue, L'Uomo Vogue, Vogue Bambini, Glamour, Vogue Gioiello, Vogue Sposa, AD, Condé Nast Traveller, GQ, Vanity Fair, Wired, Vogue Accessory, La Cucina Italiana, CNLive

 $Vogue, GQ, AD, Glamour, GQ \ Style, \ Myself, Wired$

Vogue, GQ, Vogue Novias, Vogue Niños, Condé Nast Traveler, Vogue Colecciones, Vogue Belleza, Glamour, AD, Vanity Fair

JAPAN

Vogue, GQ, Vogue Girl, Wired, Vogue Wedding

TAIWAN

Vogue, GQ

RUSSIA

Vogue, GQ, AD, Glamour, GQ Style, Tatler, Condé Nast Traveller, Allure

MEXICO AND LATIN AMERICA

Vogue Mexico and Latin America, Glamour Mexico and Latin America, AD Mexico, GQ Mexico and Latin America, Vanity Fair Mexico

INDIA

Vogue, GQ, Condé Nast Traveller, AD

PUBLISHED UNDER JOINT VENTURE: RRA7II

Published by Edições Globo Condé Nast S.A. Vogue, Casa Vogue GQ, Glamour, GQ Style

SPAIN

Published by Ediciones Conelpa, S.L., S Moda

PUBLISHED UNDER LICENSE:

AUSTRALIA
Published by NewsLifeMedia

Vogue, Vogue Living, GQ

BULGARIA

Published by S Media Team Ltd. Glamour

CHINA Published under copyright cooperation by China Pictorial Vogue, Vogue Collections Published by IDG Modern Bride Published under copyright cooperation by Women of China Self, AD, Condé Nast Traveler Published under copyright cooperation by China News Service GQ, GQ Style Condé Nast Centre of Fashion & Design

CZECH REPUBLIC AND SLOVAKIA Published by LCI CZ, s.r.o

La Cucina Italiana

GERMANY

Published by Piranha Media GmbH La Cucina Italiana

HUNGARY

Published by Ringier Axel Springer Magyarország Kft. Glamour

ICELAND

Published by 365 Miðlar ehf Glamour

KOREA

Published by Doosan Magazine Vogue, GQ, Vogue Girl, Allure, W. GQ Style, Style.co.kr

MIDDLE EAST
Published by Arab Publishing Partners Inc. Condé Nast Traveller, AD

POLAND
Published by Burda GL Polska SP.Z.O.O. Glamour

PORTUGAL

Published by Cofina Media S.A. Vogue Published by Light House Editora LDA.

GQ

ROMANIA

Published by SC Ringier Romania SRL Glamour

SOUTH AFRICA

Published by Condé Nast Independent Magazines (Pty) Ltd. House & Garden, GQ, Glamour, House & Garden Gourmet, GQ Style

THE NETHERLANDS

Published by G+J Media Nederland CV Glamour, Vogue

THAILAND

Published by Serendipity Media Co. Ltd. Vogue, GQ

TURKEY

Published by Doğuş Media Group Vogue, GQ, Condé Nast Traveller Published by MC Basim Yayin Reklam Hizmetleri Tic. LTD La Cucina Italiana

UKRAINE

Published by Publishing House UMH LLC.
Vogue



SYDNEY - WESTFIELD SYDNEY, QVB, THE STAR; MELBOURNE - CROWN, CHADSTONE; BRISBANE - QUEENS PLAZA FERRAGAMO.COM Salvatore Ferragamo

what's new on



EVERYTHING YOU NEED, ONLINE.

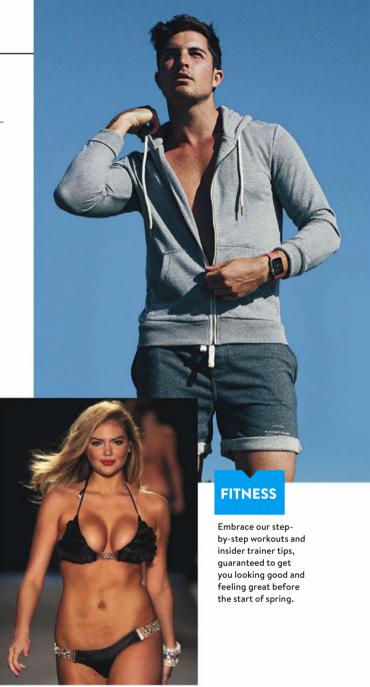
STYLE

TIME FOR A SARTORIAL **OVERHAUL? BE IT SUITING UP OR ACING CASUAL-**COOL ON THE WEEKEND, **WE'VE PUT TOGETHER** STYLE FILES OF THE **BEST-DRESSED MEN** IN THE GAME, ON AND OFF THE RED CARPET.

GIRLS

Check out all of this year's Sports Illustrated 'Swimsuit' issue hopefuls (plus the ladies we think should make the cut). Who gets your vote to be the next Kate Upton? Regardless, winter never looked so damn hot.





- **EVENTS:** THE BEST MOMENTS FROM THE EMMYS AND VMAS
- SPORT: ALL THE ACTION AND COURTSIDE CELEBS FROM THE US OPEN
- FILM: WHY WE'LL BE WATCHING FANTASTIC FOUR (YOU SHOULD TOO)
- PLUS GQ'S GROOM GUIDE WITH PLENTY OF ADVICE FOR TYING THE KNOT











feedback

I have been a regular GQ reader for a long time, but every now and again the latest fashions come second to real stories. I was taken aback by the transparency of Nick Smith's editor's letter, and I rode on every word. Well done to Nick for sharing such personal insights and reminding us there are more important things in life than seasonal trends.

AMOS, VIA EMAIL

Thanks for your letter. It's true that life's challenges, more than anything, are what make us who we are. By sharing our experiences, we can work to change things for the better, for everybody, and I think that's the best version of being a gentleman.

Meg Mason's 'SheQ' column calling on dads to be just that is fantastic. Perfect and on point! DANIEL,

VIA TWITTER

Couldn't agree more. And we're happy to report the good lady Mason has nailed it again - see for yourself on p58.

Thank you for not only providing great material in your magazine, which is streets ahead of any other, but also for giving it to us in such a fantastic format. The iPad version is easy to use and the interactive measures really make it exciting to read.

DIM, VIA EMAIL

I always liked Ryan Gosling and after reading your feature, not only do I find him even more likable, but quite sensitive and honest, too.

MICK,

VIA GQ.COM.AU

The Gos is perfect. Got it. Great to see Ryan front-and-centre - and a very well-written feature on him, too. Knowing what he went through to achieve success is something we could all adopt in our daily lives. It was interesting to read how his early rebellion boiled down to his feelings of "ambition", which is a line that rings true in many people with a creative streak. A fascinating read.

ADAM, VIA EMAIL

Fantastic issue! Though I'm a bit over Gosling - couldn't you have photoshopped a pot belly in there or something? I'm worried my girlfriend is paying those pages a little too much attention.

CHRIS,

VIA GQ.COM.AU We hear you, the man can do no wrong. And not to worry - we're sure she's reading it for the articles.

TRENDING ON SOCIAL MEDIA

especially considering the way he challenges himself, takes risks and walks his own path. It's something every man should do once in a while.

HUMBERTO, **VIA FACEBOOK**









ASUS Transformer Book Chi

LAPTOP OR TABLET? THE CHOICE IS YOURS.

The 2-in-1 ASUS Transformer Book Chi is the best of both worlds. A tablet with picture perfect WQHD display, a laptop with the powerful Intel® Core™ M processor.



www.asus.com.au





label.men Est LONDON FASHION PROFESSIONAL HAIRCARE

LABELM.COM.AU

@labelmau #labelmen

the **SOURCE**

MAN OF THE MOMENT

EZRA MILLER

THE 22-YEAR-OLD WE NEED TO TALK ABOUT KEVIN ACTOR IS ALL GROWN UP, AND GOING PLACES – FAST.

Like a favourite song coming over the radio, or discovering \$20 in your pocket, watching Miller on screen is an unexpected thrill. He captures attention, rather than demands it – he's cool but unconventionally so, selective in his roles but successful, too.

Need proof? 2012's The Perks of Being a Wallflower won over critics, then nearly tripled its budget. And there's plenty more where that came from.

This month, he's in Amy Schumer's comedy Trainwreck, and when not busy touring with his band (Sons of an Illustrious Father) or appearing in operas (composer Philip Glass' White Raven), he's also comic-book superhero The Flash in the upcoming blockbuster Batman v Superman: Dawn of Justice, with a stand-alone spin-off due 2018.

In short, we'll be seeing much more of Miller in the future. For fans of his work, that's excellent news. For those slow on the uptake, at least there's time to catch up on things. Enjoy. Trainwreck is in cinemas July 30







THE GADGET

Not a clock, rather a "timetelling experience". Hmm, not sure about that, but this Aussie-invented Blub 'Uno' is still pretty cool. It uses a series of 10 individual wire numbers, which flash in sequence to reveal the time or date. Pre-order online, with delivery expected this September. From \$349; blub.com.au



THE COLLAB

Not going to lie – we like lounging around and love drinking good wine. Thankfully, the good folk at Bird in Hand winery share our passions and have teamed up with artisan designer Dion Antony to create a collection of limited-edition furniture and homewares, using recycled 100-year-old wine barrels. We approve. birdinhand.com.au

TAKE FIVE TO CHECK THESE OUT.

THE BOOK

BECAUSE TOO MUCH
MARVEL ISN'T ENOUGH,
THIS 700-PAGER CELEBRATES
EIGHT DECADES OF COMIC
BOOK CHARACTERS. AS WELL
AS 2000 IMAGES, ESSAYS BY
FORMER MARVEL EDITOR-INCHIEF ROY THOMAS WILL TIDE
YOU OVER UNTIL FANTASTIC
FOUR HITS SCREENS ON
AUGUST 6. 75 YEARS OF
MARVEL COMICS. FROM THE
GOLDEN AGE TO THE SILVER
SCREEN, \$295; TASCHEN.COM





THE GIG Here for Bluesfest back in March, everyone's favourite Irish churchgoer, Hozier, clearly saw something he liked – returning to our shores for a series of solo shows. Tickets won't last, so get in fast. Perth, Oct 28; Melbourne, Oct 30-31; Sydney, Nov 3; Brisbane, Nov 6; hozier.com







COMEDY

JON STEWART'S LEGACY

SET TO HANG UP THE SUIT, TIE AND LITTLE PEN AFTER 16 YEARS ON AIR, WE ROUND-UP THOSE WHO OWE STEWART SOME THANKS FOR THEIR COMEDY CAREERS.

Ed Helms Before The Hangover series (and the \$1.8bn it's raked in), Helms presented The Daily Show segments like 'Digital Watch'. Remember the anti-spam newsletter, which offered to "send hundreds of tips, everyday, on how you can get rid of annoying email"? Handy.



Steve Carell

Though a working comedian before first appearing on The Daily Show. Carell's stint as a deadpan current affairs reporter holds up as some of his best work. Watch him argue the merits of religion with Stephen Colbert, and try telling us we're wrong.

Rob Corddry

We're not saying the wheels came off after he left in 2007, but his next project was the rather shortlived TV 'comedy' The Winner.

Stephe

After deve trademark p he landed The Report in 2005, hosting it for nearly a decade (we feel old). Last year, Colbert was announced as the man to fill a certain David Letterman's shoes.

Trevor Noah The regular

e. And don't forget Keek Tonight.

COME

correspondent was hand-picked to fill Stewart's chair after his departure. Great news. Unfortunately. the South African had forgotten to delete old tweets. like "Lionel Messi doesn't go down easy, just like Jewish chicks". Oh dear.

Samantha Bee

Leaving The Daily Show earlier this year as its longest-serving correspondent, Bee's interview style is proof you give idiots enough rope, the rest will take care of itself. Luckily, it's not the last we'll see of her, with her own satirical news show in the works. Stay tuned.

Show with Jon Stewart

starting September 8.

late-night spot. Has received strong reviews The last The Daily from the get-go, and airs express from the US here on The Comedy Channel. airs August 6.

Let Aziz Ansari Find You A Tinder Girlfriend

What gives a comedian any legitimacy writing a book about dating? Science! Ansari partnered with a sociologist to write a commentary on the absurdity of modern romance, called Modern Romance. GQ quizzed him on the most swipe-right friendly advice he's learnt, so thank Ansari, not us. Modern Romance, \$39.99; Allen Lane



READ YOUR GIRLFRIENDS' TEXTS

"Ask a female friend to show you texts from guys. It'll change the way you communicate. They say generic things like 'What are you doing tonight?' – which comes across as them weighing up options."

MEET A DATE IRL - ASAP "You don't find

his own

tly Show with

ore will fill the

by Colbert's

e to Letterman's

the perfect person online; you find the perfect person in person."

THINK **OUTSIDE THE DATING BOX** "We call it the Monster Truck Rally Theory plan something unique and you're ahead of the game."

SHOW YOUR BEST SELFIE

"The most effective photos are ones with animals, muscles, or something interesting. Take a shot holding your puppy while both of you are going caving."



EFFICIENCY WITHOUT SACRIFICING POWER



NEW Mazda6. LIFE WITHOUT COMPROMISE.

Too often we must compromise in order to achieve excellence. In building the New Mazda6 we chose to do it without compromise. While SKYACTIV TECHNOLOGY offers exceptional fuel efficiency it never fails to provide a thrilling and powerful performance. In addition, the advanced technology of i-ACTIVSENSE safety features and the connectivity of MZD Connect never compromise the character and elegance of KODO Design. Experience life without compromise for yourself. NewMazda6.com.au

SAME AS THE ORIGINAL

IPAD. COMES IN GOLD,

SILVER OR SPACE GREY.

WOOL PYRAMID. WILL KEEP

AUDIO GEAR SAFE AND,

ERM, SOUND.

14. ACETATE 'LEMTOSH'

SUNGLASSES, \$369

by Moscot.

GET IN THE SPIRIT

DO YOU LIKE YOUR MARTINI SHAKEN OR STIRRED? SHOULD IT HAVE AN OLIVE OR NOT? GQ AND BELVEDERE VODKA INVITE YOU TO JOIN US FOR A MARTINI MASTERCI ASS

Drinking a martini is an experience, and though the ingredients are few, the possibilities are endless. If you want to know how to order the perfect martini and, more importantly, how to make one, we'll show you at the *GQ* and Belvedere Vodka martini workshop.

While ordering a martini can sometimes seem like a daunting task, embarrassing if the bartender knows more than you do and frustrating if they know less, it really doesn't have to be this way. Not now.

This 90-minute workshop hosted by Nick Smith, *GQ* editor in chief, and Belvedere Vodka, makers of the world's first luxury vodka, will give you expert tips and advice on everything you need to know about this classic spirit. Cheers.

YOUR INVITATION

Join GQ and Belvedere Vodka for a series of martini workshops in September. There are two sessions each night: 6pm-7.30 and 8pm-9.30.

MELBOURNE - COOKIE

Monday, September 21 252 Swanston St, Melbourne

BRISBANE - ELIXIR

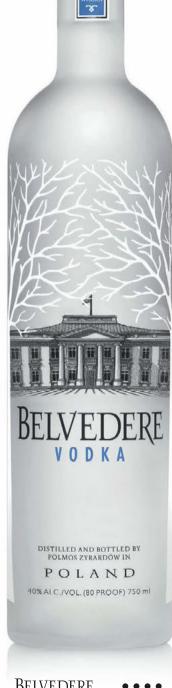
Tuesday, September 22 646 Ann St, Fortitude Valley, Brisbane

SYDNEY - THE HAZY ROSE

Wednesday, September 23 83 Stanley St, Darlinghurst, Sydney

Tickets: \$30

Bookings at moshtix.com.au or call 1300 438 849 and all moshtix outlets.



BELVEDER



REVERSE VESPER MARTINI

60ml Belvedere Vodka 20ml Premium London Dry Gin 10ml Lillet Blanc

Shake all ingredients until very cold and strain into a chilled martini glass. Garnish with grapefruit zest.







BELVEDERE VODKA
It takes just three ingredients
- rye, water and character to create this unique taste.













MUSIC

TAME IMPALA

MAIN MAN KEVIN PARKER TALKS WEED, MARK RONSON AND WHY NEW ALBUM, CURRENTS, TASTES JUST LIKE A FRESH TOM COLLINS.

"Good question," says the 29-year-old, as talk turns to where on earth he is right now. "We're driving to Sasquatch! Festival in north-west America, but stopped for the night in a hotel in the middle of nowhere. That's all I can tell you."

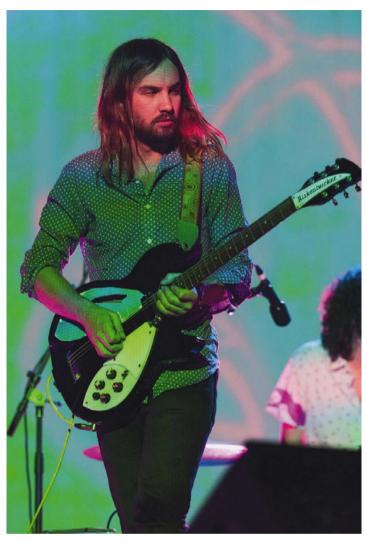
His confusion is understandable. After all, five years ago, Parker was sitting on his couch in sleepy Perth, jamming away with mates. Then came 2010 debut Innerspeaker, hits like 'Half Full Glass of Wine', and a first tour supporting MGMT and The Black Keys. Awards, accolades and celebrity fans soon arrived - Paul McCartney, Blur's Brian Coxon and Mark Ronson (with whom he worked on Uptown *Special*) the best of the bunch. With Tame Impala's third album, Currents, out now, the whirlwind doesn't look like slowing. We caught up to find out how it's all going.

GQ: WHEN DID YOU FINISH WORKING ON THE ALBUM?

KEVIN PARKER: In March. I was trying to get it done because you have to wait like four months before you can release it. I just wanted to get it out there.

GQ: FAVOURITE TRACK?

KP: Oh man, I couldn't say. It's like asking someone to name



their favourite sibling – if you pick one, you'd be excluding the others.

GQ: FAIR ENOUGH. WHAT'S YOUR SONG WRITING PROCESS?

KP: Pretty spontaneous. The initial ideas are the most important parts of the song, and they're the things you can't predict – they just come to you.

GQ: DOES THAT INVOLVE AS MUCH WEED AS WE'D EXPECT?

KP: I smoke a bit when I'm recording. If I'm fleshing out a song, smoking weed can make it more potent – like turning up the volume of the ideas in your head. But you're just as likely to turn up a bad idea, as a good one, so I don't smoke it if I want to think rationally. There's also a lot of drinking.

How

MAKE A TOM COLLINS

AND LISTEN TO CURRENTS AS MR PARKER INTENDED.

INGREDIENTS

90ml GIN 60ml LEMON JUICE 15ml SUGAR SYRUP 120ml SODA WATER LEMON WEDGE, TO GARNISH

METHOD

Add lemon juice, sugar syrup and gin to a highball glass and stir. Add plenty of cubed ice and stir again. Top up with the soda water and garnish with a lemon wedge. Then pop Currents on the old wireless, sit back and enjoy.

GO: WHAT'S YOUR POISON?

KP: This album, it was a Tom Collins – so much so, that if I have one now, I feel like I'm back in the studio; I listen to one of my songs and can taste gin and lemon in my mouth.

GQ: YUM. HOW DID YOU COME TO WORK WITH MARK RONSON?

KP:I was a big fan, and turns out he was a big fan of mine, which is pretty astonishing. We met at a festival and became friends. We were in London, drunk, and talked about doing a funk album together – that didn't happen, but I sent him the idea for 'Daffodils' [on *Uptown Special*] and he asked me to sing a couple of other songs on the album.

GQ: WHAT'S HE LIKE TO WORK WITH?

KP: I've never worked with someone so open to people's ideas – he's the master of bringing talented types together. If anyone else was heading the operation, it'd be too many chefs spoiling the broth, but he makes it work.

GQ: WHILE WE'RE DROPPING NAMES, SEAN LENNON SAID YOU SOUND LIKE HIS DAD. HIGH PRAISE?

KP: He's a funny guy. I wouldn't want to give it more weight than it deserves – he was probably half drunk and it was just a passing comment.

GQ: WAS THE SUCCESS OF INNERSPEAKER A SURPRISE?

KP: You bet. The first time we went overseas, at our London show, there was a line around the block and Noel Fielding was there. We'd spent the previous year sitting on the couch stoned watching *The Mighty Boosh*, and suddenly he was at our gig.

GQ: WHAT DID YOU SPEND YOUR FIRST BIG PAY CHEQUE ON?

KP: Put it this way, I never really got a big pay cheque – I've only just started getting money. But I guess it'd be a car – I recently bought an old BMW.

Currents is out now





THE NEW PORNOGRAPHER

SWEDE ERIKA LUST IS CHANGING THE WAY PORN IS MADE – AND THERE'S NOT A DODGY MOUSTACHE IN SIGHT.

nhappy
with how
women were
represented
in adult films,
Erika Lust
(born the less-porny Ellinor
Hallqvist) decided to do
something about it.

In 2004, she set up Lust Films and released *The Good Girl*, a free short porn film that was downloaded two million times in just two months. Last year she held a TED Talk on why the industry needs a shake up, and also started *XConfessions*, where she adapts fans' fantasies for the screen. And with real people, real scenarios and real sex, her films are attracting a growing global following.

GQ: WHAT'S WRONG WITH REGULAR PORN?

ERIKA LUST: It lacks creativity and a narrative. The performers are stereotypes and there's no decent stories or good sex. Bad sex has given porn a bad name. GQ: HOW DO YOUR FILMS DIFFER THEN?

EL: The sex is real and the performers look and act like a guy or girl from the street. Viewers feel like they could live out the scenarios – that makes it more satisfying, erotic and fun.

GQ: WHO ARE YOUR ACTORS?

EL: We use professionals who we find in adult films or on Twitter, as well as amateurs who approach us. It's vital to find people who we get on with and who embody the stories I want to create.

GQ: WHO'S YOUR AUDIENCE?

EL: The main age is 25- to 35-year-olds, but we have users

from all ages. As for gender, it's balanced – almost half are female. GQ: WHY DID YOU DECIDE TO LAUNCH XCONFESSIONS?

EL: It started out as something where users could go to confess their sexual fantasies and I soon realised I had such a rich collection of great material that could be put on screen.

GQ: ANY COMMON FANTASIES OUT THERE?

EL: Everyone loves infidelity stories – male and female. Men write a lot about 'sharing' their girlfriend or wife with a third person, and women are often thrilled by the forbidden and clandestine. We also receive accounts by straight women who would like to be with another woman. And affairs in the office or work environment are quite popular.



PHOTOGRAPHY: GETTY IMAGES. STATISTICS FROM GIZMODO.COM.AU



FASHION NEWS

KEEPING YOU UP TO SPEED WITH THE LATEST OPENINGS, TRENDS AND DESIGNER COLLECTIONS TO LAND DOWN UNDER.

VANISHING ELEPHANT X LYNX

As our savvier readers will know (the ones who read every issue), Lynx has gone fancy. Its sleek new Lynx 'Black' range hit stores back in March—with stylish minimal packaging replacing memories of high-school locker rooms—and to celebrate, it's teamed up with GQ faves Vanishing Elephant. The pair has released a new limited-edition four-piece capsule collection, inspired by the 'Black' fragrance and grooming range. Comprising a T-shirt, anorak, shirt and chinos, each piece is individually numbered and available now. lynxeffect.com.au; vanishingelephant.com

APC IN SYD Following the success of its first Australian outpost, which opened in Melbourne last year, minimalist French label APC arrives in Sydney this July. All but hidden below street level in Surry Hills, the new concrete, plywood and glass store is home to the label's full men's and women's collections, as well as denim, accessories and collaborations. 2/410 Crown St. Surry Hills; apc.fr

OUR TYPE OF SHADES

Italian eyewear company Persol has teamed up with screenwriter and American Psycho author Bret Easton Ellis to launch a new 'Typewriter Edition' collection. Taking cues from the old-school writer's best friend - rivets with a clear nod to the keys of a classic typewriter and the collection's name etched on the stems in 'American Typewriter' font - the four. select pieces hit stores next month. In the meantime, head online to check out short film Orpheus, which Ellis has written and directed to accompany the range. persol.com

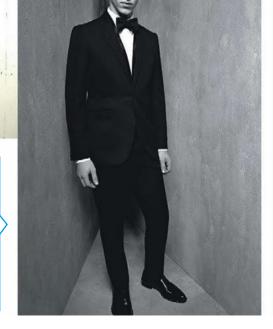


DATE FOR THE DIARY

GOOD NEWS MELBOURNIANS - WE'RE HOLDING OUR VERY OWN EVENT TO COINCIDE WITH THE UPCOMING MELBOURNE SPRING **FASHION WEEK. CALLED** 'MSFW: MR', IT'LL EDUCATE YOU ON THE LATEST MENSWEAR TRENDS FROM LOCAL AND INTERNATIONAL DESIGNERS, WITH RUNWAY SHOWS, WORKSHOPS AND A WHOLE LOT MORE. GET IN FAST BECAUSE TICKETS
ARE LIMITED AND WILL SELL OUT. MSFW: MR RUNS **SEPTEMBER 3; THATS** MELBOURNE.COM.AU/MSFW

YOUR NEW TUX

While a rented penguin suit probably saw you through school formals, a proper, tailored tux is an essential investment for any true gent. And it'll last forever, placing you in the best-dressed category for a lifetime of weddings and social functions. As luck would have it, Givenchy is back with its second men's tuxedo capsule collection. Defined, masculine silhouettes, with a classic take on construction, it's exactly what the Italian fashion house's creative director Riccardo Tisci excels at. Available at Harrolds from August. harrolds.com.au





5. Metal/oak 'Nimbus II' coffee table, \$1880, by Heerenhuis Manufactuur at Spence & Lyda. 6. Oak 'Fly' sofa, from \$8950, by &tradition at Great Dane. 7. Glass/leather 'Wrap' bottle, approx. \$340, carafe, approx. \$400, and decanter, approx. \$530, all by Simon Hasan. 8. Wood/leather 'Bright Light' candle holder, \$59, by By Wirth at Norsu Interiors.*









NEW BR 03-94 CERAMIC CHRONOGRAPH · 42 mm

VIC Bell & Ross Boutique, The Block Arcade, 03 9650 7421 | 8th Avenue Watch Co., Emporium Melbourne, 03 9639 6175 NSW Gregory Jewellers, Sydney, 02 9233 3510 | Gregory Jewellers, Bondi Junction, 02 9389 8822 | Hardy Brothers, Sydney, 02 8262 3100





THE BOOK

WARHOL & FRIENDS

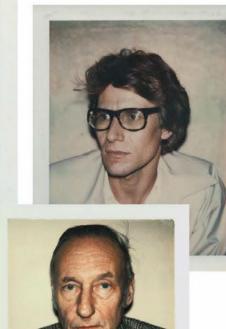
Beyond his joint passions for tinned soup and making mountains of cash, Andy Warhol loved documenting everyday life. Not only did he write what became *The* Andy Warhol Diaries, a condensed version of his 20,000-page journal, he also spent a period of his life carrying a voice recorder and referring to it as his "wife". Quite.

Little surprise, then, the artist was a big fan of taking photos. "A picture means I know where I was every minute," he said of the habit. "It's a visual diary."

This new collection of Polaroids covers a key period leading up to Warhol's death in 1987, with appearances from his big-name chums - Debbie Harry, Jack Nicholson and Dolly Parton, among others, getting a look in. It's a valuable glimpse into the life of one of pop culture's most fascinating figures.







THE FOUR BIG-SCREEN FILMS IN THE AMERICAN PIE FRANCHISE HAVE COST A TOTAL OF \$187m TO MAKE AND HAVE GROSSED NEARLY \$1.3bn SINCE 1999.

ANDY WARHOL POLAROIDS, APPROX. \$140. BY TASCHEN: TASCHEN.COM

SHARKTOPUS, 2010 Exactly what you'd expect.

A bloodthirsty shark with the tentacles of an octopus wreaks havoc on a beachside community, devouring as many locals as possible. The credits are not so much a 'who's who', as a 'who's that?'. Eric Roberts from Celebrity Rehab With Dr Drew, anyone?

JERSEY SHORE SHARK

Not. Even. Joking. This bastard child of MTV's brain-dead reality series and, well, a couple of deadly shark attacks was clearly meant to cash in on the TV show's success. Main characters 'Nooki' and 'The Complication' exhibit the sort of intellectual level aimed at here.

PIRANHACONDA, 2012

Not a zesty tropical cocktail, but a gigantic, genetically-engineered snake with the head of a piranha (duh). Cue screaming, shooting and the finest special effects 1995 had to offer. Worth seeing, if only for an especially busty 'performance' by Rod Stewart's ex-missus Rachel Hunter.



Turns out the third Sharknado instalment isn't the craziest film the SyFy Channel has green-lighted – because who else is going to keep Tara Reid in beer and skittles? Here's their best, worst work. Sharknado 3: Oh Hell No! airs July 22 on the SyFy Channel

ANONYMOUS REX. 2004

Imagine a world where dinosaurs aren't extinct, they're simply disguised as humans and walking among us. No? Us neither, but with True Blood's Sam Trammell (a secret velociraptor) and Daniel Baldwin (a covert triceratops) playing investigators, what could possibly go wrong? Everything.

BATS: HUMAN

US troops searching for a rogue weapons researcher in Chechnya are attacked by swarms of genetically-modified killer bats. (David Chokachi) is there to save the day. It's Chokachi's best work









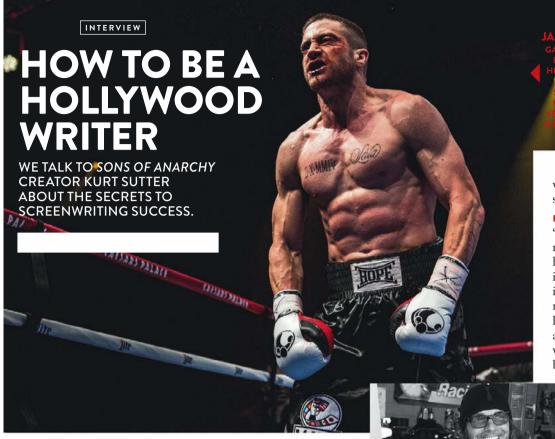
Beautifully Engineered



dyson hot+cool jet focus

Fast even room heating, powerful cooling.

Now with Jet Focus control.



urt Sutter is doing the Tinseltown thing all wrong. Firstly, he has a big mouth - venting about Emmy Award judges, Glee and Justin Bieber, among others. He's also a recovering drug addict who only started out in the industry in his forties. Yet here he is, now 55, and one of the most lauded writers for screens big and small.

Sutter had his break on TV crime show The Shield, before creating Sons of Anarchy. Despite never receiving an Emmy nod, the brutal bikie drama built a loyal fanbase – 6.5 million tuned in to last year's finale.

Now, he's penned the script for upcoming boxing flick Southpaw, starring Jake Gyllenhaal and directed by Antoine Fuqua [2014's The Equalizer]. We caught up with LA-based Sutter to explore the lessons learnt along the way.

LIVE A LITTLE

"Coming into it late, I had so many reinventions and careers that I didn't care about success," says Sutter. "I was just happy to do something I loved. It allowed me to take risks, and I had a certain level of life experience that fed me creatively."

WORK WITH PEOPLE YOU TRUST

"Southpaw could have been much more frustrating if I hadn't worked with people like Antoine and Jake. They were extremely collaborative and had a deep passion for the project, so I knew changes were being made for the right reasons. The best thing for a writer is you make something that's a five or six on the page, and by the time the actor and director are done with it, it's a nine or 10 on screen. That was definitely the case with this project."

LEARN TO MOVE ON

"I didn't take any downtime after Sons. I'm having lunch with Charlie [Hunnam] soon - we emailed each other because we realised this would be the time of year when we'd sit down and talk about the character arcs for [Hunnam's character] Jax for the next season. It's finally hit both of us that we're not doing it anymore, but I'd love to work with Charlie again."

START WRITING

"The best advice I ever got is that writers write. Just because you have a screenplay in the back of your car, doesn't mean you're a writer. You have to keep writing, and the truth is that if you're good, it doesn't matter who the fuck you are. It's one of those rare things where it really is about what you produce - it happens all the time, where you'll see some unknown writer

who has a great script and suddenly it's being produced."

E MUSCLE

THSFOR OUTHPAW SOME T FLOYD OUTHPAW AUGUST 20

FIND A ROUTINE

"I'll get up between seven and nine and write for a couple of hours - I tend to re-write stuff in the morning. After that, I'm in meetings, in the writers' room, or editing. Then I'll come home and do two to four hours at night. That's when I tend to write a first draft because I'm better when a little tired. It's

usually those two chunks of time, and it can be anywhere from two hours to eight hours depending how far behind I am. I sleep five to six hours a night, if I'm lucky."

PICK YOUR BATTLES

"I've said the wrong thing

many times and gotten some blowback for it. But if I do have an opinion, I make sure it's something I really care about because if you start just making noise, no one listens."

FUCK THE AWARDS

"On Sons, we increased viewers for seven consecutive seasons, and that suggests people aren't just sticking around because of Charlie's ass or because we're blowing shit up. I haven't been acknowledged, but I wish some of my cast had. When I see the performance Charlie did in the last season, I know the quality of his work and it was stronger than anything else being done. But only one person cares less about the Emmys than me, and that's Charlie. He'll be OK."

PHOTOGRAPHY: GETTY IMAGES



ADVICE

FIRST WORLD DILEMMAS

LIKE YOUR VERY OWN DEDICATED SELF-HELP EXPERT – ONLY A LOT MEANER AND MUCH LESS USEFUL. YOU'RE WELCOME.

I ENJOY A
WEEKEND
BRUNCH WITH
FRIENDS, BUT
AS SOON AS
THE FOOD
COMES OUT,
SO DO THE
PHONES.
CAN'T WE JUST
EAT WITHOUT
WAITING TO
'GRAM IT?
JASON, VIA EMAIL

Face it, Jason,

the world can



never have enough photos of eggs on toast. It's not like it looks exactly the same every time. What's that, a side of avocado for \$6 a pop? How sophisticated. Frankly, we don't get it either. Unless, of course, your local cafe's interpretation of 'eggs any which way' involves similar treatment given to a set of ping-pong balls by a talented Thai lady we once met on a Contiki tour, then no one's going to care. But we digress – the point is, if brunch is such a landmark in their day that it deserves to be forever etched on the walls of the internet, well, maybe there are better ways to spend free time. For starters, there's a Contiki tour we can recommend.

MY 30TH IS JUST AROUND THE CORNER, AND ALL MY MATES ARE SETTLING DOWN, BUYING HOUSES AND HAVING KIDS. IS 30 THE NEW 20, OR AM I JUST LATE TO THE PARTY? STEPHEN, VIA EMAIL

Remember when you started high school and all the people about to graduate looked like they were 55? And when you were about to graduate, you felt just as young and stupid

as ever, and still couldn't grow a proper moustache? Well that, in a nutshell, is what life is about – an endless succession of expectations, subsequent disappointments and bad facial hair. And take comfort in the fact your life is just as insignificant as others, so enjoy it while it lasts. In any case, we'll all be gone 100 years from now and no one will care. Oh, happy birthday, by the way.

IN THE OFFICE

A GUY AT WORK
ALWAYS TAKES
CREDIT FOR
OTHER PEOPLE'S
IDEAS, BUT IS
NEVER CALLED
OUT FOR IT. HOW
CAN I MENTION
IT, WITHOUT
LOOKING LIKE
A SNITCH?

BRANDON, VIA EMAIL
As most nine-tofivers know, there are
two kinds of people
in every office –
those who steal
lunch, and those who
take ideas. And each
requires a different
approach. While the
first might be as
simple as confronting
Jan from accounts
about your missing
sandwiches (come on
Jan, everyone knows
it's you), the second
is a little more
complex. You don't
want to come off as
jealous or backstabby (even though
you are), so take a
more diplomatic
approach. If your
ideas are the ones
being pilfered,
mention them to
more than one
person, so you'll have
a witness to back you
up. But like they say,
imitation is the
greatest form of
flattery, so rest safe
in the knowledge
you're doing
the right thing,
while the
culprits cry
themselves to
sleep knowing



STYLE

ARE DOUBLE-BREASTED JACKETS OK FOR WORK? VINCE, VIA EMAIL GLAD YOU GOT THE MEMO. YES, WE'RE HAPPY TO SAY

DOUBLE-BREASTED
JACKETS HAVE MADE
A COMEBACK, AND YOU
DON'T NEED A SENIORS
CARD TO WEAR ONE.
IT'S A NICE WAY TO
DRESS UP A LOOK, AND
YOU CAN EVEN WEAR
ONE WITH JEANS FOR
INFORMAL OCCASIONS.
BEST BUTTONED UP
THOUGH, SO OPTIMAL
FOR COOLER MONTHS.

IT'S MY DAD'S BIRTHDAY SOON AND HE ENJOYS A DECENT READ. ANY IDEAS? PETER, VIA EMAIL

Mark Webber's autobiography is just the ticket. It covers the successes, the near misses and all the argy-bargy between he and old Red Bull teammate Sebastian Vettel. Plus, at 400 pages, it doesn't overstay its welcome. Aussie Grit by Mark Webber, \$39.99; panmacmillan.com



I'M GETTING BACK INTO DATING AND FEEL LIKE I NEED A SIGNATURE DRINK. ANY SUGGESTIONS? STEPHEN, VIA EMAIL

It depends how you want to come across, Stephen. Here are a few options:



FOR MORE ADVICE

CONTACT THE GQ TEAM
BY EMAILING EDITORIAL@
GQ.COM.AU, OR ON TWITTER OR
FACEBOOK, AND YOU COULD
WIN THIS 'AUTENTICA' FULLY
AUTOMATIC COFFEE MACHINE
BY DELONGHI, WORTH \$1599;
DELONGHI.COM







WATCHES

TIME TO BUY **YOUR FIRST SWISS WATCH**

HERE'S HOW TO INVEST IN A PROPER PIECE, WITHOUT BREAKING THE BANK.

Ready to replace the watch your parents gifted as a 21st present with some Swiss hardware? Your secret's safe with us, but, what to look for? Is an authentic model affordable? Keep these qualities in mind and the answer will be 'yes', it is.

STYLE

Proportion is key. Chunkier wrists require chunkier watches, and make anything slimline or narrow-strapped look like it's borrowed from a lady friend. A thinnerwristed gent should try a piece with an understated look and a slimmer profile.

VERSATILITY

For an everyday watch, choose a style that's neither too sporty and utilitarian to wear with a suit, nor so elegant it's too much for a T-shirt and jeans combo. Something that delivers in the performance stakes and looks department is the aim.

AFFORDABILITY

The reason why Swiss watches have a reputation for excellence is each piece has a rich heritage and comes with a level of craftsmanship above and beyond the competition. But spending all your savings isn't such a sure bet - these days a premium model can cost less than \$5000, which is a small price to pay for a lifetime of service.

OUR PICKS

In a word: Breitling. The Swiss company's 'Colt' and 'Superocean II' ranges look and act the part, but won't require a second mortgage. Plus, David Beckham's a fan.

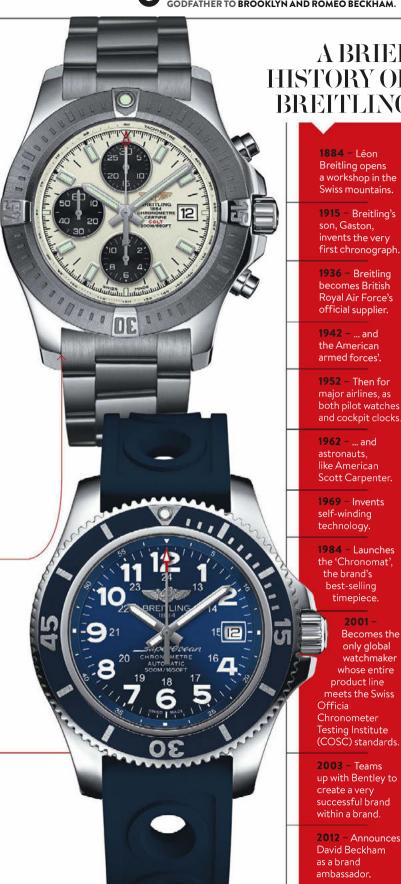
'COLT'

Breitling's strongest entry-level watch is a polished-steel, satinfinished piece of beauty and military precision. Sturdy but sleek, it comes in three dial colours, and its signature mechanical movements for maximum accuracy. The steel bracelet can be switched out for leather or rubber. Stainless steel 'Colt Quartz'

watch, \$3990, by Breitling.

'SUPEROCEAN II'

This slimmed-down version of the 1957 diver is now available in a range of face sizes, colours and strap choices. Light and comfortable, it's also water resistant up to 1000m perfect for work or play. Stainless steel 'Superocean II 42' watch, \$4540, by Breitling.



ABRIEF HISTORY OF BREITLING

> 1884 - Léon Breitling opens a workshop in the Swiss mountains.

1915 - Breitling's son, Gaston, invents the very first chronograph.

1936 - Breitling becomes British Royal Air Force's official supplier.

1942 – ... and the American armed forces'.

1952 - Then for major airlines, as both pilot watches and cockpit clocks.

1962 - ... and astronauts, like American

1969 - Invents self-winding technology.

1984 – Launches the 'Chronomat', the brand's best-selling timepiece.

Becomes the only global watchmaker whose entire product line meets the Swiss Officia Chronometer Testing Institute

2003 – Teams up with Bentley to create a very successful brand within a brand.

2012 - Announces David Beckham as a brand ambassador.

Real Smart.



vivoactive, the lightweight GPS smartwatch with high-resolution colour touchscreen, comes with built-in GPS-enabled running, biking and golfing, plus swimming and activity tracking apps. Use on its own or pair with your smartphone for incoming call, calendar, SMS and social media notifications. Battery lasts through all your activities with up to 3 weeks in watch/activity-tracking mode or up to 10 hours using GPS. It's more than just a smartwatch.

















SUBSCRIBE FOR 1 YEAR



Email





YES, I WOULD LIKE TO SUBSCRIBE TO GQ AUSTRALIA. ☐ ½ Year Australia 4 issues * \$32.95 Save 18% ☐ 1 Year Australia \$59.95 Save 40% + 2 BONUS ISSUES 8 issues New Zealand AU\$69.95 ☐ 1 Year 8 issues 8 issues AU\$115.95 ☐ 1 Year I already subscribe. Please extend my subscription with the offer I have selected above An annual subscription to GQ includes 8 issues per year. **MY DETAILS** Mr/Mrs/Ms/Miss Address Daytime telephone DOB Email **GIFT RECIPIENT DETAILS** Mr/Mrs/Ms/Miss Address Postcode Daytime telephone_

PAYMENT DETAILS

Cheque/money order for \$is enclosed, payable to	o GQ Australia
or charge \$to my: ○ Visa ○ MasterCard ○	Amex O Diners Club
Card number	
Cardholder's signature	Expiry date/
Cardholder's name (please print)	

SUBSCRIBING IS EASY:



1300 656 933 and quote M1508GQS Or call +61 2 9282 8023 (overseas)





Send original or copy of this coupon (no stamp required) to: Magsonline, Reply Paid 87050, Sydney, NSW 2001

HURRY OFFER ENDS AUGUST 30, 2015

*Offer is open to Australian residents only and ends August 30, 2015. By including your email address, GQ Australia will keep you informed of offers and updates from our publisher, NewsLifeMedia and specially selected partners. Pleas etick if you would prefer to miss out on offers and updates from I NewsLifeMedia I Our specially selected partners. Our Privacy Policy can be found at www. magsonline.com.aul/1PrivacyInfo and includes important information about our collection, use and disclosure of your personal information, what happens if you do not provide requested information to us and how you can access or seek correction of your personal information, how you can complain about a breach of the Australian Privacy Principles and how we will deal with a complaint of that nature.

AND GET 10 ISSUES FOR THE PRICE OF 8



EMMA FAGG. GROOMING: CRAIG RHODES AT SMITTEN HAIR USING ORIBE. SHOT AT HOTEL HOTEL IN CANBERRA; HOTEL-HOTEL.COM.AU

GQ &A

AHEAD OF THIS YEAR'S RUGBY WORLD CUP, WE MEET A 27-YEAR-OLD SPORTSMAN LIKE FEW OTHERS. A BEAST ON THE FIELD, A HUMANITARIAN OFF IT, WE'RE PROUD TO PRESENT A MAN TACKLING SOCIETAL ISSUES HEAD ON.

WORDS MIKE CHRISTENSEN PHOTOGRAPHY DAMIAN BENNETT

hen a footy player makes the tabloid headlines, the reason is usually not honourable. Drunk and disorderly on a plane; embroiled in a cocaine scandal; arrested for burglary. Or worse. And some serially offend. Enter rugby union's David Pocock, another who's racked up column inches for his off-field antics.

Except here, the headlines are inspirational. 'Refuses to wed girlfriend until gay friends have marriage equality'; 'Urges athletes to embrace inclusion after homophobia study'; 'In Maules Creek mine protest'.

Born into the turmoil that was Robert Mugabe's Zimbabwe, Pocock nevertheless describes his upbringing as "pretty privileged". At least until 2002, when new legislation saw his family home targeted as one of the 2900 white, commercial farms to face eviction – the result of a land seizure that

reached an ugly climax. With neighbours of the same skin colour murdered in earshot, parents Andy and Jane decided to relocate then 14-year-old David, and younger brothers Mike and Steve, to Australia.

Ten years later, Pocock stood tall as the Wallabies rugby captain and a Young Australian of the Year finalist, owing to his philanthropic work back in Zimbabwe. It was just the beginning.

Today, following more headlines – 'Mine protest case dismissed'; 'Pocock should be applauded for standing up against homophobia', he texts ahead of his arrival, "Hi, just finished training. See you soon." Nice and polite – no abbreviations, no emojis.

The bell at the cafe's entrance does its job as someone enters. We turn and see a man gently closing it, wary Canberra's late-afternoon winter wind may slam it shut. It's Pocock.

A frame as wide as the one he's just squeezed through, he's dressed in trackies and a hoodie well presented but nothing fancy – sporting blades of grass and a week-old scab below his right eye. He smiles, puts down his phone and asks for some water. And so we begin.

GQ: Can you tell us a bit about your childhood, about Zimbabwe? David Pocock: We lived on a farm 30km from a country town called Gweru. Dad's family had always farmed around there and Mum's farmed down near the South African boarder. In the '80s there was a fair bit of violence after the end of the civil war but when I started school in 1994, as a white kid, it was a pretty charmed upbringing. My school had black and white kids and the whole race thing was never really an issue.

GQ: What happened in the early noughties, when the country's situation deteriorated?

DP: There was a vote on the new referendum and it was voted out. After that, the government started to talk about land reform and things started to really escalate.

GQ: Were you and your family ever in actual danger?

DP: A lot's been made of white farmers being in danger and sure, two farmers in our area were killed - one we were good friends with actually. And that's one of my clearest memories of that time. I was going over there about a month after the father and son had been ambushed at night, to see the mother – the son was still in hospital, the dad had been killed. And seeing the car sprayed with bullet marks and blood was like something out of a movie. But my biggest impression from that time was just how tough it was for [black] farm workers. They'd get beaten up and in the end it's estimated a million workers were left to move on and make







a plan somewhere else. [If I'd been] born into another family, things could have been very different for me.

GQ: Do you feel bitterness towards Mugabe's regime?

DP: It's pretty complex – he's a liberation hero, and you can't take that away from him. Having said that, he has a lot to answer for, like Gukurahundi, where at least 20,000 people were killed in the early '80s, not to mention the current turmoil the country's in. But looking at the people who'd become so bitter and consumed, I really didn't want to be like that. You need to try and understand the complexities of it all because in Zimbabwe, everyone's a victim in some way - the white farmers and the farm workers. And the land was stolen from the indigenous people in the first place. So it's a cycle and if you continue to be bitter, it keeps this cycle going.

GQ: Would you ever move back? **DP:** Possibly. I love visiting and I still have family there. We'd never considered leaving Zimbabwe until our farm was taken for redistribution and Mum and Dad decided to get

GQ: You came here in 2002, aged 14. Was it a tough transition?

out and move to Australia.

DP: Yeah, but we were so fortunate to come here. It was those awkward teenage years where you're not quite comfortable with your body and all the self-esteem, wanting to fit in. So sport was where I felt equal and it didn't matter about my accent. It was also a way of coping with the stress and trauma that was still ripe from the last few years in Zimbabwe. GQ: What were you like in

DP: I loved it. The school system in Zimbabwe was good – highest African literacy [levels] was one of Mugabe's legacies in the '90s. Sadly it's no longer the case.

GQ: So where does rugby rank in your life today?

DP: It's changed over the years. At school, probably year 10, I decided to have a crack at rugby and see if I could make it as a professional. I've apologised to my brothers as I was pretty self-centred – I became obsessed with what I would eat and my training schedule. And for the first few years at Western Force, it was certainly like that.

GQ: Was it hard relocating to Perth, alone?

DP: The first year was, yes.
But I'm really grateful for it.
I got to do so much thinking
for myself. When you grow
up in a house you assume a lot
of your family's beliefs and at
17, moving away and thinking
about who am I, and reassessing
all of that, was in hindsight
pretty cool. Now, rugby is
something I really enjoy doing
but it's not everything to
me – there's more to life than
running around chasing a ball.

GQ: How important is the World Cup in September?

DP: It's huge – it's every rugby player's dream, and the pinnacle of the game. As a kid, I still remember the '95 final between South Africa and New Zealand, watching it at my grandpa's house. *That* kick, the house went nuts. I also remember going to my room and crying after [Wallaby] Steve Larkham hit that drop goal in the '99 semi against South Africa. I was gutted.

GQ: So back then you supported South Africa not the Wallabies?

DP: For sure, I was a massive Springbok supporter.

GQ: Presumably that's changed? **DP:** [laughs] Absolutely.

GQ: What does rugby offer you emotionally?

DP: I love the teamwork aspect and everything it entails – the

wins, the losses; going through it together, you build strong bonds. And personally you get to challenge yourself physically and mentally. I'm grateful for what I've learnt through rugby – it's made me a better person.

GQ: What does it mean to represent Australia?

DP: I'm so appreciative of the opportunities I've had in Australia and really proud to play for the Wallabies. When you're going out there, the big thing for me is you're representing so many people and such a diverse group.

GQ: In 2011, you admitted to having "a very skewed idea of body image". How did you overcame that?

DP: Being selected and getting to play rugby helped – so did working through the traumatic experiences of my childhood and understanding myself better. Emma [Pocock's partner of six years] has been great around my eating and training habits. She is a real wholefoods guru and a great cook, who loves to put butter in everything, so I have the luxury of having amazing food at home. She's really attuned to what makes me tick and so when I'm getting stressed or feeling overwhelmed she can see it coming. For others struggling with this issue, learning to deal with the underlying motivators that cause the behaviours is hugely important.

GQ: As sportsmen go, you're fairly active on social media. How can athletes put such a platform to good use?

DP: It's a really interesting thing to be able to see. When I was a kid I used to idolise players like [ex-Springbok] Bobby Skinstad and [ex-Wallaby] George Smith, but I can't imagine what it would have been like if I'd had access to what they were posting. So it's a great opportunity to give youngsters insight into the rugby side of things, but to also show what other issues are important. Just because

you're a professional athlete doesn't mean you can't have an opinion on social issues.

GQ: You once said sport is at its best when it's challenging society to become more inclusive. Does it need more people like you? **DP:** It's not something I push onto teammates. And with all the pressures of performing and the fact that at best you're doing it for 10-15 years, it's hard to hold it against athletes like Pete Sampras or Michael Jordan, who just didn't want to go there because of the effect it might have had on their marketability. But my personal view is that I've benefited so much from society - after all, professional sport is paid for by those watching – and I feel the least I can do is try and

GQ: You've gone some way to challenging homophobia in sport. What's the next step?

give back and play my role as a

citizen, not just an athlete.

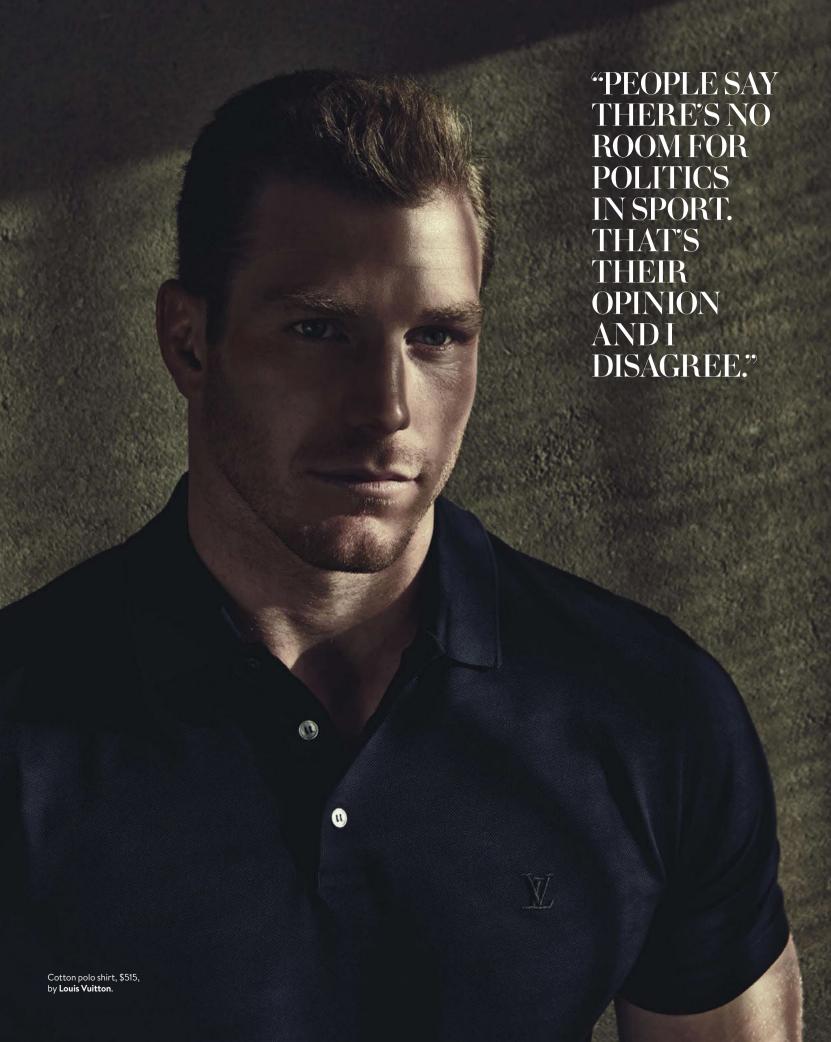
DP: Rugby's doing some great stuff. Obviously, there was [former Welsh player] Gareth Thomas coming out a few years ago, so I really believe that the tide has turned and the thing for me is that if you believe in marriage equality and don't think people should be discriminated against because of their sexuality, then you have to challenge homophobia in your personal life. And that applies to the prejudices you grew up with. Then challenge family, friends and your workplace. The sport has really tried to become a more inclusive and welcome environment.

GQ: Against the Waratahs in March, Jacques Potgieter repeatedly used the word 'faggot'. Were his comments more ignorant than malicious?

DP: Absolutely. So much of the language that we use as kids is homophobic and it will be until we challenge that. There were some things said that weren't nice but the pleasing thing was that people were talking about it and I was really impressed with Jacques' response.

the classroom?





GQ: You copped a fair bit of public flak for speaking out – was that hurtful?

DP: I was surprised. There was nothing premeditated about it – it was a split-second decision. But the ARU [Australian Rugby Union] stood by me and it was handled really well. That's the value of having an inclusion policy because it covers from under fives, when you start playing, all the way up.

GQ: In your opinion, will a professional Aussie footballer – any code – come out in the next few years?

DP: Statistically, there has to be players out there, unless professional Australian contact sports are just really good at weeding out homosexual men and discouraging them from playing. I think the more we make rugby an inclusive environment, the less of a big deal it will become.

GQ: Do you know of any gay men currently playing professionally? DP: No.

GQ: So what exactly was the catalyst to you campaigning for marriage equality?

DP: It was a bit of a process. I was brought up in a pretty conservative Christian home and then moving to Perth, I tried to think about some of those beliefs I'd just assumed. The moment it really sank in was having friends in samesex relationships and then dating Emma. Looking at our relationships, I thought, 'They have the same love, they laugh the same - this is ridiculous.' So when Em and I decided we'd like to get married, we talked to a few of our [gay] friends. For some, marriage was a bit of a non-issue, but we felt for some same-sex couples it's a big issue, and if people want to get married to celebrate their commitment, they should be able to and that's the point of it. That's why we decided not to get formally married, per se.

GQ: Do you think you will be able to any time soon?

DP: Who knows? If the polls are right, and politicians are representing their electorate, then it's well overdue.

GQ: Tell us about Emma. How did you guys meet?

DP: We had a mutual friend. She was running some nonviolence workshops in schools – one in a boy's school I was coaching rugby at in Perth. When we met, she thought all football players were arseholes and, for me, I didn't know much about feminism and probably would have thought feminists were people to be avoided. So, match made in heaven. But it's been great.

GQ: Do you think the common man understands feminism?

DP: It's not really for me to be judging the feminist movement. but I'm interested in the idea of challenging patriarchy. It's obviously awful for women but it also cuts men off from their emotions side and seems to produce men who are disconnected from their feminine-feeling side. The average guy will have grown up hearing, 'Boys don't cry', 'Boys don't do this.' Say I've had a really bad day, and Em says, 'What's wrong?' - I can't actually articulate how I feel and just feel numb.

GQ: So how would you describe modern masculinity?

DP: I think the Australian idea of masculinity is embedded with, and reinforced by, subtle and overt forms of violence. It's what reinforces the dichotomies that underpin western capitalism - privileging men over women, humans over nature, western over indigenous, head over heart. Structural violence is inherent in the capitalist system - think of Australia's brutal colonial history, our use of people in the global south in sweatshops producing the goods we use, the way we treat the environment, rising inequality and so much more. This way of thinking disconnects us from each other and that is awful.

GQ: Wow. Given that spray, do you ever feel like an anomaly in the rugby world?

DP: No. Despite rugby having a history in Australia of being a private-school, privileged, upper-middle-class sport, there's huge diversity now with Pacific Islanders making up 40 per cent of professional players. The guys at the [ACT] Brumbies are my family and I've really enjoyed my time there. What, with the backlash after the Waratahs game and after joining the Leard Blockade, which blew up, you cop a bit of flak, but that's all part of it.

GQ: You're talking about being arrested for protesting at the Maules Creek (NSW) coal mine. Did anyone tell you to rein it in and focus on rugby?

DP: It comes back to the societal view that football codes are meant to reinforce a certain type of masculinity and the idea of what it is to be a man. And if you challenge that and have an opinion about something else then a lot of people just say, 'Oi, focus on rugby' or, 'There's no room for politics in sport.' That's their opinion and I disagree.

GQ: Where does this desire to speak out come from?

DP: Experiencing all the upheaval in Zimbabwe, and being a minority there, has definitely played its part. But it's happened over time. A black friend of mine, who's here, says race wasn't an issue in Zimbabwe, but now he's called things like 'monkey' on a regular basis. That drives home how important it is to speak up if something's wrong.

GQ: Many would label you the ultimate modern man. How does that sit with you?

DP: A friend in Perth often says not to get caught up in the positive feedback from people who don't know me. It would be easy as a male athlete, particularly a footballer, to enjoy such affirmation and think 'I'd made it'. But the reality is we live in a complex world with so



many injustices and I am deeply aware of the way that both my white male privilege and rugby career might perpetuate some of those things. It's humbling but I feel uncomfortable about the idea that because I do a certain job, and had access to a decent education, that I might have more power or social currency than others who didn't have those same opportunities.

GQ: Tell us about your charity, EightyTwenty Vision.

DP: In 2007, things were getting pretty dark in Zimbabwe, particularly in the rural areas. I'd been back to visit a few times and really wanted to give back in some way. But growing up in Africa you're very aware of the attitude of 'white man knows best, this is how you do things'. If you look at the history of aid and development, billions and billions of dollars have been spent on Africa but you'd argue where it's gone. So I really wanted to find a community that was building towards resilience and try to help them move in the right direction. In 2009, we [Pocock and friend Luke O'Keefe] found this amazing group of people in Nkayi, 170km from Gweru, and it started there. Things were pretty bleak – there were 120,000 people in the area and they'd had no doctor for two years; and the HIV/Aids infection rate was at 19 per cent.

GQ: What steps did you take in the beginning?

DP: Being a small organisation, we were able to move with the community. So we worked with them, asking how they envisaged their lives in 10 years, and how we could work together – instead of just saying, 'What do you need, we'll give it to you.'



GQ: It must be fulfilling.

DP: It's been a great learning experience and I've tried to get back every year. It's one of those things where at the outset you aim to help people but you come out feeling like you've gained more from it and learnt so much. It's really given me a sense of perspective.

GQ: What's the hardest thing about running the charity?

about running the charity?

DP: There's a tendency, when fundraising, to fall into the whole 'poverty porn' thing where the message is, 'these poor people desperately need your help.' Instead, we've tried to say, 'Look, these incredibly resilient, resourceful people have been battered by political and socio-economic issues but with some partnership, they've seen a huge change in basics like maternal health and pride in the community.'

GQ: And it's through such charity work that you met the former Archbishop Desmond Tutu earlier this year?

DP: A few years ago he did a promo video for us and from there we agreed that if our schedules coincided, we'd meet up. He's one of my heroes – I admire how he's put himself on the line for what he believes in. What he did for post-apartheid South Africa was such a big step in beginning the healing of the country. I just sat there next to him thinking, 'This is the most human person' – he's down-to-earth and has the best laugh.

GQ: And like your parents, you're still interested in farming?

DP: Yeah, I love getting my hands dirty and having that connection with the earth. I have a garden growing and when I was out injured [last year] it really kept me sane. It gives you that sense of seasonality

and that a lot of things are out of your control. The ecological side also appeals to me in terms of sustainably feeding people.

GQ: If you could, what would you challenge Tony Abbott on?

DP: In a time of global ecological crisis, we could have such a bigger vision for Australia; a vision that acknowledges these challenges and faces them head on. We're destroying our own land base, the Earth, which ultimately means we're destroying ourselves. That's a pretty massive criticism of Tony Abbott's ideology and prime ministership without even touching on his government, the cruelty to refugees and his use of fear as a political tool. It's disappointing, but as someone whose political views were formed in Zimbabwe, I can't say I started out with high hopes. It's up to us, as ordinary citizens, to start wrestling control of

the political system back to the grassroots and away from corporations and billionaires who wield far too much power.

GQ: What's your end goal? Where do you see yourself next?

DP: I think about that quite a bit, but I don't have any answers. Lots of things interest me outside of rugby and I'd like to spend more time studying. Ems is involved in food sovereignty so we'll see where that goes too.

GQ: So you've proved Emma wrong about all rugby players being arseholes?

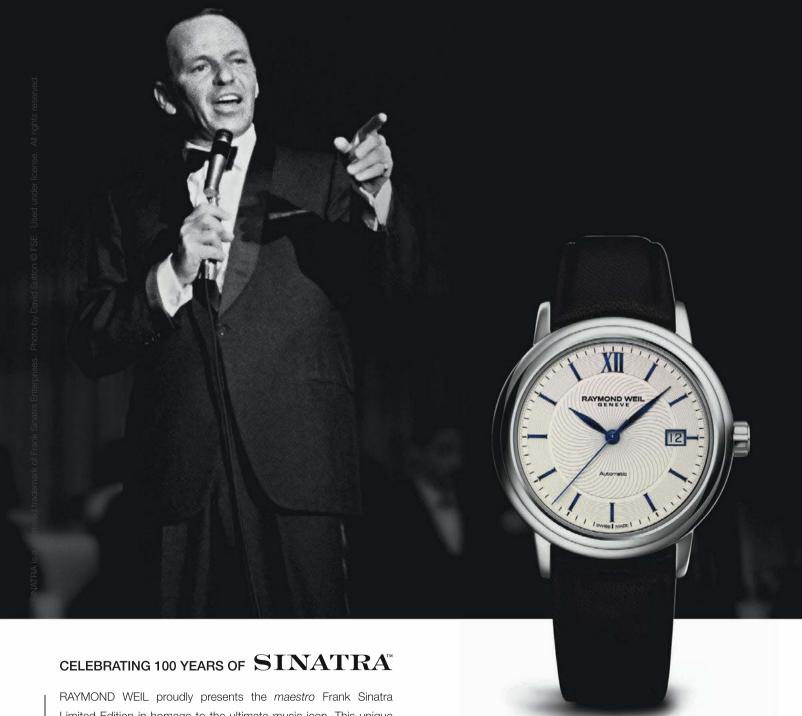
DP: She's definitely changed her tune [laughs]. We certainly don't help ourselves, but there's some nice guys out there.

GQ: What do those guys think about you doing a shoot for GQ?

DP: No one knows yet, but I'm sure someone will find it. And not a day goes by when there's not a ribbing about something, so it'll be funny.

RAYMOND WEIL

GENEVE



RAYMOND WEIL proudly presents the *maestro* Frank Sinatra Limited Edition in homage to the ultimate music icon. This unique timepiece was created in partnership with Frank Sinatra Enterprises as part of the "Sinatra 100" Centennial Celebration and is limited to 1,212 pieces in reference to the artist's birth date.

Happy Birthday Frank!

Limited Edition - maestro

raymond-weil.com

T: (02) 9363 - 1088 E: info@avstev.com.au



MEG MASON

Meg delivers the ultimate anecdote

"IT'S FUNNY, WHAT YOU WERE SAYING ABOUT DOGS." A DINNER PARTY, AND A GUEST HAS JUST FOUND HIS IN. CONVERSATIONAL FORCES HAVE ALIGNED AND NOW'S

the moment to pull out his anecdote. The Anecdote.

"My sister once had this job dog-sitting for a posh family in North London," he says, sipping his wine and with the glass still raised, subtly scanning the table to make sure he has everyone. "It was some sort of ancient labrador."

He sets his drink down, reassured that he wasn't about to blow his best story on only half the room. "Anyway, she comes downstairs, first morning, and the dog's dead." A collective gasp. "It's carked it, right on the Persian rug."

He leans back, hands behind his head, confident we're hanging on his every carefully-curated detail and surprising up-front twist. "Owners are overseas, so she couldn't get hold of them. She calls the vets and they say, 'Bring it in and we'll preserve the body until the family gets back."

"But" – he's gathering pace now, crossing and uncrossing his legs - "she hasn't got the money for a taxi, and this dog weighs 30-plus kilos." Of course it does! Please. Go on. "So she goes upstairs and finds a suitcase. Big wheelie number." No, surely not.

Plates still loaded with Colin Fassnidge's eight-hour braised lamb shoulder are pushed away, so the table could lean in, as one.

"She manages to get the dog in - it's already stiff as anything – but she zips it in and wheels it to the station." We can all just see it.

"Turns out, there's no lift. Rush hour, and she's just standing at the top of this massive flight of stairs, trying to figure out what to do, when a nice-looking guy offers a hand." Wait, what? "He grabs the handle and says..." Do it, we're all thinking, do the accent! "'Whoa, you got rocks in here, love?" Nailed it.

"My sister's panicking now, and thinks maybe he's an undercover policeman and that taking deceased animals on public transport is a crime. She goes, 'Yeah, it's my boyfriend's decks.' Guy looks at her, for a second," he pauses, smiles. Time to land this baby. "And just takes off with it. Gone."

He collapses in his chair. Job done. The Anecdote told, and there's nothing left but for us all to agree you'd pay good money to see the thief's face when he



MEG LOVES



THE HEAD: CONVERSATIONS **ABOUT LIFE** AND COMEDY

READING ABOUT COMEDY IS RARELY AS FUNNY AS ACTUAL COMEDY, UNLESS JUDD APATOW IS INVOLVED. SICK IN THE HEAD IS HIS **COLLECTION OF** CONVERSATIONS WITH EVERY COMEDIAN YOU'VE EVER LOL'D AT, FROM MEL BROOKS TO AMY SCHUMER, TOPICS ARE BROAD, DARK AND OCCASIONALLY DEEP AND HMMM-WORTHY: "IF I REMAIN WORTHLESS IN MY OWN MIND, SAYS JIM CARREY, AT ONE POINT, "I WILL BE THE KING OF SHOW BUSINESS." RANDOM HOUSE: \$34.99

opened the bag. (Though I later find out the whole thing was apocryphal. Fraud – oh the cheek of it.)

Anyway, the only guest who hadn't lapped it up, was - of course - the teller's own wife, who, if memory served, got up and started clearing right around the call to the vet.

Because that's the thing with The Anecdote. We all get one; two if we're lucky; three if we're pathological liars, and to buff 'our' story to an appropriately high shine, to make it the reliable showstopper, The Anecdote must have been told and retold over a decade's worth of dinner parties. At least until your partner can lip-sync the entire thing and do all the gestures, in this case miming the job of bending a rigor-mortised dog's leg into a Samsonite.

Author Nora Ephron, she knew it. She knew that's just another part of the deal, and that you can't expect your partner to keep coming up with new material, or freshening up the old stuff just to keep the marriage alive. "Myself, I never change an inflection in a story once it's working," she wrote in the novel Heartburn, and then about the fictional husband in it: "Mark, on the other hand, changes his stories every time he tells them, by making them longer." By the time they broke up, his Anecdote "had turned into a novella".

But there are worse, more divorce-worthy crimes a partner can commit in regards to The Anecdote. Namely, fact-checking the other's stories in front of people ("Um, babe, I wouldn't say a thousand. It was more like 20.") Yawn. Or patting them on the hand and saying "We've all heard this one, sweetie" when they're already committed. When that happens, your only job is to pantomime total captivation until they can bring about a hastier-than-usual conclusion. Or failing that, shoehorn your Anecdote in, no matter how artificial the segue.

Speaking of which, this all reminds me of the time I was in Bali, on my way back from the pool when a monkey ran out of the trees and straight up my back. (I know, but wait.) As I'm trying to flick it off, it undoes my bikini!

Would you believe, it had bitten off the clasp and swallowed it. And now it's choking. (Cue hilarious gagging-simian sound effect.) I'm holding my bikini together in one hand, and trying to prise the monkey's mouth open with the other (one arm behind my back, frantic prodding with other), so I can get the clasp out.

I can actually see it (pinches skin of own neck to mimic imaginary object stuck sideways). And I'm thinking (as you all are), is this thing rabid? I mean, there's foam coming out of its mouth and I'm still trying to get a finger in.

In the end, the only thing left to do is press my fingers onto its flat nose holes, like I'm playing an 'A' on the descant recorder. (Two-finger monkey nostril-blocking demo, lean back, smile.) Toot!

Every time. Now, coffee. Who's having what?

HeQ

DAN ROOKWOOD

Dan loses his temper, big time

THE WORLD, AS I SEE IT, MIGHT CHANGE IRREVOCABLY
IN THE NEXT SIX HOURS, SO I NEED TO GET THESE WORDS
DOWN WHILE I STILL CAN.

My wife loves me just the way I am. But she would love me even more if I were a better version of me, if my operating system was upgraded to fix some bugs. So that's what's happening this afternoon.

We saw an infuriatingly atrocious film the other night called *The Angriest Man in Brooklyn*. Appropriate because we were watching it in Brooklyn and it was such a sloppy mess of cinematic dog work that it made me really angry. Turns out my snide remarks, derisory phlegm gargling and remote-control throwing failed to enhance the surround sound experience.

"The title of this film sums you up – it could be your biopic," said Sam. I was about to retaliate when I realised that would reinforce her point. So I shut up.

Usually, dear reader, I am all sweetness and light, as I'm sure you can imagine. But I have a dark side. I can lose my cool in an instant and become a terrible human, only to flip back to Nice Dan as abruptly, as if nothing happened. Sam says I get frustrated quickly and have no patience and blah blah blah... she doesn't half bang on.

Nasty Dan comes out most predictably when I am on the phone to an imbecile at a call centre, especially at my bank where they exclusively employ the staggeringly inept. When they ask if they can put me on hold my reflex response is, "No, you cannot". Tinny muzak triggers the release of whatever hormones are responsible for turning someone into a caustic, sarcastic bully. It's not big and it's not clever (ever). Having sapped me of the will to live, these simpletons always have the lack of self-awareness to finish with the scripted question, "Is there anything else I can do for you today?" to which I reply, "I sincerely doubt it."

"Why do you have to be so rude to people?" says Sam. It's a fair question. Why am I? I could conveniently blame my split persona on being a Gemini as this, I'm told, is one of the key characteristics of my star sign. But that would be disingenuous because I consider horoscopes to be written for the cretinous



THIS MONTH DAN HAS BEEN...



READING LETTERS OF NOTE LEONARDO DA VINCI'S APPLICATION LETTER; **VIRGINIA WOOLF'S** UNBEARABLY SAD SUICIDE NOTE, **ADDRESSED TO** HER HUSBAND; AN **EXPLANATION FROM ALBERT EINSTEIN TO** A YOUNG GIRL IN REPLY TO HER QUESTION 'DO SCIENTISTS PRAY?'. THESE ARE SOME OF THE ENTRIES IN SHAUN USHER'S FIRST **VOLUME OF LETTERS OF NOTE - MY FAVOURITE** COFFEE TABLE BOOK, WITH A SECOND VOLUME ON ITS WAY. LETTERSOFNOTE.COM

and credulous. And that's another thing: I am highly sceptical and sardonic and for someone who has such a closed mind, I'm not half shy about speaking it.

All of which means I've surprised everyone, most of all myself, by agreeing to attend a course on transcendental meditation, starting today. I know, I know. Until recently I'd have sooner croquet-malleted a knitting needle into my left eyeball than sit in some semi-vegetative state humming a repetitively mindless mantra. Like the idiots at my bank's call centre.

The reasons I've signed up are the stuff of a future column but it's mainly because I want to try to be less of a dick – someone who tuts and sighs and rolls their eyes less. But before I undergo an anger lobotomy and turn into a blissed-out, BS-talking hippy, I'd like to have one lengthy vitriolic rant – because it's good for the soul to occasionally let it all out.

So here, in no particular order, is a list of the stuff that gets right on my man-tits. Starting with... the spinning beach ball of death currently on my computer screen. Slogan T-shirts. Cara Delevingne's face-pulling. Geometric facial hair. Wire coat hangers. Coffee shop chains. Rat's tails. Automated "We apologise for any inconvenience caused" announcements which put the annoy in Tannoy. Justin Bieber, Muscle T-shirts. The chokehold of Westfield shopping malls on local and independent stores. Selfie sticks. Obese people binge-eating junk food. Clickbait headlines ('43 Dog Turds That Look Like Russell Brand'; 'You Won't Believe What This Baby Says To Her Filipino Nanny'). ATM service fees. The fact a cup of English Breakfast costs the same as a flat white when it's JUST A TEABAG IN HOT WATER. Nightclub bouncers. Kyle Sandilands. White people with cornrows. Drizzle. Misused apostrophes.

Ooh, this feels good. There's more: Windsor tie knots. Chinese symbol tattoos (I hope they all translate as something like 'look at this filthy tramp stamp'). Apple changing its charger ports thus blithely rendering expensive iPod speakers obsolete overnight. Yappy dogs – specifically the one that lives opposite, who is in parlous danger of being fed a laxative-laced steak through the letterbox. (Just kidding, RSPCA. It'll actually have a lethal sedative wedged in it.) Every episode of *Sex and the City*. Crocs. Ringtones - specifically 'Marimba', which is my alarm clock and thus the auditory definition of a killjoy. The anthropomorphism of inanimate objects. Those trumped-up pedants in fluoro vests who hand out parking tickets for a living. Mosquitoes - they suck, literally and metaphorically. Which brings me on to people who use portmanteaux like 'chillax' instead of saying, 'chill out and relax'. Seriously, guys. Don't. And what about those who say 'hashtag' and do the symbol with their fingers? They'll be second against the wall when the revolution comes - after people who populate texts with emojis. What's wrong with actual words?

At this rate, I could keep going all day. I wonder if they'll mind at the transcendental meditation class?

THEILAIS





1. SONOS

We wish we could surprise you, but Sonos still reigns supreme. Put simply: it offers the best sound of any we tested and has a slick app that starts the music as soon as you press play (that might sound basic, but the others are just not as responsive). Factoring in reliable streaming and the new wi-fi booster, it has to be awarded top spot. Clockwise, from top: PLAYBAR, \$1099; PLAY:5, \$649; SUB, \$1099; PLAY:3, \$499; PLAY:1, \$329; BOOST. \$165: sonos.com/en-au

WIN: BLOWS AWAY THE COMPETITION FAIL: REQUIRES MAINS POWER

2. 'PURE CONNECT' BY JONGO

Jongo has come up with a good set of speakers, which adjust their sound for portrait or landscape orientations. We liked the option to run the smaller speaker off an internal battery, should a pool party demand it, and were impressed by the bright sound on par with LG's. But what makes it good rather than great? The app. The set-up wizard wouldn't work and its design is convoluted. POA; pure.com/au/

WIN: BLUETOOTH COMPATIBLE FAIL: CLUNKY SET-UP PROCESS

3. 'MUSIC FLOW' BY LG

Let's get our main gripe out of the way first: even when playing music that was stored on (rather than streamed from) our iPhone, the app took too long from hitting play to hearing a note. Otherwise, this is an impressive experience; it is bluetooth and NFC enabled, has a deep sound and offers an optional soundbar. What's more, the next iteration will have batteries, so you can take it outside. Clockwise, from top: HS6, \$799; H7, \$549; H3, \$249; H5, \$399; Iq.com/au/

WIN: FULL SOUND FAIL: SLOW APP

4. 'SPOTIFY CONNECT' BY PHILIPS

This is a great system that offers multi-room sound at a fraction of the usual price. But as a Sonos competitor? Not in the same league. There are only two speakers available and you have to be a Spotify premium subscriber to use them. Also, you can't play different music through different speakers unless you have multiple Spotify accounts. So entry-level, but decent entry-level. From top: SW750M, approx. \$179; SW700M, approx. \$129; philips.com.au

WIN: BANG FOR YOUR BUCK FAIL: ONLY STREAMS FROM SPOTIFY

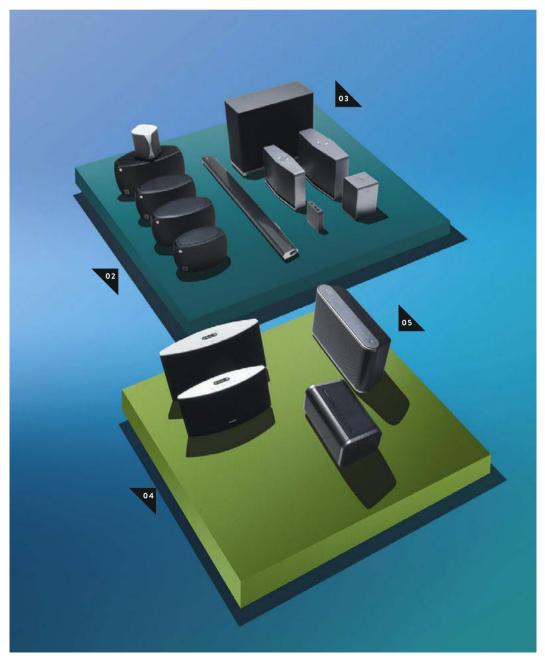
5. 'ALL SERIES' BY PANASONIC

Though the sound is fine, this was the least remarkable product of the group. The range of speakers is small and their design – though we liked the 'touch' buttons – seems to owe something to a shoebox. Most pressingly of all: what's up with the app? It kept crashing and when trying to change the volume it was easy to inadvertently select a different screen. From top: SC-ALL8GN-K, \$479; SC-ALL3GN-K, \$379; panasonic.com/au/

WIN: EASY TO SET UP FAIL: UNRELIABLE

THE BREAKDOWN

	Sonos	'Pure Connect' by Jongo	'Music Flow' by LG	'Spotify Connect' by Philips	'All Series' by Panasonic
Number of speakers	Three	Four	Three	Two	Two
Soundbar?	Yes	No	Yes	No	No
Smallest speaker size > (w x d x h)	120 x 120 x 161mm	131 x 139 x 135mm	125 x 115 x 175mm	298 x 108 x 175mm	248 x 155 x 131mm
Smallest speaker weight	1.85kg	1kg	2.2kg	1.36kg	2.5kg





THE BREAKDOWN

Weight	>
Dimensions (w x d x h)	>

USB or mains?

Tylt	Nokia	Samsung	Sony	Vertu
162g	93g	51.2g	51g	283g
89 x 190 x 12.7mm	60 x 120 x 11mm	73.1 x 73.1 x 9.2mm	78 x 78 x 7.7mm	78 x 165 x 22mm
Mains	USB	USB	Mains	USB

1. 'VU' BY TYLT

With an upright stand, the Tylt is great as a bedside charger, but arguably works better as a monitor-side accompaniment at work. Downside? Like most chargers here, if you're using an iPhone you'll need to invest in a separate compatible case (most brands have the tech built-in). Approx. \$90; tylt.com

WIN: IDEAL DESIGN
AS A DESK CHARGER
FAIL: TAKES UP A LOT OF ROOM;
NOT CHEAP

2. 'DT-903 WIRELESS CHARGING PLATE' BY NOKIA

An acquired taste in terms of palette (along with headache orange, it comes in white), the Nokia Plate uses a soft light to indicate charging, which could be annoying as a bedside light. Bonus: unlike the Sony and Tylt, it plugs in via USB.

\$99.95: microsoft.com/en-au

WIN: STYLISH (IF YOU'RE INTO THAT)
FAIL: UNWIELDY SIZE; LIGHT FEELS
QUITE INTRUSIVE

3. 'COMPACT WIRELESS CHARGING PAD' BY SAMSUNG

Unlike many mains chargers, Samsung's charging pad stops charging once full, and has a discreet light to tell you when it's working. The catch? To charge most Samsung phones, it requires a case, unless you are on the ball, and have a 'Galaxy S6' or 'S6 Edge'. \$59.95; samsung.com/au/

WIN: NEAT; UNOBTRUSIVE FAIL: MOST SAMSUNG DEVICES NEED ACCESSORIES

4. 'WIRELESS CHARGING PLATE WCH10' BY SONY

Sony's 'WCH10' weighs only 51g and measures just 78mm in diameter, meaning you'll barely notice when not using it. When in play, your phone dwarfs it, and so it appears to float, with a soft white ring light showing when it's fully charged. \$99; sony.com.au

WIN: NEATEST AND MOST STYLISH ON TEST FAIL: COULD BE CHEAPER

5. 'V WIRELESS CHARGING PAD' BY VERTU

As you'd expect from a high-end phone brand, Vertu has a similarly luxurious charger. The pad's leather surface matches the phone's pack, a low-key 'bong' signifies a charge, and the stand's slant is ideal for your desk. Not cheap, but worth it.

Approx. \$850: vertu.com

WIN: EFFORTLESSLY STYLISH; STUNNING DESIGN FAIL: DID WE MENTION THE PRICE?



Anti-wrinkle injections are serious cosmetic procedures. So it's important to know your doctor is properly qualified and experienced. You should also ask if the product you're being recommended has been extensively tested and approved for the treatments you're seeking.

For more information go to INFORMEDBEAUTY.COM.AU





YOUR DAILY UPDATE

STYLE GROOMING GIRLS FITNESS ENTERTAINMENT SUCCESS LIFESTYLE











WEDDING ESSENTIALS

FROM THE RULES OF ENGAGEMENT, TO THE BIG DAY AND BEYOND – GQ WILL HELP YOU GET IT RIGHT.

ILLUSTRATIONS GUY SHIELD

IN ASSOCIATION WITH

TIFFANY & CO.





WILL YOU LET ME BE THE GUY YOU DRINK BOURBON
WITH AND THE GUY YOU THROW GREAT
PARTIES WITH, EVEN WHEN WE DON'T INVITE ANYONE?
ESPECIALLY WHEN WE DON'T INVITE ANYONE?

WILL YOU?



TIFFANY&CO.

NEW YORK SINCE 1837

Welcome to the 2015 GQ Groom Guide. Planning a wedding can be a daunting process, but there's no reason it shouldn't also be a whole lot of fun. Here. we present our ultimate men's manual, packed with all the latest nuptial know-how - from choosing an engagement ring and popping the question, through to picking a suit and, of course, jetting off on the

This is the biggest day of your life, so it pays to do some research. With our help, you'll have everything needed to walk down the aisle in style. Oh, and remember to pop our invitation in the post. Enjoy!

dream honeymoon.



Expert advice on buying the perfect engagement ring. Our favourite fragrances to ensure you smell great on





Plus, there's more where that came from. For regular updates on everything from writing the perfect groom's speech, to choosing your ideal first dance song, and a whole lot more, visit **GQ.COM.AU/GROOMS**

ALL YOU NEED TO KNOW ABOUT ENGAGEMENT RINGS

WHETHER GOING FOR A TRADITIONAL LOOK OR SOMETHING MORE MODERN, HERE ARE THE THINGS YOU NEED TO KEEP IN MIND.

Classic is key

Although there are plenty of diamond cuts and combinations, few things beat a classic. Traditional favourites like the solitaire – a ring with a single diamond – are still the most popular, and will never go out of style. Like clothing, jewellery goes through various trends and while that might not matter as much with other items, when it comes to engagement rings, you want something that will last forever.

Diamonds really are a girl's best friend

The stats don't lie. Diamonds still account for the vast majority of engagement ring stones – about 95 per cent – followed by sapphire (about four per cent) and then other varieties. Put simply, a diamond is your safe bet. That said, coloured diamonds like yellow or pink have become more popular in recent years, and could be a handy option if you want something different. These are generally more expensive than regular diamonds, though the fact Western Australia accounts for a large share of the world's yellow diamond production could add a local characteristic to your ring selection.

Size matters

But not always. While your fiancée may have her heart set on a stone the size of your fist, a diamond's value is about more than its weight alone. It pays to familiarise yourself with the four Cs (see right), since a diamond's cut, clarity or colour may give you a more beautiful result, even if it's not the largest stone on offer. More often than not, you'll be able to reach a nice middle ground to suit your budget.



DIAMONDS STILL ACCOUNT FOR THE VAST MAJORITY OF ENGAGEMENT RING STONES – AS MUCH AS 95 PER CENT.

Book an appointment

Nothing beats an expert opinion. Once you have an idea of the kind of jewellery your partner likes (does it tend to be showy or more conservative? Classic or modern?), you should arrange a consultation to go through the styles on offer with someone in the know. It's also worth paying attention to your partner leading up to popping the question, since she's probably been dropping some hints.

And it's OK to come in together

While many people think an engagement ring should be a complete surprise, you don't want it to be the wrong kind of surprise. That would be bad. These days, as many as half of all engagement ring consultations are done together. With many couples sharing the financial load a lot more evenly, it makes sense for both parties to be comfortable with the choice. If you do want to keep an element of surprise, you may want to come in as a couple to decide on the right ring – then, it's up to you when to actually pop the question. Other than that, be sure the retailer you choose will allow you to return the ring if need be, so you're covered if you do miss the mark.

Find a reputable dealer

While there are plenty of jewellers out there, it pays to do your research. More established names will come not just with a greater range of options to choose from, but also with more expert advice to help you find the right ring. Also, it's worth checking things like warranties and returns policies – for instance, Tiffany & Co. gives you 30 days to bring the ring back and exchange it.



KNOW YOUR CUTS

CHOOSING THE PERFECT ENGAGEMENT RING STARTS WITH FINDING THE RIGHT CUT. HERE'S OUR GUIDE TO THE KEY STONE STYLES.

EMERALD

It was hugely popular during the Art Deco movement, when its parallel lines and uncluttered appearance complemented the designs of the time. Even now, it remains a timeless, elegant cut that emphasises a diamond's clarity and colour.

ROUND BRILLIANT

This style accounts for about three-quarters of all diamonds sold – and it's easy to see why. The angle of every facet has been calculated to reflect the most light, which creates a dazzling effect with even the slightest movement.

LUCIDA

Meaning the brightest star in a constellation, the Lucida cut was first introduced by Tiffany & Co. back in 1999, after decades of development. It remains popular today, and is available in square and rectangular styles, both of which make for a stunning look.

OVAL

Invented in the early 1960s, it is made using a cut very similar to the round brilliant and creates a stone of remarkable beauty, fire and scintillation.



EMERALD



ROUND



LUCIDA



OVAL



PEAR



PRINCESS



ASSCHER



HEART



CUSHION

PEAR

A very flattering diamond in the shape of a water drop, with a sweeping curve that tapers to a fine point. The pear-cut diamond is unique and impressive, without being ostentatious.

PRINCESS

With its sharp, uncut corners, unique faceting style and clean lines, this is the second-most popular cut of diamond.

ASSCHER

Essentially an emerald cut in square form, but with a stronger geometric look, it's a cool, casual style of diamond. It has bright, expansive facets, thanks to the stepped cutting style.

HEART

A graceful, romantic cut – a heart-shaped diamond makes an elegant alternative to a round brilliant cut.

CUSHION

Typically a square-shaped diamond with rounded corners, this style has been around for at least 200 years. While the classic version is usually square, cushioncut diamonds can also be found in slightly rectangular shapes.

THE APP





RING FINDER

Looking for the perfect engagement ring can be tricky. Stones, cuts, colours – there's a lot to consider. To make matters a little simpler the Tiffany & Co. Engagement Ring Finder app lets you browse styles and even 'virtually' try them on her finger using a photo of her hand. Clever. tiffany.com.au



THE FOUR CS

IF YOU'RE IN THE MARKET FOR AN ENGAGEMENT RING, YOU'VE PROBABLY HEARD THESE MENTIONED. A LOT. HERE'S WHAT THEY MEAN – AND WHY THEY MATTER.

CUI

This is all about the shape and position of the diamond's facets – considered to be the most important factor in a stone's beauty. Tiffany & Co. puts a premium on a stone's beauty and the cutters always go for beauty over weight.

CLARITY

A stone is said to be internally flawless if, when viewed under a microscope, there are no visible internal flaws - things like cloudiness - or external scratches or nicks. Absolutely flawless diamonds are incredibly rare.

CARAT

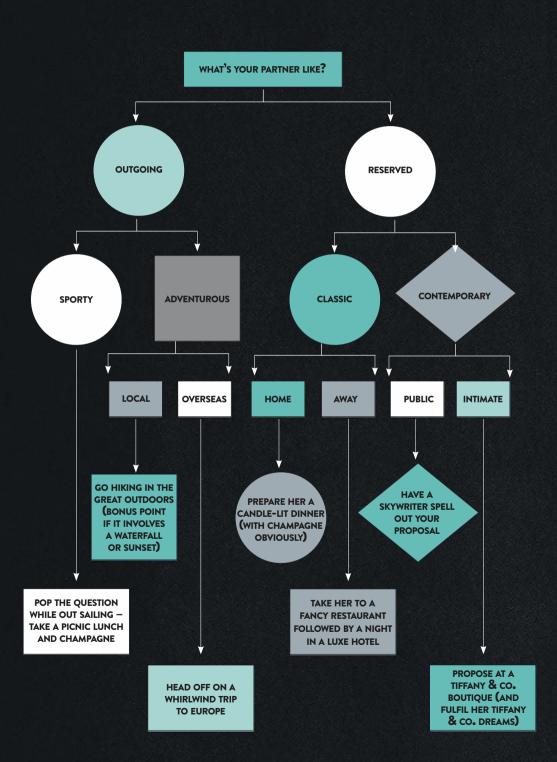
This one, you probably know. It refers to the weight of a diamond, with one carat equal to 0.2g. Heavier diamonds are not always more valuable, as other factors like cut and colour also need to be taken into account.

COLOUR

Classic engagement rings are colourless. Every diamond is graded from 'D' (colourless) to 'Z' (saturated). Tiffany & Co. only accepts diamonds with a grading of 'l' level (near colourless) or better.

POPPING THE QUESTION

NOW YOU'VE GOT THE RING SORTED (WE HOPE), IT'S TIME TO ACTUALLY LOOK AT PROPOSING. HERE'S OUR HANDY GUIDE TO GET YOU ON YOUR WAY.



DO'S AND DON'TS

SOME THINGS TO CONSIDER – AND A FEW TO AVOID – BEFORE GETTING DOWN ON BENDED KNEE.



Ask her parents beforehand. Some traditions are still worthwhile.

Ask her friends and family for advice on the right ring, if you're unsure.

Pick somewhere meaningful for your relationship.

MAKE IT A SURPRISE.

Write a short proposal speech, telling her how much she means to you. Then practise it in the mirror.

GET DOWN ON ONE KNEE.

Remember to end with the words: "will you marry me?"

Put the ring on her finger (the one next to the pinkie on her left hand, gents).



Do it completely out of the blue. Marriage should be on the cards, even if she doesn't know when you're popping the question.

Tell too many people about your plan beforehand. Secrets get out easily.

PROPOSE VIA TEXT OR SOCIAL MEDIA, SERIOUSLY.

Over-think it – sometimes simple really is best.

Have too many drinks before.

Leave the ring at home... Or hide it in her dessert (there's a reason it comes in a fancy box).

CHOOSE ANYWHERE TOO PUBLIC, IF SHE'S THE SHY TYPE.

Upload the whole thing to YouTube. Some memories are best kept personal.



WEDDING 101

SHE SAID "YES"? NICE WORK, SIR - BUT NOW THE REAL FUN STARTS. THE NEXT 18 MONTHS ARE GOING TO FLY PAST, SO TO HELP YOU ON YOUR WAY, HERE'S OUR ULTIMATE WEDDING PLANNING GUIDE.

48 MONTHS TO GO

SWEAR IN YOUR BEST MAN

You've already locked in a bride, and this one's the next-most-important role. The minute you're engaged, all your mates/brothers/cousins will start wondering who gets the big gig. Just be sure to choose the one who really is the 'best man' for the job - and congratulate him right away. Runners-up can be groomsmen.

FIGURE OUT A BUDGET

Boring, yes, but if you're hoping to spend \$15,000 and your future wife is thinking closer to \$150,000, there may be trouble ahead. Make sure you're on the same page - of the spreadsheet, that is.

CHOOSE YOUR VENUES

The location of your ceremony and the subsequent celebration will play a biq factor in deciding your wedding date. Popular places get booked up early, so you'll need to visit a few before finding the one that's right - and available.

42 MONTHS TO GO

COMMISSION STATIONERY

That's save-the-date cards, invitations, RSVP cards, and so on. Send savethe-dates pronto, so quests fix your big day in their calendars. It's also a good time to set up a simple wedding website, so you aren't inundated with daily calls from Auntie Kell and Uncle Doug, requesting hotel phone numbers and travel directions.

BOOK THE CELEBRANT

...and the band, DJ, caterer and florist. Ask friends for recommendations and. although scrutinising prospective suppliers' websites is a must, nothing beats actually meeting them all in person. Make sure these are people you actually want at your wedding.

BOOK THE PHOTOGRAPHER

Welcome to the Instagram Age, where if it's not documented in pictures, it simply didn't happen but choose someone whose style reflects your own personality.

SIX MONTHS TO GO

SEND INVITATIONS

Now's the time to get the official invites in the post, and start looking out for RSVPs.

CHOOSE YOUR WEDDING BANDS

Although simple was once best, brands like Tiffany & Co. are releasing more interesting, elaborate styles for your big day. Head online or book an in-store appointment to see what's on offer.

BUY YOUR SUIT

A tenner says it's not just your fair lady who ends up 'shredding for the wedding', so avoid buying your suit any earlier than this, or you could run into trouble. Get your shoes now, too, and gently start wearing them in.

PLAN YOUR HONEYMOON

You know how to book a holiday, right? Good.

ONE MONTH TO GO

GET YOUR SUIT ALTERED

Your physique won't change much in the final month, so it's time to fine-tune that suit to perfection. Don't forget to take your shoes along so the pants can be hemmed to the right length.

PLAN YOUR WEDDING SPEECH

Don't put this off. Essentially, you're responsible for thanking pretty well everyone: her parents, your parents, bridesmaids, ushers, guests... But if you don't remember any of that, you'll be forgiven. The one thing you mustn't forget is to tell your new wife how lucky you are to have found her. Really. Do not forget.

ONE WEEK TO GO

PUT TOGETHER YOUR WEDDING DAY TIME LINE

...and then hand it over to the best man. He'll need details of every venue and person involved in the wedding, so he can run things on the day.



ONE DAY TO GO

NO. 1

CHECK THE BEST MAN HAS THE RINGS

NO. 2

GO OVER YOUR SPEECH

NO. 3

IRON YOUR SHIRT AND HANG IT UP

NO. 4

ENJOY A NICE DINNER WITH YOUR GROOMSMEN

NO. 5

GET AN EARLY NIGHT





HOW TO ARRIVE

THREE WAYS TO SHOW UP TO YOUR BIG DAY - IN STYLE.

ITELICOPTER

IF YOUR VENUE IS A BIT OFF THE
BEATEN TRACK - OR YOU JUST
WANT TO OPT FOR SOMETHING
A LITTLE (OR A LOT) FANCY - THIS
COULD BE THE PERFECT OPTION.
JUST KEEP AN EYE ON YOUR
PERFECTLY COIFFED HAIR.



2

CLASSIC CAR

YOU CAN'T GO WRONG HERE. WHETHER
IT'S AN OLD-SCHOOL ASTON MARTIN,
A STRETCH LIMOUSINE, OR SOMETHING
VINTAGE, A FANCY CAR IS A SAFE,
TRADITIONAL WAY TO START PROCEEDINGS.



3

HORSE AND CART

AND THEY SAY ROMANCE IS DEAD. THIS
IS A SOPHISTICATED NOD TO TRADITION –
AND IF NOTHING ELSE, YOU'LL GET TO
FEEL LIKE A PAIR OF ROYALS FOR THE
DAY. NOTHING WRONG WITH THAT.



WEDDING DAY HAIRSTYLES

ALL THAT TIME MAKING SURE YOUR SUIT FITS LIKE A GLOVE IS WASTED IF YOU DON'T HAVE YOUR HAIR UNDER CONTROL. HERE ARE FOUR OPTIONS TO LOOK YOUR BEST.

WORDS DAVID SMIEDT



TIDY

Sitting somewhere between a brush cut and conservative '50s style, this is the ultimate low-maintenance option.

GO-TO PRODUCTS: KMS
California 'Moist Repair
Shampoo', \$28.95 (300ml);
KMS California 'Silk Sheen
Conditioner', \$28.95
(250ml); Nak 'In Shape
Shaping Paste', \$24.95 (90g)
TIP: When it comes to styling products, a blob the size of a five-cent piece is all that's required for this hair length.



SLICK

Mad Men may be over but Don Draper's style is perennial. The classic short back and sides with a razorsharp side part will never let you down.

GO-TO PRODUCT: For the well-balanced blend of shine and hold ideal for this retro style, try Mitch 'Barber's Classic Moderate Hold/High Shine Pomade', \$29.90 (85g)

TIP: Rub the product well

between your hands to

ensure even distribution.



MODERN

holiday – a bit more length to play with up top and subtle blending to the sides and back.

GO-TO PRODUCT: Aveda Men 'Pure-Formance Liquid Pomade', \$39.95 (200ml)

TIP: Contrary to popular belief, longer hair doesn't automatically require more product – a dollop the size of a 50c coin will provide all the

lightweight control required,

with just a touch of shine.

Think Ivy League prep on



RUGGED

With a bit of extra length through the top, back and sides, the emphasis here is on matte texture and a swept-back finish.

GO-TO PRODUCT: For a modern style that looks well-groomed without being too 'done', try Toni & Guy 'Men Messy Salt Spray', \$15.99 (200ml)

TIP: Apply the product to damp hair from root to tip and blast for a minute with a hair dryer to set in place.

FOUR FRAGRANCES



SOMETHING OLD

Launched in 1964, this classic blend of gardenia, bergamot, clove and sandalwood, all on a base of leather and tree moss, has become a go-to for good reason. Utter elegance.

Aramis EDT, \$99 (60ml); myer.com.au



SOMETHING NEW

As the name suggests, Tom Ford's Noir fragrances are ideal for evening weddings. The second incarnation, Noir Extreme features lashings of saffron and nutmeg, balanced by mandarin. *Tom Ford 'Noir Extreme' EDP*, \$162 (50ml); davidjones.com.au

FINISH YOUR OUTFIT WITH THE PERFECT SCENT - YOU CAN'T GO WRONG WITH ONE OF THESE.



SOMETHING BORROWED

It's a nice touch to wear the same fragrance as your dad for your trip down the aisle and this powerhouse introduced in 1966 was updated with myrrh and vetiver accords in 2012.

Christian Dior 'Eau Sauvage'
EDP, \$99 (100ml); dior.com



SOMETHING BLUE

Should your wedding be a sundrenched affair, the citrus, amber and tonka bean touches on offer here will be the perfect olfactory accessory. Especially with its lingering cedar base notes. 'Bleu de Chanel' EDP, \$162 (100ml); chanel.com

DRESS CODES EXPLAINED

WE GET A LITTLE HELP FROM THE WORLD'S BEST-DRESSED MEN TO DECIPHER FOUR OF THE MOST COMMON WEDDING-DAY STYLES.

WHITE TIE

This is the most formal dress code out there. Traditionally, it was reserved for weddings taking place after 6pm, though these days it's a handy option for those who want to add a touch of royal style to their nuptials – whatever time of day.

WHAT TO WEAR: No prizes for guessing a white bow tie is in order. Pair it with a white shirt and black dress coat – or up the ante and add some tails and even a top hat. Classy.

WEAR IT LIKE: Tom Ford

BLACK TIE

Occasionally also labelled 'formal' on wedding invitations, this calls for classic evening wear. The rules aren't as cut-and-dried as they used to be – and a midnight-blue suit may work – but few things beat a man in a classic well-cut black tux.

WHAT TO WEAR: Although a black necktie is acceptable in some situations, best to play it safe and opt for a classic black bow tie (no clip-ons, please) – you can always add some personality with a textured or knitted number. From there, live out your Bond fantasies with a fitted black tuxed or quality dinner jacket.

WEAR IT LIKE: David Beckham

LOUNGE SUIT

Less dressy than 'cocktail' attire – which is usually reserved for evenings – this is often the go at daytime weddings. Whereas 'cocktail' typically means a black suit, here things are a bit more relaxed – though add some personality with a pocket square or checked jacket, so you don't look like you've come straight from the office. WHAT TO WEAR: For suits, think lighter tones like navy or grey, then add a shirt, tie and pocket square. You can even go for a three-piece suit, if you feel like dressing things up a notch. WEAR IT LIKE: David Gandy

SMART CASUAL

Put down the thongs and step away from your favourite boardies. Just because you've read the word 'casual' it's no reason to look untidy. You're still going to someone's wedding – not your local beach – so look smart and well put-together.

WHAT TO WEAR: Although you can probably leave your tie at home, a nice collared shirt under a blazer will work well. Add a pair of chinos (no jeans), and maybe some slip-on shoes, depending on the weather.

WEAR IT LIKE: Mark Ronson









HOW TO TIE A BOW TIE



STEP1
PLACE THE BOW TIE AROUND
YOUR NECK, WITH ONE SIDE
FOUR OR FIVE CENTIMETRES
LONGER THAN THE OTHER.



CROSS THE LONGER END OVER THE SHORTER ONE.



LOOP THE LONG END TOWARDS YOUR NECK, UNDER THE OTHER END



FOLD THE OTHER END IN TWO, TO MAKE A BOW. BRING THE LONGER END OVER THE MIDDLE OF THE BOW.



STEP5
PINCH THE BOW TOGETHER IN
FRONT OF THE LONG END. FEED
THE MIDDLE OF THE DANGLING
END BACK THROUGH THE KNOT.
ADJUST, STRAIGHTEN AND
YOU'RE OUT THE DOOR.







oscarhunt.com.au

make that extra effort, your wedding day is probably it.

BRENT

Now with stores in Sydney, Melbourne and Brisbane, Aussie designer (and former GQ Fashion Designer of the Year winner) Brent Wilson has long provided bespoke services. He offers the choice of seven different styles to suit any dress code - from tailored suiting to formal wear - with a choice of more than 500 fabrics, plus a range of linings and other details. If time is an issue, the brand's ready-to-wear service also provides a wide variety of suiting styles in a range of premium fabrics. Quick, simple, stylish. brentwilson.com.au

LEAVE RENTED SUITS FOR SCHOOL FORMALS. HERE ARE FOUR LOCAL **COMPANIES THAT DELIVER** THE PERFECT BESPOKE **OUTFIT - AND AN** EXPERIENCE TO MATCH.

JOE BLACK

Suit shopping can be thirsty work. But as luck would have it, Joe Black is here to help you and your groomsmen, with a range of beers and whiskies on hand in its Melbourne stores. The brand offers a discount of 15 per cent for groups of more than three people and can also provide catering for larger parties (at no extra cost, mind). The brand's made-to-measure service lets you

choose everything from your suit lining, right down to the thread on the buttonholes. Because that's important. joeblack.com.au

OSCAR HUNT

Oscar Hunt doesn't do off the rack. Everything is fully tailored - suits, shirts, vests, trousers, overcoats – and with more than 4000 fabrics on offer, there's bound to be something you like. Getting your very own suit is a six-week process, with three in-store fittings - an initial meeting to choose fabrics; a second at the four-week mark to try on the garments for the first time; and a third at six weeks to ensure it fits like a glove. If you've got the time, it's well worth it. After all, if there's an occasion to

MI BALE

The MJ Bale Dressing Room is the ultimate spot to ensure you and your groomsmen are looking sharp on your big day. There are a handful of them dotted around Melbourne and Sydney, where you can get your mates together, sip on beer, whisky or Champagne - oh, and get a custom suit fitted. You can choose between thousands of different suiting fabrics, plus finishing touches like buttons, monogrammed details and lapel widths. It's one of the best ways to turn buying your wedding day outfit into the exclusive experience it should be. We recommend booking an appointment as far in advance as you can. mjbale.com





CHOOSE YOUR PERFECT HONEYMOON

WE SCOUR THE GLOBE TO BRING YOU THE VERY BEST SPOTS TO CELEBRATE YOUR WEDDED BLISS, FROM LAZY BEACH RESORTS TO ADVENTURE EXPERIENCES.

WORDS MEG MASON

This is it, your reward for all the months spent discussing floral concepts and videography packages with your ladylove. Yes, the honeymoon – finally, a chance to enjoy a taste of laid-back luxury, adventure and Egyptian cotton bed sheets. Since this is a once-in-a-lifetime affair, it's time to push the boat out – and whether you're an in-bed-'til-noon sort of couple or a more dynamic first-on-the-slopes power duo, *GQ* has your dream honeymoon sorted.

1. THE ISLAND PARADISE THE BRANDO, TETIAROA ISLAND.

FRENCH POLYNESIA If your honeymoon search terms happen to be 'resort + ludicrously high-end', then here's the top result. This newly opened eco hotel set in a lush natural forest on a remote atoll once owned by Marlon Brando offers just 35 rooms, each with their own plunge pool, outdoor bath and private outdoor dining area. Paddleboard up to your back door, block out a morning in the spa, swim in the bathlike lagoon or think about using the fullservice gym and then find yourself too busy napping in a hammock. Jet-skiing is prohibited on ecological grounds (no complaints from us), but diving and snorkelling are

available. If you can be bothered.



WHY YOU'LL LOVE IT:

Access is via a scenic 20-minute flight from Tahiti in a private plane. Farewell, regular life. thebrando.com

2. THE LOCAL(ISH) HIDEAWAY

EAGLES NEST, BAY OF ISLANDS, NEW ZEALAND

There are luxury lodges, and then there's this spot in New Zealand's incredible Bay of Islands. Eagles Nest is a retreat set on its own 75-acre hilltop site overlooking the sea, and if you're visualising an infinity pool off the back of your own

private villa, well done - you've got it in one. There's a butler service and gourmet provisions replenished daily, so your need to venture beyond the master suite or sun-drenched terrace is limited. If you do fancy an 'active' day, the resort can chopper you to one of the area's world-class golf courses or wineries, or provide bikes or a pair of saddled ponies. WHY YOU'LL LOVE IT: It feels like another world, but the flight to Auckland and drive to super-auaint Russell is decidedly un-taxing for a weary bride and groom. eaglesnest.co.nz





3. THE CULTURE FIX W ST PETERSBURG, **RUSSIA**

Leave Venice to the honeymooners who lack imagination, and make for the Venice of the east: St Petersburg. a glorious, crumbling capital with more culture per square kilometre than seems possible. After you've knocked over the State Hermitage Museum (or more realistically, a small portion of it), and taken in a few oniondomed cathedrals and a ballet at the Mariinsky Theatre, swing by the New Holland Island cultural precinct (recently redeveloped by one Roman Abramovich) before returning

exhausted to your room at the W hotel in the centre of town. This is the chain's first foray into the bloc. and it has gone all out with B&B Italia furnishings in every room, a rooftop bar, and the W's notable Wherever/Whenever service, catering to your every need. WHY YOU'LL LOVE IT: Porsche kindly provides your airport transfers. wstpetersburg.com

4. THE SAFARI **EXPERIENCE SINGITA BOULDERS**

LODGE, SABI SAND **GAME RESERVE. SOUTH AFRICA** If your idea of a romantic getaway involves sipping cocktails on the

a lion roars in the distance, this one's for you. Kruger National Park, approx a sevenhour drive from Jo'burg, is the ultimate safari destination and the handful of highend boutique hotels bordering it present 12-room hotel set on the banks of the Sand River in a privately owned 45.000-acre to Kruger National private pool, a doublesided fireplace and its own deck for viewing lodge can also set you up with a driver for







trips into Kruger National Park. WHY YOU'LL LOVE IT: Children under the age

of 10 are not welcome. so your lazy lie-in will not be interrupted by the sound of a nearby kids' club. Peace at last. singita.com; bookings via mrandmrssmith.com

5. THE ALPINE **ADVENTURE**

KEMPINSKI HOTEL DAS TIROL. **JOCHBERG, AUSTRIA** Nothing rounds out an

Australian summer wedding like a European winter honeymoon especially a stint in a charming ski resort in the heart of Austria's Kitzbühel Alps. Welcome to the Kempinski Hotel Das Tirol. Located in the tiny village of Jochberg, it's just 10km from Kitzbühel, a walled medieval town that's frequently cited as one of Europe's most picturesque but remains less 'sceney' than Chamonix or Méribel. The newly renovated hotel connects you to the slopes via a heated cable car and after a long day on the powder, the open fire in your suite is quite the ticket. There's a spa on site, dramatic alpine views from your bathtub and a Michelinstarred restaurant, Neuwirt, nearby for a romantic dinner. WHY YOU'LL LOVE IT:

As far as cognitive dissonance goes, there's something to be said for turning laps in the 25m indoor pool while gazing over snow-capped mountains. Equal parts surreal and spectacular. kempinski.com

6. THE EXOTIC **ESCAPE**

JARDIN ESCONDIDO BUENOS AIRES. ARGENTINA

They say marriage is about compromise -





and here's the middle ground between a city break and a South American adventure: 10 days in the colonialcool capital of Argentina, staying at Francis Ford Coppola's former townhouse, now a boutique seven-room hotel in the hipster-friendly downtown district of Palermo Soho. The hotel itself is about understated luxury (bonus points for the discreet staff) and it's walking distance to as many tango bars, steak places, galleries and shopping strips as an intrepid newlywed couple could wish for.

It's also an ideal basecamp for kicking off a wider South American experience - or unwinding after one. WHY YOU'LL LOVE IT: The hotel has an on-site sommelier, for all your winepairing requirements. mrandmrssmith.com



PLAN YOUR OWNTRIP

HOTEL GROUP MR & MRS SMITH HAS JUST LAUNCHED A GROOMS-ONLY PORTAL ON ITS WEBSITE CALLED THE GROOM'S ROOM. IN ADDITION TO OFFERING DESTINATION AND HOTEL SUGGESTIONS, IT PROVIDES HANDY PLANNING TIPS AND ADVICE FOR IMPRESSING YOUR **BRIDE AND GETTING THE MOST** OUT OF YOUR TRIP. MRANDMRSSMITH.COM/GROOMS



MAKE YOUR SPECIAL DAY EVEN MORE MEMORABLE WITH THESE GIFTS FOR YOUR BRIDE, BEST MAN AND GROOMSMEN.

FOR HER

A PAIR OF STUD EARRINGS, A NECKLACE OR BRACELET MAKES FOR AN EXTRA-SPECIAL ADDITION TO YOUR BRIDE'S WEDDING DAY LOOK.

1. TIFFANYT WIRE BRACELET IN 18 - KARAT WHITE GOLD WITH ROUND BRILLIANT DIAMONDS, \$4600, BY TIFFANY & CO. FEATURING A DIAMOND "I" MOTIF. THIS PIECE GIVES A SUBTLE NOD TO THE BRAND'S ICONIC NAME

2. TIFFANY METRO ROUND EARRINGS IN 18-KARAT WHITE GOLD WITH ROUND BRILLIANT DIAMONDS, \$5500, BY TIFFANY & CO. SIMPLE, STYLISH AND VERSATILE, THESE SPARKLY EARRINGS SHOWCASE DIAMONDS OF VARYING SIZES AND WILL GO WITH ABSOLUTELY EVERYTHING.

3. TIFFANY JAZZ GRADUATED DROP PENDANT IN PLATINUM WITH ROUND BRILLIANT DIAMONDS, \$5250, BY TIFFANY & CO. FEATURING SIX DIAMONDS WITH A TOTAL WEIGHT OF 0.45 CARATS, THIS STYLISH NECKLACE WILL ADD A TOUCH OF ELEGANCE TO YOUR BRIDE'S LOOK, WITHOUT STEALING THE SHOW.



WHILE ONCE THE POOR
COUSIN OF ENGAGEMENT
RINGS, WEDDING BANDS
ARE GROWING IN
POPULARITY – AND MANY
COUPLES ARE CHOOSING
MORE ELABORATE
DESIGNS. IT'S NOT JUST THE
WOMEN EMBRACING THIS
TREND – MEN'S JEWELLERY
IS ONE OF THE FASTESTGROWING CATEGORIES
RIGHT NOW. HERE ARE A
COUPLE OF SUGGESTIONS.

4. HIS: TIFFANY METRO RING IN 18-KARAT WHITE GOLD WITH ROUND BRILLIANT DIAMONDS, \$3200, BY TIFFANY & CO.

5. HERS: SHARED-SETTING BAND RING IN PLATINUM WITH DIAMONDS, \$10,800, BY TIFFANY & CO.

FOR THE BEST MAN

THE GIRLS SHOULDN'T GET ALL THE FUN ON YOUR WEDDING DAY. A WATCH, PEN OR NICE PAIR OF CUFF LINKS IS A THOUGHTFUL WAY TO THANK YOUR BEST MAN FOR ALL HIS HELP.

6. ROADSTER CUFF LINKS IN STERLING SILVER, \$880, BY TIFFANY & CO.



T& CO

(1837)

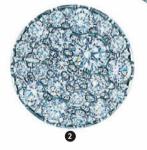
925

FOR THE GROOMSMEN

THOUGH NOT OBLIGATORY,
IT'S A NICE GESTURE TO GIVE
YOUR GROOMSMEN A SMALL
GIFT AS A TOKEN OF
APPRECIATION FOR
SHARING YOUR WEDDING
DAY. CONSIDER ADDING
A PERSONALISED
ENGRAYING, TO MAKE
IT EVEN MORE SPECIAL.

7.TIFFANY1837 MONEY CLIP IN STERLING SILVER, \$285, BY **TIFFANY & CO.**

Ø





KNOW YOUR ANNIVERSARIES

A cheat sheet for the traditional gifts to celebrate your marriage.

YEAR	1	2	3	5	10	15	20	25	30	50	60
Traditional gift	Paper	Cotton	Leather	Wood	Tin/Aluminium	Crystal	China	Silver	Pearl	Gold	Diamond



THE FINISHING TOUCHES

WE ROUND UP THE GQ TEAM'S FAVOURITE WEDDING DAY ESSENTIALS.





FOR MORE INFORMATION, VISIT **GQ.COM.AU/GROOMS**

IN ASSOCIATION WITH

TIFFANY& CO.



EXPLORE THE COLLECTION AT TIFFANYCT60.COM.AU

TIFFANY&CO.

NEW YORK SINCE 1837



here's no shortage of luxury hotels – each year iconic chains openning new properties in yet more exotic locales. And there's certainly room for them – all delivering a five-star stay with pretty much the same look and feel from Shanghai to Santiago.

But wouldn't you rather somewhere more charismatic and bespoke? We would, so check out these stand-outs in our favourite capitals of cool.

NEW YORK CITY, USA

THE WESTHOUSE ROOMS: 172 RATES: FROM \$640*

This is like that exclusive New York club everyone wants to be a member of. Communal spaces include The Den, a wood-panelled oasis of leather sofas, antique furnishings and hand-picked books, and The Terrace, a private rooftop bar and lounge with views over the Hudson River. In other words, it's epic.

Each room features marble-topped desks, leather

chairs and Art Deco fittings. Deluxe amenities include in-room tablets, 400 thread-count sheets and, thanks to GHD straighteners and hair dryers, zero bad-hair days.

For approx. \$46 a day on top, 'hotel residents' (no 'guests' here), are treated to breakfast, afternoon tea and early-evening wine and canapés. And the best bit? Central Park, MoMA and Carnegie Hall are but a bagel toss away. westhousehotelnewyork.com



BUENOS AIRES, ARGENTINA

FAENA HOTEL ROOMS: 89 RATES: FROM \$517

Argentine fashion designer Alan Faena and legendary French architect Philippe Starck have transformed this former grain warehouse into an opulent haven of whimsy and fancy. Starck's fingerprints are all over it – from the freestanding claw-footed baths in the Porteno suites to the unicorn heads lining the walls of the all-white fine-dining Bistro Sur. Rooms are furnished with

white leather couches and ruby-red carpets and curtains; bathrooms awash with arabescato marble.

For more casual fare, eat at El Mercado, a bustling cantina-style Argentine barbecue. There's also an elegant outdoor pool, a spa with a marble hammam and a book-lined library bar – perfect for a late-night libation. Oh, did we mention El Cabaret, the intimate 1920s-style theatre that hosts sensual tango performances? Olé. ba.stayfaena.com

SINGAPORE

NAUMI HOTEL ROOMS: 73 RATES: FROM APPROX. \$280

This chic urban retreat is back at the top of its game, courtesy of a multimillion-dollar refurb in late 2013. All rooms now feature Apple TVs, Nespresso machines and comainducing beds, with seven layers of 400 thread-count Egyptian cotton. Looking to impress? Book the Andy Warhol-inspired Eden & Nirwana suite with psychedelic furnishings and pop artwork.

For further relaxing, kick off the night with a Singapore sling, paired with hypnotic city vistas at Cloud 9, the hotel's rooftop bar and infinity pool. Then, mosey on downstairs to feast on contemporary Indian cuisine at Table by award-winning restaurant group Rang Mahal.

What really elevates this hotel above Singapore's other offerings is simple: exemplary service. Nothing is too much trouble for the ever-smiling team of Naumi Angels. It's what we imagine heaven might be like – with better cocktails. naumihotel.com



THE
BEST BIT?
CENTRAL
PARK AND
MoMA ARE
BOTH BUT
A BAGEL
TOSS AWAY.





LONDON, UK

HAM YARD HOTEL ROOMS: 91 RATES: FROM APPROX. \$720

The fact owners Tim and Kit Kemp installed a four-lane 1950s Texan bowling alley in their latest project says it all: this is not your average hotel.

Ham Yard Hotel is full of these sorts of surprises. There's also a 190-seat theatre, an orangery, a spacious rooftop terrace and a hypoxic chamber for altitude training. Naturally.

Sat on a quiet (for London) pedestrianised square in stylish Soho, it's remarkable how tranquil this place is given Piccadilly Circus is just two minutes' walk away.

Rooms feature Kit Kemp's distinctive interior design, so brace yourself for strong colours, bold prints and whimsical touches – polkadot seamstress mannequins and wall-mounted fairytale scenes, anyone? Love it or loathe it (we're of the former), it's far from dull. firmdalehotels.com

DUBAI, UAE

DESERT PALMS ROOMS: 38 RATES: FROM \$276

While Dubai has its fair share of dramatic five-star high-rises, with plenty attached to soul-destroying mega malls, it's not for us. Thankfully, Desert Palms is the antithesis of this – a low-rise fusion of traditional Arabian architecture and contemporary luxury, set within the verdant confines of a 60-hectare polo estate. Stay between October and April and be treated to views of a game on one of the estate's four championship fields, either from the white stone terrace of the Polo Bar or at one of the spacious Polo Villas.

Conveniently located 20 minutes from the airport and downtown Dubai, the retreat also boasts two restaurants, a spa and mesmerising views of the city skyline. desertpalm.peraquum.com



BERLIN, GERMANY

MICHELBERGER HOTEL ROOMS: 119 RATES: FROM APPROX. \$100

Who says style has to be pricey? This beyond-cool establishment offers an array of rooms, from affordable little closets to lofts with mezzanine beds, and suites boasting libraries and movie projectors. All are individually styled with eclectic decor – side tables fashioned from sleighs and mirrors hanging from ropes.

The hotel's heart and soul is the reception-cum-lounge-cum-bar, which morphs from a lazy daytime coffee hangout to a hip and happening nightspot. There's also an in-house restaurant specialising in organic, local produce, and a courtyard that's both beer garden and live music venue.

If you can tear yourself away from the bar's killer cocktails, you have two of Berlin's trendiest neighbourhoods – Friedrichshain and Kreuzberg – right on the doorstep. michelbergerhotel.com





modern adventurer's solid companion, beginning a new era in the brand's history.

TUDOR NORTH FLAG

Self-winding mechanical Manufacture TUDOR MT5621 movement, officially certified chronometer, non-magnetic silicon spring, approx. 70 hour power reserve. Sapphire case back, waterproof to 100 m, 40 mm steel case. Visit tudorwatch.com and explore more.



TASTE&TRAVEL



COLOURFUL, CONFRONTING AND CHAOTIC, WE WOULDN'T HAVE IT ANY OTHER WAY.

Picture a population about that of Australia's squeezed into one sprawling metropolis; its streets filled with a frenzy of activity 24/7. Well, this is Delhi, not so much a place, as an experience waiting to happen.

Opulent palaces and crumbling ruins provide insight into the city's turbulent past, while a mix of extreme poverty and wealth hints at the challenges ahead.

From the tangled mess of medieval alleys (Old Delhi), to the broad avenues of British-designed New Delhi, such contrasts sit on every corner.

Will you be hassled? Yes. Get sick? Possibly. But you'll also secure a lifetime's worth of dinner-party anecdotes – on top of some truly sensory experiences.



PLAN

Extreme heat means May to July are best avoided, with October through March the peak time to visit. Air India flies direct from both Sydney and Melbourne, and India recently introduced visas on arrival for Australians, so apply online and collect it at the airport. airindia.in; indianvisaonline.gov.in

STAY

A masterclass in colonial elegance, the Imperial is all marble floors and soaring atriums with Burmese teak furniture, palatial bathrooms and Fragonard amenities, while the historic Patiala Peg har is where Lord Mountbatten and Mahatma Gandhi met to discuss the creation of Pakistan. Upping the mod-factor, The Lodhi is a haven of dark wood, ambient lighting and minimalist chic. Rooms are enormous with sweeping terraces and personal plunge pools. Resort-style facilities include tennis courts, spa and a heated 50m pool. theimperialindia. com; thelodhi.com

DO

Given Delhi's hectic traffic situation, you may question the sanity of a bike tour. But Delhi By Cycle's trips start early, missing most of the bedlam and taking you to places other tours don't. A visit to the Gurudwara Bangla Sahib Sikh temple is a must, and Banyan Tours have an industrialsized kitchen where you help prepare meals served daily to those in need. For an extra dose of reality, charity Salaam Baalak Trust runs a city walk program led by former street kids. delhibycycle. com; banyantours.com; salaambaalaktrust.com

EAT

Perennial favourite Bukhara churns out crowd-pleasing north-Indian cuisine (think juicy marinated kebabs, creamy lentil dal and giant naans) from a theatrical open kitchen. A more low-key option is Lodi The Garden Restaurant, which serves European. Middle Eastern and Indian in a delightful lantern-lit alfresco setting. The city's culinary superstar is Indian Accent, an exclusive eatery hidden away in the Manor Hotel, whose seven-course tasting menu is a whimsical tribute to Indian classics. Oh, and hit Khan Chacha for the best kebab you'll ever eat, itchotels,in/ bukhara; sewara.com; indianaccent.com; khanchacha.in

DRINK

Delhi's bar scene is notoriously fickle, with establishments opening and closing within a matter of months. Every luxury hotel has a signature bar - Taj Palace's Blue Bar the GQ option, with Hauz Khas Village the hip enclave. Social is the pick of the bunch, while Shalom serves five types of martini (and tapasstyle dishes). tajhotels. com: socialoffline.in: omshalom.in

SHOP

As luxury mall experiences go, DLF Emporio is up there, Gucci and Armani shoulder-to-shoulder with Indian designers such as Rohit + Rahul. Khan Market, near India Gate, is a rich hunting ground for eclectic wares, get authentic block print fabrics from Anokhi, and Fabindia has everything from colourful textiles to organic foods. dlfemporio.com; anokhi.com; fabindia.com

FEWER CHEMICALS. LESS HANGOVERS, AND BETTER FOR THE ENVIRONMENT - LITTLE WONDER THEY'RE BOOMING IN AUSTRALIA.

Once more paint stripper than palatable, they've had a bad rap for years – and fair enough. But according to Stuart Knox, wine aficionado and owner of Sydney watering hole Fix St James, times have changed.

"We're now producing some of the best organic, biodynamic, orange and natural wines in the world," he says, most of which are much kinder on you the morning after.

Here, his suggestions.

It's about a self-sustainable farm, across everything. Planting and harvesting are

even done on lunar cycles.

3. 2013 Sorrenberg Sauvignon Blanc/Semillon, Beechworth VIC,

\$35; sorrenberg.com

"Living proof that biodynamic producers can make great wines, this is fine and subtle with honey and citrus notes. Drink with white meats and seafood."

White wine made with extended skin contact (up to 300 days). Not necessarily organic, biodynamic or natural but it can be. More a technique than a varietal.

4. 2014 Arfion 'Smokestack Lightning' Gewurztraminer, Yarra Valley VIC, \$29; arfion.com.au

"Gewurztraminer may be considered sweet, but after spending 150 days on skins it is completely bone dry. It has texture and length that allows it to stand up to bolder dishes. Think more ginger spice than typical Turkish delight notes."

The vineyard cannot use artificial sprays. The winery can still use cultured yeasts, and acids and tannins can be adjusted, but any filters, like egg whites, must be organic.

1. 2014 Blind Corner 'Bernard' Cabernet Sauvignon, Margaret River WA, \$75; blindcorner.com.au

"A true teeth stainer, grapes are air-dried, foot-crushed and wild fermented. They rest in old oak for 12 months. Think blackberry jam and tannins forever. Goes with big meat dishes cooked over flames."

Must be organic or biodynamic, and nothing can be added to the grapes before, during or after fermentation. Can only be fermented using their own wild yeast and cannot have acid, tannin or sugar added.

2. 2014 Bobar Chardonnay, Yarra Valley VIC, \$30; brixwinestore.com.au

"Totally natural, yet completely approachable for everyone. Unrefined and unfiltered, it's wine in its raw state. Drink shaken (cloudy) or let it settle to be pristine and clear. I'd go with Bond and have it shaken."





THE INTERVIEW

MARTIN BENN'S NEW YORK

WE TAG ON TO THE AUSSIE SUPER CHEF'S TOUR OF THE BEST THE BIG APPLE HAS TO OFFER, FROM BARS TO BURGER JOINTS.

Even if you've never had the pleasure of the full nine-course treatment at his Sydney restaurant Sepia, chances are you've heard of Martin Benn. If not, we guarantee vou'll have before the year's out. His kitchen magic, aesthetics and big flavours have turned him into an Australian culinary ambassador. In fact, Benn recently hit New York with his Sepia team to feed America's most influential (and feared) food critics in a one-off dinner at Eric Ripert's renowned three-Michelin-starred restaurant, Le Bernardin.

Why, you ask? Because Benn is tenacious (Sepia named SMH Good Food Guide's Restaurant of the Year three times in four years), and because Ripert was so taken by Sepia while here last year, he openly stated, "If I am three star, then Sepia is four." His man-crush on Benn's culinary capabilities ultimately led to the New York invitation, where the Aussie wasted no time impressing the crowd. Prominent *New York Times* food critic Florence Fabricant labelled his butterpoached Hawkesbury squid "technical wizardry" and "stylishly elegant".

Benn's innate knowledge of Japanese ingredients, technical nous and sense of whimsy clearly left an indelible mark on the crowd. And we caught up with him between courses – and compliments – to get his top picks of where to eat, drink and be merry in NYC.



THE MARKET



GOTHAM WEST MARKET

"It has everything. The doughnuts are out-of-control unreal, but there are also coffee shops, delis, fruit and veg stalls, and just a wonderful mix of quality, locally produced food," says Benn. "You don't feel like a tourist because you're shopping with the locals and easily become absorbed in the daily life of New Yorkers." gothamwestmarket.com

THE BAR



KING COLE BAR, ST REGIS HOTEL

"I love its sense of sophistication. It oozes that old-fashioned charm that makes you feel like you're in a quintessential New York bar. It does all the classic cocktails, but try the King Cole, a spin on a negroni, or choose from the list of signature Bloody Mary blends." kingcolebar.com

THE BURGER



THE BURGER JOINT

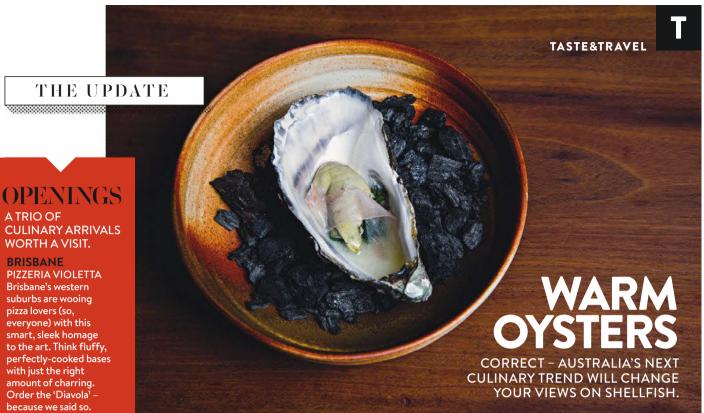
"I first became aware of this place after Anthony Bourdain went there for one of his programs. You have this beautiful hotel [Le Parker Meridien] and inside there's a scruffy joint with amazing burgers. There's two choices – a burger with the works or a cheeseburger – and double it or have it without a bun. That's it. Genius." burgerjointny.com

THE RESTAURANT



CHEF'S TABLE AT BROOKLYN FARE

"One of the most inspiring meals I've ever had. Modern, refined and relaxed without losing that professional edge. It's nigh on impossible to get in, but given the chance, sit at the kitchen counter and watch the crew administer 20+ mesmerising courses. Brilliant." brooklynfare.com



WORTH A VISIT. **BRISBANE**

A TRIO OF

PIZZERIA VIOLETTA Brisbane's western suburbs are wooing pizza lovers (so, everyone) with this smart, sleek homage to the art. Think fluffy, perfectly-cooked bases with just the right amount of charring. Order the 'Diavola' because we said so. 10 Wongabel St, Kenmore

MELBOURNE

LÛMÉ

What better spot to house a new restaurant than a former brothel? Shaun Quade (ex-Quay) and John Paul Fiechtner (previously of Paris Le Chateaubriand) are launching their first culinary venture together, and despite red lights being off, the pair's 18-course degustation menu will still arouse plenty of excitement. 226 Coventry St, South Melbourne

SYDNEY

SILVEREYE

You might not know Sam Miller, but you'll have heard of Noma - his previous gig and one of the world's top eateries. This August, get ready for Miller's latest, the first of three restaurants at Chippendale's The Old Clare Hotel. The menu will put a heavy focus on seasonal vegetables and techniques - smoking, salting, pickling, fermenting and such. Level 2, 1 Kensington St, Chippendale

Take a freshly-shucked oyster, add a squeeze of lemon then, boom, straight down the hatch, no? Not the biggest fan of uncooked shellfish? Then you're in luck. That elusive oyster experience could be yours, thanks to chefs who, by lightly roasting them, are negating the salty, briny edge.

"I started doing it to get people who find oysters too confronting to try them," says Mat Lindsay,

owner of Sydney restaurant Ester. "We cook them in shells, so the heat pops them open and inside, the oysters plump up because the protein has set."

They deliver a soft, mild creaminess – but only if you don't overheat them.

"It's easy to do," adds Lindsay. "You're really just warming them, so they never get over 60°C inside - they're bloody delicious."



Roasted ovster with horseradish cream emulsion. By Mat Lindsay at Ester, Surry Hills NSW ester-restaurant.com.au Roasted oyster with guanciale and sea lettuce, served over hot coals. By Lennox Hastie at Firedoor, Surry Hills NSW firedoor.com.au

Oyster lightly cooked on Himalayan rock salt block at the table. By Kiren Mainwaring at Co-Op Dining, Perth WA co-opdining.com.au

Poached oyster in native kombu and biltong broth. **Bv Duncan** Welgemoed at Africola, Adelaide SA africola.com.au

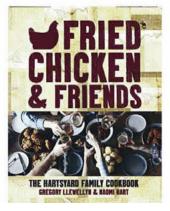
Fried oyster with hot sauce. By Morgan McGlone at Belle's Hot Chicken, Melbourne VIC

belleshotchicken.com

ТНЕ СООКВООК

SERVETHIS

Fried chicken has enjoyed a mini boom in our restaurant scene, and now the masters, Hartsyard's Gregory Llewellyn and Naomi Hart, are here to show you how to do it at home - with the release of Fried Chicken & Friends. Besides the obvious, it also includes tasty American-inspired recipes to put the 'party' back into dinner parties. We'll bring the wine, \$49.99: murdochbooks.com.au



Pregret (n.)

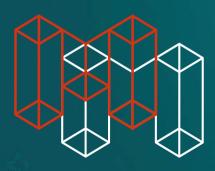


THE MOMENT BEFORE YOU SINK TEETH INTO YOUR FAVOURITE GUILTY PLEASURE. YOU'LL FEEL TERRIBLE AFTER EATINGIT, BUT DEVOUR IT ANYWAY.

MELBOURNE
SPRING
FASHION
WEEK 28 AUG 4 SEPT 2015

INCOVER MEN'S SHION

Full program of events - including MSFW: Shop the City featuring Vogue Fashion's Night Out and MSFW: Mr featuring runways and workshops - available online now.



MELBOURNE.VIC.GOV.AU/MSFW #**MSFW**





VFNO IS BACK! AND FOR THE FIRST TIME EVER, IT WILL HIT TWO CITIES!

BRING YOUR FRIENDS AND SHOP LIKE A GQ VIP!

• LIVE FASHION SHOWS • WET SHAVE & WHISKEY BARS • VIP PARTIES • STYLING ADVICE • SPECIAL OFFERS!

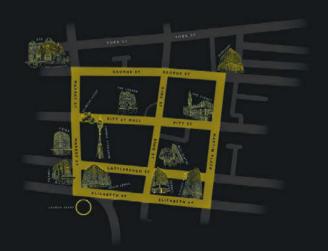
MELBOURNE AUGUST 28, 2015

AT MELBOURNE SPRING FASHION WEEK
ALL OVER THE MELBOURNE CBD
FROM 5PM TILL 10PM
KICK-OFF: 5PM @ BOURKE STREET MALL

SYDNEY SEPTEMBER 3, 2015ALL OVER THE SYDNEY CBD

FROM 5PM TILL 10PM
KICK-OFF: 5PM @ HYDF PARK





Plan your night at vogue.com.au/fno











PAGE. 78 SUIT OF THE SEASON PAGE. 80 BELTS PAGE. 82 TWEED PLUS DESIGNER BACKPACKS

THE WINTER

A COLD-WEATHER
ESSENTIAL TO
CARRY YOU
THROUGH THE
SEASON IN STYLE.



WOOL-KNITTIE, \$69.95, BY TM LEWIN; SILKTIE, \$209, BY BOSS MENSWEAR; WOOL-KNIT 'WALLARD' TIE, \$150, BY MJ BALE; SILKTIE, \$209, BY BOSS MENSWEAR; SILK-KNITTIE, \$145, BY PAUL SMITH; SILKTIE, \$255, BY BURBERRY LONDON; WOOL-KNITTIE, \$189, BY BOSS MENSWEAR.

STYLING EMMA FAGG PHOTOGRAPHY EDWARD URRUTIA, GEORGINA EGAN

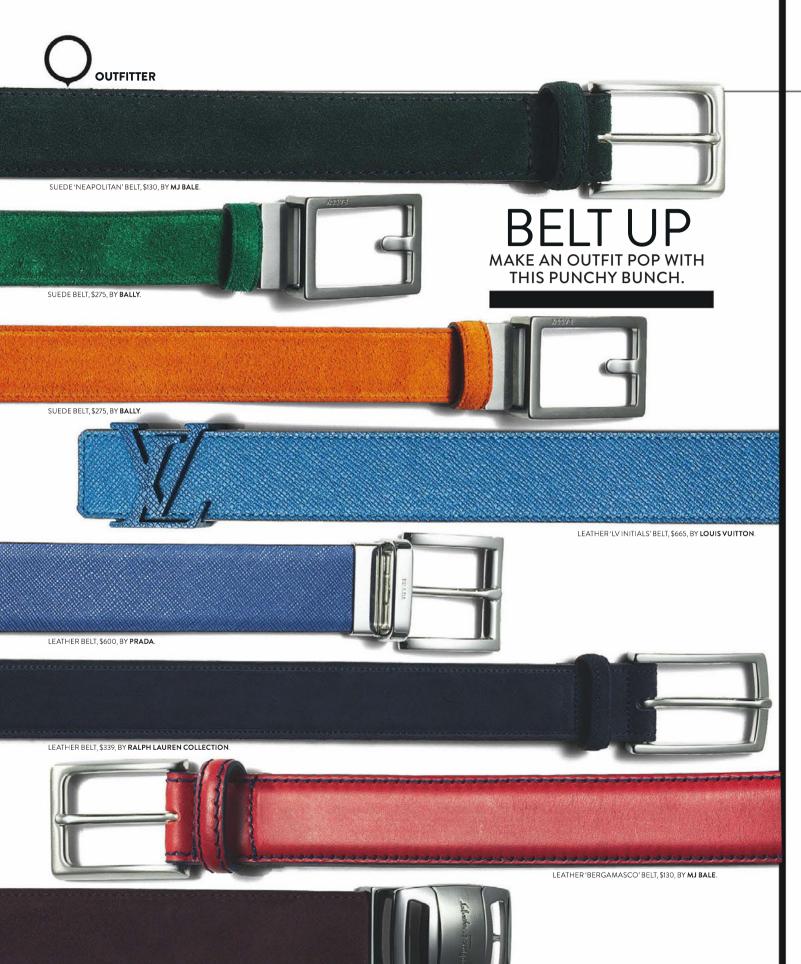


DISMISS THE IDEA **OF SUIT PANTS AT** WEEKEND.

BY FERRAGAMO TIMEPIECES; LEATHER 'START MM' BAG, \$4150, BY LOUIS VUITTON.

AN ALTERNATIVE.









TREND

THE GRANDPA OF ALL FABRICS HAS UNDERGONE A FASHIONABLE UPDATE. HERE, OUR FAVOURITE PIECES.



WOOL BLAZER, \$449, AND COTTON SHIRT, \$99.95, BOTH BY **TRENERY**; WOOL-BLEND PANTS, \$180, BY **SABA**; SILK POCKET SQUARE, \$119, BY **RODD & GUNN**.

WOOL/NYLON PANTS, \$440, BY **PAUL SMITH**; CASHMERE SOCKS, \$90, BY **JAC+JACK**; LEATHER SHOES, \$270, BY
VANISHING ELEPHANT.





WOOL COAT, \$2150, BY BALLY; WOOL JUMPER, \$2100, BY DOLCE & GABBANA; WOOL 'LENON'SUITTROUSERS, \$1299, BY HUGO BOSS; COTTON SCARF, \$80, BY G-STAR.

COTTON/WOOL 'ROSS'
JACKET, \$949, BY BOSS
MENSWEAR; COTTON/
LINEN SHIRT, \$129, BY
TRENERY; SATINTIE,
\$30, BY OTAA; METAL
TIE BAR, APPROX. \$19,
BY THE TIE BAR; SILK
POCKETSOLIAPE BY THE TIE BAR; SILK POCKET SQUARE, \$49, BY JOE BLACK; STAINLESS STEEL 'CARRERA CALIBRE 5 AUTOMATIC' WATCH, \$3350, BY TAG HEUER.







CARRY ON

BACKPACKS ARE, WELL, BACK. A COOL ALTERNATIVE TO A HOLDALL, A COLLECTIVE DESIGNER MAKEOVER MEANS THEY'RE NO LONGER JUST FOR SCHOOLBOYS.

SAY GOODBYE TO PAPERCUTS WITH GG's INTERACTIVE iPAD EDITION

GET EVEN CLOSER TO THE LATEST ISSUE OF GQ, WITH EXTRA CONTENT, GREATER FUNCTIONALITY AND BEHIND-THE-SCENES INSIGHTS TO THE PAGES YOU LOVE.





FREE TRIAL OFFER[†]

ENJOY A 30-DAY FREE TRIAL OF GQ AUSTRALIA MAGAZINE ON THE APP STORE*





AESOP 'MARRAKECH INTENSE' EDT, \$79 (50ml)

From Australia's undisputed trailblazing brand, this offers a raw and sensuous mix of sandalwood, neroli and bergamot. aesop.com.au

JACK THE SNIPPER ORIGINAL HAIR + **BODY WASH',** \$18 (250ml)

From the Byron Bay barber comes this menthol-infused. sulphate-free multitasker that's gentle on hair and skin. jackthesnipper.com

HUNTER LAB 'ANTI-AGEING ELIXIR', \$54 (50ml)

Blends moisturising avocado oil, restorative macadamia seed oil and anti-inflammatory passionfruit seed oil into a quickly absorbed serum. . Use just before bed. hunterlab.com.au

Gentleman's BRAND CO.

FACE SCRUB

A deep cleansing exfoli that leaves your skin of smooth and hydr

125ml e NET WT 4.40 FL R

GENTLEMAN'S BRAND CO. 'FACE SCRUB', \$26 (125ml)

Used pre-shave, the pumice stone, vitamin E and aloe vera at play provide the optimum surface for a close, clean finish. gentlemansbrand.co

EVO 'THE THERAPIST CALMING SHAMPOO AND 'THE THERAPIST CALMING CONDITIONER',

\$29.95 (300ml) EACH
This range tames the most rebellious of hair. Formulated with humectants and moisturisers aplenty, it'll restore a sense of order. au.evohair.com

UPPERCUT DELUXE 'SHAVE CREAM', \$18 (100ml)

A brand that made its name in hairstyling is now branching out into shaving. Coconut oil is used to guard against blemishes. uppercutdeluxe.com

HUNTER

ANTI-AGEING ELIXIRANA

ORIGINAL HAIR + BODY WASH FOR MEN **ACK THE SNIPPER**

> AUSTRALIAN MADE ML/8.40Z

REAM

W. Could be stry to the stry to

300mle 10.111.02

therapist

condition

PATRICKS 'M1 HAIR PRODUCT', \$60 (75g)

This delivers a matte finish and light, remouldable hold (with a whiff of vetiver and silver fir). It also boosts hair growth for a fuller look. patricks.com.au

'REVITALISING YELLOW CLAY MASK', \$105.60 (50ml)

A fingertip of this refines pores and balances oil secretion with grapefruit seed extract and vitamin E. sodashi.com

LOCAL HEROES

ONCE IT WAS THE INTERNATIONALS BREAKING NEW GROUND, BUT NOW A SLEW OF INDEPENDENT AUSTRALIAN BRANDS ARE LEADING THE CHARGE.

EDITED BY DAVID SMIEDT PHOTOGRAPHY EDWARD URRUTIA

GROOMING

ADVICE

HAIR TODAY, (NOT) GONE TOMORROW

TIME TO HANDLE THOSE RECEDING LOCKS
- NO TEARS NECESSARY.

ecessions hit in one of two places: the wallet or the head. And a receding hairline needs to be dealt with, either by growing some balls and reaching for the clippers, or if that's too premature, learning to manage things accordingly.

We spoke to TIGI creative director Anthony Mascolo and Toni & Guy's Luke Harris about how best to remain slick.





THE CUT

"Don't try to hide a receding hairline," says Mascolo. "The worst is trying to wear it forwards or flicking over the side. Having it short looks good. This gives balance, but by all means add texture."

Adds Harris: "Shorter is definitely best. Keep hair clean, sharp and neat, as this also gives the illusion of looking thicker and stops your hair from appearing wispy."

WASHING AND CONDITIONING

"Lather up a small amount of label.men by label.m 'Professional Haircare Scalp Purifying Shampoo' (\$29.95, 250ml) to get rid of any product build up," says Harris. "Next, apply the 'Invigorating Conditioner' (\$29.95, 250ml) and massage it in. It helps blood circulation to the scalp, which encourages hair growth."

Mascolo recommends a similar course of action with Tigi products. "If hair is thinning, then a product that adds volume is great. I recommend **Tigi 'Bed Head For Men Charge Up Shampoo' (\$28, 250ml)** and **Conditioner (\$28, 200ml)**."

STYLING

Here, Mascolo urges restraint: "When hair's receding, it shouldn't need much attention – short, textured hair can be styled in a moment. Apply small amounts at a time. Rub between the palms to soften, move it towards the fingertips and apply. Tigi 'Bed Head Matte Separation Workable Wax' (\$28.95, 85g) adds texture, thickens and separates."

Harris' approach differs slightly. "My absolute go-to product would be label.men by label.m 'Thickening Tonic' (\$31.95, 150ml). Infused with hydrolysed keratin, it builds 'fabric-like' texture into the hair. To get the most out of it, apply one pump to damp hair then dry in with a hair dryer – the heat activates the tonic, which swells individual hairs to give a fuller feel, while not leaving hair tacky or sticky."

labelm.com.au; au.tigiprofessional.com



THE UPDATE



TOP TREATMENT

When next in London, get to Geneu on New Bond Street for the next level in personalised skincare. Using technology that scooped 2014's European Invention of the Year – who knew? – it analyses DNA samples to select the most appropriate active ingredients to keep skin looking sharp, all in 30 minutes. It's then a matter of re-ordering from wherever you are in the world. The initial test costs approx. \$1200, with product starting at \$600. geneu.com



MAN CANDY

As the beard trend shows no sign of abating, we're enjoying the tongue-in-cheek approach taken by these nascent locals. Its 'Citrus Sasquatch' blend, \$15 (60ml), has a scent equal parts orchard and alpine, while shea butter and coconut oil increase manageability and shine when it comes to your face forest. mancandybeardbalm.bigcartel.com



RELEASED LAST YEAR. VALENTINO 'UOMO' EDT **OUICKLY BECAME** A FAVOURITE AT GQ HQ THANKS TO ITS **SOPHISTICATION** AND WILLINGNESS TO EXPERIMENT WITH UNUSUAL MYRTLE LIQUOR. WHITE LEATHER **AND COFFEE** NOTES. THE **NEW 'UOMO EDITION NOIRE** LIMITED', \$126 (100ml), DOESN'T STRAY FROM THE **FORMULA BUT** THE MATTE-BLACK **BOTTLE ADDS PUNCH TO ANY** COLLECTION. MYER.COM.AU; DAVIDJONES. COM.AU



YEARS SINCE
JEAN PAUL
GAULTIER'S
ICONIC TE
MALE' SCENT
WAS FIRST
RELEASED.
THE LATEST
INCARNATION,
ULTRA MALE',
\$99 (75ml), IS
AVAILABLE
FROM JULY 27.

THE SPA

Refurbished and seriously schmick, Chi Spa in Sydney's Shangri-La Hotel is now a more male-friendly environment (read, no Enya) in which to decompress. Pick of the treatments is the 'Executive Jetlag Recovery', \$260/90 mins (weekends \$280). Encompassing a massage, salt exfoliation for the body, facial, scalp and hair treatment, it's an enviable ally for adjusting the body clock. shangri-la.com



GQ+LYNX®

SEARCH FOR THE

BARBER SHOP SETS*.

GQ AND LYNX HAVE TEAMED UP IN A QUEST TO FIND AUSTRALIA'S TOP BARBER SHOPS – THE ONES A CUT ABOVE THE REST, WHO OFFER THE SHARPEST CLOSE SHAVE AND KEEP YOUR HAIR LOOKING DAPPER.





CALLING ALL BARBER SHOPS AND READERS...



PRIZE

The winner of GQ and LYNX's Best Barber Shop competition will receive two tickets to the 2015 GQ Men of the Year Awards and have the opportunity to style some of the country's hottest stars attending on the night. GQ's expert grooming panel will pick out the three finalists who'll also be featured in an upcoming issue of GQ magazine.





In 25 words or less, simply email bestbarbershop@gq.com.au to tell us the name of the shop you wish to nominate, and why it is the best barber experience around. Make sure you include a picture of the shop as well as its location and relevant contact details. Entry to the competition closes August 30, 2015.

GQ+LYNX°



MEET THE LAMBORGHINI AVENTADOR LP750-4 SUPERVELOCE: ALMOST \$900,000 WORTH OF BONKERS THAT WILL PROPEL YOU TO HYPER SPEED IN LESS THAN THREE SECONDS. DEEP BREATHS.

WORDS STEPHEN CORBY

wning a Lamborghini is hard work.
Hopefully your raging-bull-emblazoned supercar – alongside the Ferraris and Porsches in the garages – is representative of all the work you did on the way up (unless you're a sheik or trust-fund kid).
But choose to buy one of the limited-run Aventador LP750-4 Superveloce's, and work won't stop there. The new \$882,650 model will make more jaws drop than that stellar price tag because it's a thing of wild, wicked beauty, and a little brutality, meaning you'll be swamped by strangers and subjected to selfies everywhere you go. And for the record, being loved and admired and hated and envied in equal measure is harder than it looks – ask Angelina.

Then there's the challenge of driving a car wider than a Toyota LandCruiser, as low to the ground as a crocodile's eyes and fast enough to push your sternum into your spine. With its shouty 6.5-litre V12 producing 559kW (up from the standard Aventador's 510kW) this Superveloce – Italian for 'extremely fast' – version will rocket-launch you from 0 to 100km/h in 2.8 seconds and on to 300km/h in another 21.

As the hardened-up, racetrack iteration of the ultimate Lamborghini, with its weight shaved by some 50kg, it's also what a sadist would call 'firm'. The special bucket seats, which look spectacular, seem entirely devoid of padding, and the gearbox's 50-millisecond changes further assault your spine, like a golfer repeatedly teeing off on your coccyx.

The surfboard-sized rear wing (plus a few other flow-friendly tweaks of the exterior design) make this Lambo a weapon of mass downforce, so you're taking corners at speeds that tenderise innards with G-forces.

It's hard work to drive – indeed it makes your heart race – but it's the kind of work you'd happily do for free, every day of the week.

One thing though: save up for a racetrack to drive it on, because a bumpy Australian road might be the end of you in a car this hard and fast. *lamborghini.com*

TO SEE HOW WE FARED RACING THIS BEAST IN BARCELONA, DOWNLOAD OUR ENHANCED DIGITAL APP ON ITUNES AND GOOGLE PLAY.



ROAD TRIPS

FIVE GREAT DRIVES

AUSTRALIA ISN'T OVERLY BLESSED WITH DECENT ROADS - THOUGH THE CUPBOARD'S NOT ENTIRELY BARE. THESE ARE WELL WORTH TAKING FOR A SPIN.

here are lots of contenders for 'Best Sight in Australia'.
Sunrise over Uluru, Mitchell Johnson on a tear. Or Jess Hart, even. But nobody claims we do roads well. Our country is simply too big, too flat and too sparsely populated to produce much in the way of Italy's Stelvio Pass, Tennessee's Tail Of The Dragon, or Norway's Geiranger Pass. But look hard enough and you'll find some inviting strips of tarmac. Speed limits to be adhered to, of course.





Campers ignoring the "DRIVE ON

Great Alpine Road, VIC

Driving the 30km riot of bends between Hotham and Harrietville is like tumbling through the small intestine of God in a hermeticallysealed suit. Beware of G-forces and keep an eye out for motorcyclists, whom, surging with adrenaline, routinely fling themselves over the edge and into the valleys.

Barrow Creek, NT

The 280km stretch of highway running to Alice Springs had its speed limit derestricted in January 2014 allowing drivers to bang along as fast as conditions allow. It's neither up-and-down, twisty nor untroubled by errant 'roos, so get on the gas in the NT and you can fleetingly feel what it's like to be German - without resorting to lederhosen.

Macquarie Pass, NSW

Several of the Premier State's best drives are swaddled in National Park, such as the Royal National Park's Sir Bertram Stevens Drive, south of the highway, and the Blue Mountains' Bells Line Of Road. Both are shaded by the black ribbon stretching west of Tongarra and finishing at the fabled Robertson Pie Shop in the Illawarra.





MERCEDES -BENZ C63 S AMG

Benz's C63 has long been wrapped in a deathmatch with BMW's M3 for the title of 'Most Awesome Car You Can Actually Drive'. And the latest will strike a hammer blow.

While days of hulking, naturally aspirated V8s are over, it's hard to weep when the new one is a bi-turbo 4.0-litre making 375kW in this AMG-fettled version of the C-Class.

As the Mercedes hyperbole phrases it, the C63 S doesn't just move the goalposts, it creates a new sports ground.

ENGINE

In the beginning, there was the V8, and man saw it and said it was good. Then some mad German engineer decided it could be even better, downsized its capacity to just 4.0 litres and strapped on twin turbochargers, and suddenly it was making the kind of figures that used to be the preserve of exotic supercars - 375kW at a dizzying 5500rpm and a lumping 700Nm (from just off idle) at 1750rpm. Man laughed heartily and declared that, yes, this was even better.

DRIVING

Belting about in this car is like boxing. The G-force has you making "ooooopph" noises and the sense of danger is palpable. Has a prodigious acceleration 0-100km/h in four seconds - and is far more aggressive, and louder, than the car it replaces. Firm on the road, it also handles like it could grid up at Bathurst. You might end up slightly bruised - so what? You'll want to jump back in and drive it all over again.

INTERIOR

The C63 S takes the clean, classy and simple interior of the new C-Class range then throws enough carbon fibre at it to refit a space shuttle. There's swathes of the stuff everywhere from the dash to the middle of the dials, and it looks great, as does the sporty AMG steering wheel. The seats are firm, racy and serious-looking - the whole cabin reflecting the serious intent of this seriously intense vehicle. So serious.

STYLING

Looks-wise, people either sit in the BMW M3/M4 camp or the AMG one, and in the past the Merc's been the more understated. elegant option. But this new C63 S has lines Mike Tyson may have drawn. if he could, with a nose snubbed like a sawn-off shotgun, the sides streaked and the neat rear topped off by wicked-looking quad pipes. Is to premium sedans what New Miley Cyrus is to Disney.



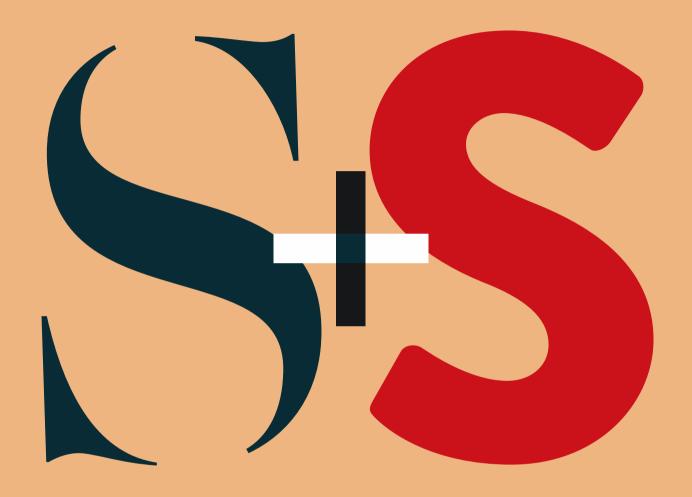
PRICE/DELIVERY

Given you're getting 25kW and 50Nm more than the previous C63, and that the S is the top-spec model, you'd expect to pay a lot for the privilege. But Mercedes-Benz Australia has performed price magic to get it to market for \$154,900. Order now, with cars to arrive in September.

"TT'S MIND-BOGGLING TO CONSIDER THAT
THIS RELATIVELY BARGAIN-PRICED
MERCEDES HAS MORE POWER (375kW)
AND GRUNT (700Nm) THAN LEGENDARY
SUPERCARS LIKE THE FERRARI F40 OR
LAMBORGHINI COUNTACH. TO DRIVE IT
IS TO BE AFRAID, AND YET ECSTATICALLY
HAPPY AT THE SAME TIME."

STEPHEN CORBY, GQ AUSTRALIA

MEN of STYLE



and SUBSTANCE

FROM HOLLYWOOD'S HOTTEST PLAYER (A MAN WHO HANGS AROUND WITH DINOSAURS NO LESS) TO HIP-HOP'S GREATEST SUCCESS STORY, WE PRESENT FOURTEEN WHO EPITOMISE WHAT IT MEANS TO BE A GENT OF TRUE WORTH.

TO KICK THINGS OFF, IT'S NONE OTHER THAN

MR DAVID BECKHAM

40, SPORTING ICON





all the men to admire, only one proudly wears women's underwear, has stepped out in a sarong and (almost) made Alice bands an acceptable male accessory.

His name is David Beckham and it's OK to admit to moments where you've seen him in a magazine – all cool, cut and cleft-chinned – and thought, 'I want to be him.'

But the thing about Becks is not the way he can carry a suit, have his everyday essentials turned into an H&M collection, set yet more global hair trends, or even have his own Beckham fragrances, but that his fame now transcends the reason he first came to attention.

Ostensibly, Beckham is, or was, a professional footballer. His right foot will forever be a British national treasure, but he was never the greatest player on Earth. ("He can't kick with his left foot, he can't head, he can't tackle, and he doesn't score many goals – apart from that, he's alright," chimed legendary player/boozer George Best). And a significant proportion of those who buy into Beckham are unlikely to have ever sat through a game of soccer.

While the 40-year-old may have spruiked his talent at three of the biggest clubs (Manchester United, Real Madrid and AC Milan), he's become far more than the sum of his place on any team – an icon, a yardstick of men's fashion and beauty and a staple on contemporary society's cultural billboard.

Admit it, he's a man to admire. Because, void of any initial privilege, his tale is one of redemption through hard work and a dedication that would drive most to tears, or, at least, back to bed.

Beckham's father, Ted, made footballs out of rolled-up socks for a young David, before training his four year-old charge for several hours, daily, at an East London park.

"I must have taken tens of thousands, maybe hundreds of thousands [of free kicks]. I would go to the park, place the ball on the ground and aim at the wire meshing over the window of a small community hut," Beckham's recalled. "When Dad got home he would stand between me and the goal, forcing me to bend the ball around him. People must have thought we were mad. And I would carry on playing when I got home. I wasn't allowed a football in the house so would practise with Care Bears in my sister's bedroom. Mum thought it was funny but it showed how much I loved football. I couldn't get enough of it."

Those many years of effort, which first led to Manchester United in the '90s, went up in the smoke of a hot-headed moment at the France '98 World Cup – a just-flattened Beckham lashing out at Argentina's Diego Simeone, earning him a straight red for petulance and a savage helping of opprobrium back in the UK.

Perched in a London pub, GQ witnessed, firsthand, the feral, ferocious switch in public opinion over the talismanic England midfielder. Had Beckham walked into that pub that night, or any night for the next few months, no lie, he would have been spat upon and glassed. Only if you've seen an Englishman watch a World Cup will you appreciate this as truth.

Effigies of Beckham were hung in the streets, he received death threats and was booed, every time he touched the ball, at every English ground for the entirety of the following season.

Rather than run and hide in another country's league, he put his exceedingly handsome head down and played with passion and skill for club and country – winning an unprecedented treble with United within 12 months and going on to become England's most capped captain – and, on several occasions, their hero.

The public forgave him everything, even marrying a Spice Girl with a voice like a, well, nothing complimentary. And he had a sense of humour about it, too. When Victoria was helping Range Rover develop a special 'VB' edition of its Evoque, David implored the engineers to add one feature for his sake – a loud stereo system to drown out his wife's singing.

Though the fusing of brand Beckham with that of Posh may have seemed chav-tastic at the time, she did inspire him to push the style envelope to places no footballer had ever been. You can argue the merits of wearing her thong (and publicly discussing it), some of the more questionable hairstyles (the cornrows were terrible) and even the obsession with body art, but you can't deny they've delivered a mature David who today stands as a consummate icon of style – that suited combo for the Royal Box, Wimbledon 2014; the ability to wear leather without suggesting sexual fetish; the casual swagger of little more than T-shirt and chinos.

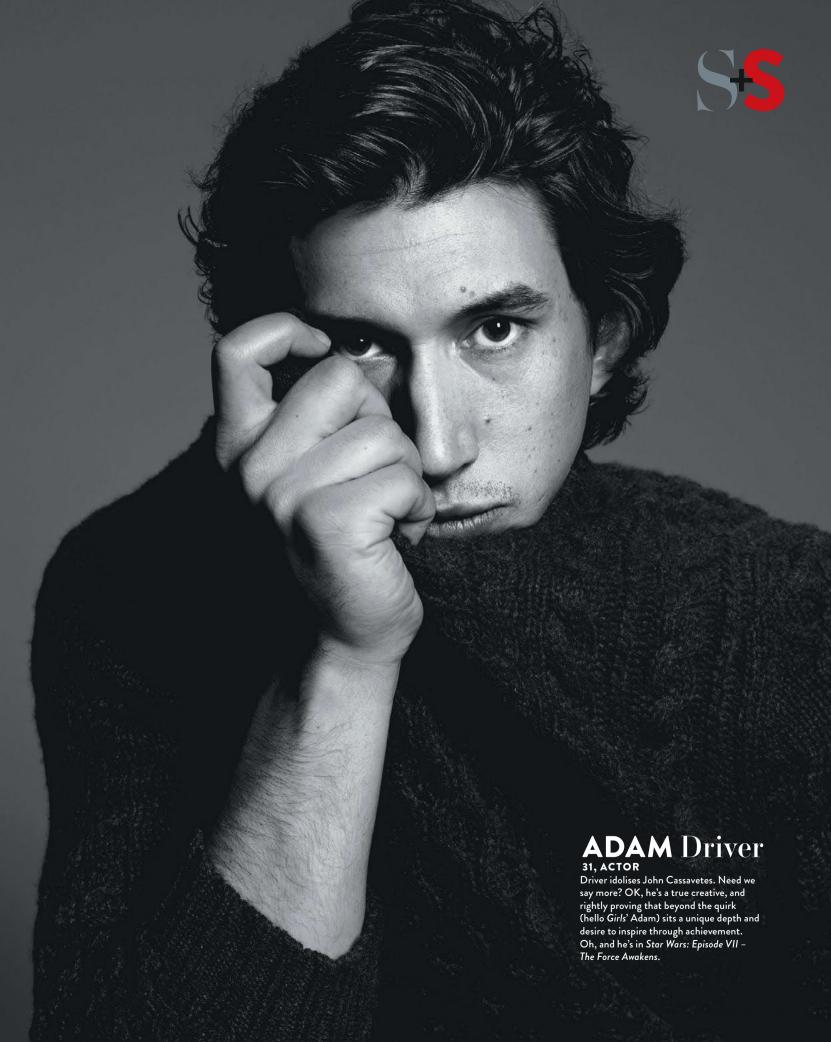
But a true gent is more than a visual motif – and it's in family and charitable instinct that Beckham's substance speaks loudest. He may have cursed his four kids with silly, celebrity names, but, no arguments, he's an attentive and loving father. Today, when not igniting red-carpet flashbulbs, Becks can be found on the sidelines proudly cheering on his boys. Or, just as likely, he'll be inspiring vulnerable children in the poorest countries around the world in his role as a UNICEF goodwill ambassador.

Yes, David was born blessed, with a face that would have been carved on urns in a different era. But he's also proved himself fearless, resilient and caring. A true gentleman, sarong and all.

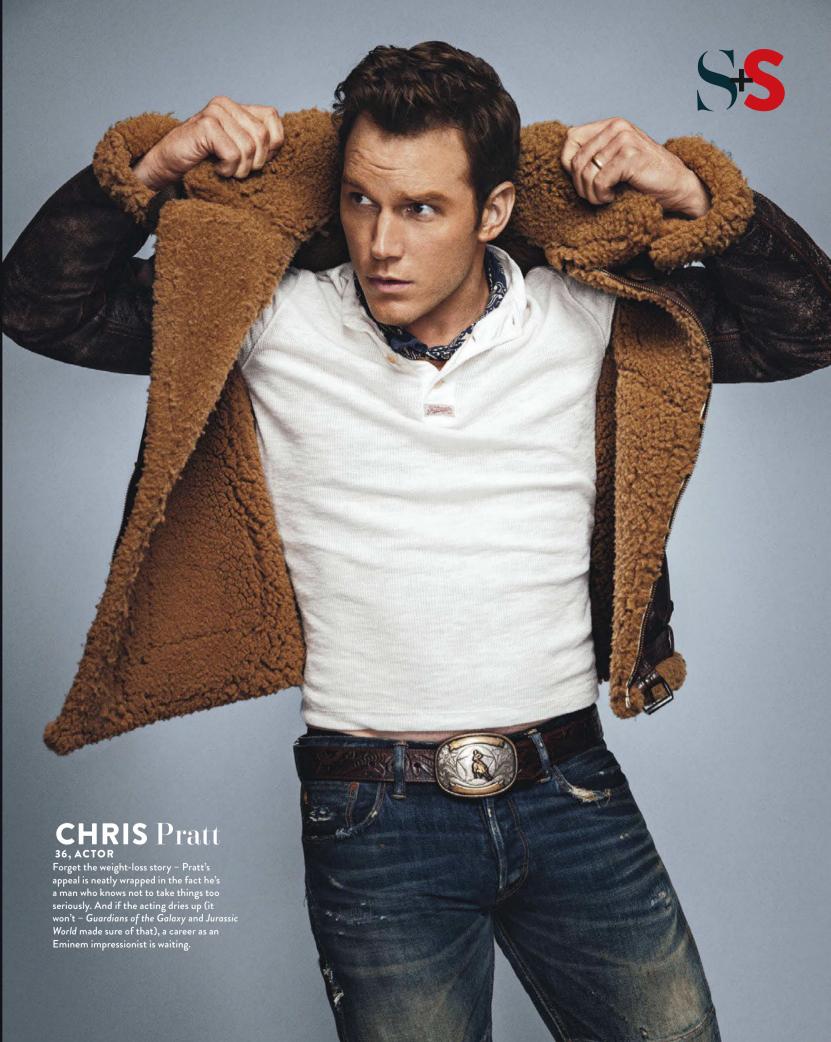
IT'S IN FAMILY AND CHARITABLE INSTINCT THAT BECKHAM'S SUBSTANCE SPEAKS LOUDEST.







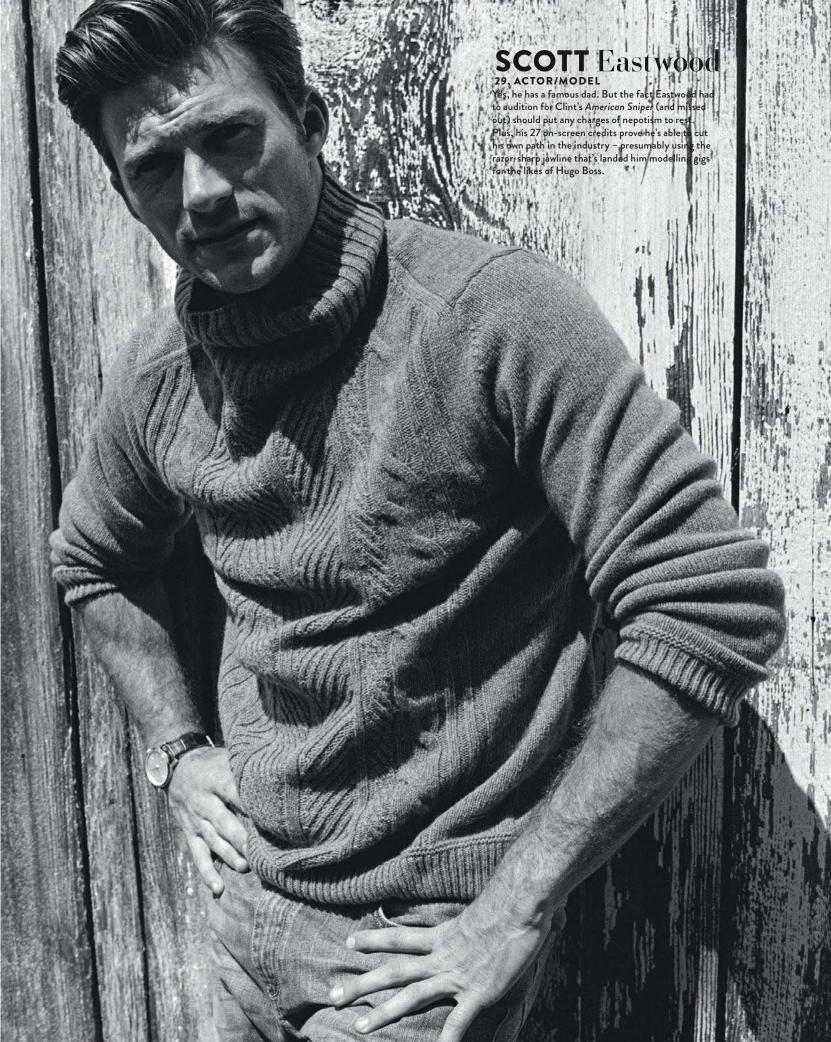














KANYE

West 39, RECORDING ARTIST/ MUSIC PRODUCER/ FASHION DESIGNER

Not content with his 21 Grammys (more than Paul McCartney or Beyoncé), he turned to fashion back in 2005, and caused near meltdown among sneaker-freaks when this year's Adidas 'Yeezy Boost' dropped. And any suspect behaviour is forgiven, considering 2008 album, 808s & Heartbreak, essentially laid the foundations for the likes of Frank Ocean, Kid Cudi and Drake. As for an ability to wear leather...





BABATUNDE
Adebimpe
40, MUSICIAN
Call him 'Tunde' - most do. You can also
call him one of music's most talented stars:
frontman for TV On The Radio, a part-time
visual artist and proof that a certain sense
of swagger comes with age.





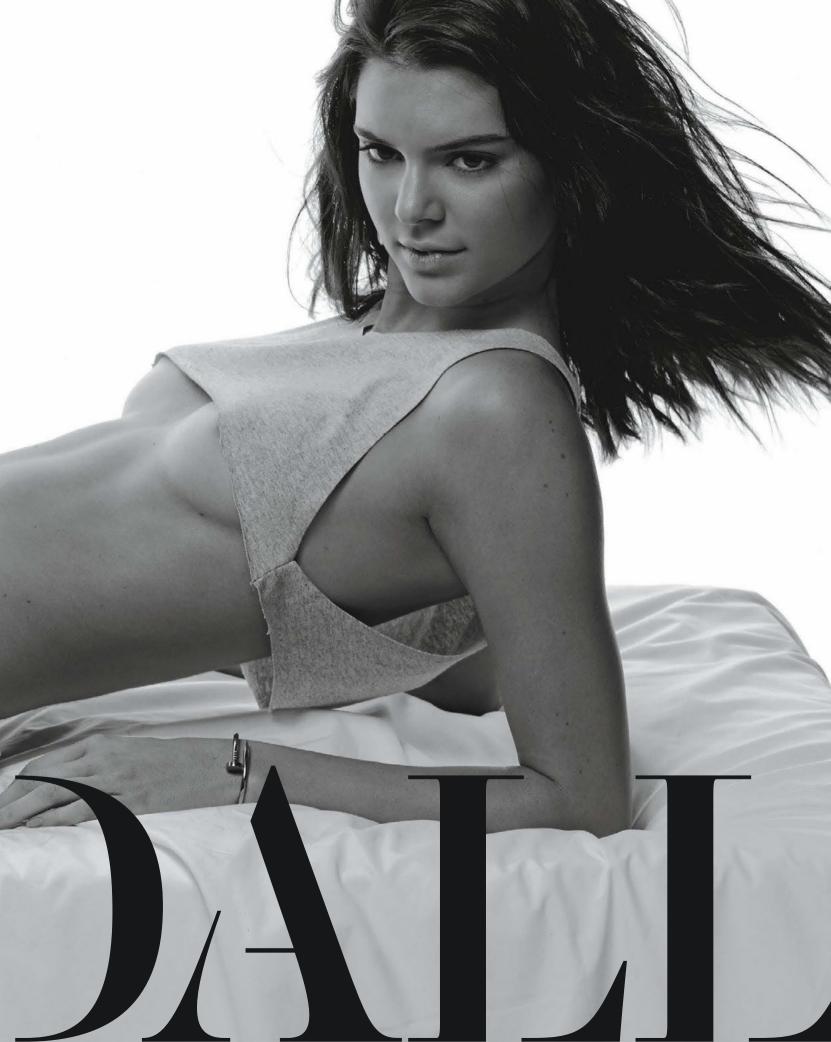




EASILY THE MOST REFINED OF THE KARDASHIAN CLAN, SHE'S FOUND SUCCESS, AND FAME, WITHOUT THE TAINT OF TABLOID HEADLINES.

WORDS BEN SMITHURST PHOTOGRAPHY SEBASTIAN KIM







March 2015. It's springtime in Paris where Fashion Week's in full bloom, and a young, attractive scrum has coalesced around a 19-year-old woman. While pretty (such chic layering; so French), make no mistake – this is a mob, and a scary one at that. The object of their collective attention is the catwalk's newest star, ported over from TV; a gamine American whose arrival has been a peculiar combination of the inevitable (she is a Kardashian) and the improbable (she's walking in proper high-end shows). And right now, Kendall Jenner is freaked out.

KEN-DALL! KEN-DALL! KEN-DALL! It's all because her mother, Kardashian

'momager' Kris Jenner, has absconded with Kendall's bodyguard. Inadvertently, but still. Finally the teen flings off the groping hands and clambers into the limo. Then she calls her parents.

To Mum first: "Why the fuck would you let [poor security guard's name redacted] leave without me, Mum!? We just got like fully attacked!"

... and to Dad: "Hi, Dad, I almost got killed by a million kids. I don't know how many it was, really, but it felt like 30,000. The driver literally had to push bodies."

KEN-DALL! KEN-DALL! KEN-DALL! Kendall calms down fast. None of this is new to her.

Keeping Up with the Kardashians debuted in October 2007. Its focus then, as now, was Kim (34), Kendall's half-sister, a Paris Hilton hanger-on whose 2003 sex tape had leaked just eight months earlier. Step-siblings Kourtney (36) and Khloé (30) were also centre stage, while over the series' run, other characters assumed prominence – Kris, husband/dad/former Olympic gold medallist Bruce and a flock of others. Their stories formed a unique soap opera – Kim (eventually) marrying Kanye West, Khloé being cheated on, Kourtney choosing to have three kids with a hilarious Patrick



Bateman lookalike called Scott. Bruce, meanwhile, transitioned into Caitlyn – a whole secular hagiography.

In February this year the family signed a \$128m, four-year contract extension. By then, Kendall and younger sister Kylie, will have been on TV for more than half their lives. Kendall and Kylie, once ganglier and more awkward than their stepsisters, now breathtakingly, magma-level hot, have had the definitive experience of growing up in public.

"We didn't have a say," says Kendall.
"And how could we have a say? It was in our home... I was [a kid] when the TV show started. I don't remember what it was like before."

It's hardly surprising that Kendall is comfortable on display. It's what she knows. What's genuinely hard to believe, though, is that Kendall got the chance to move into a parallel realm – fashion modelling – and, taken seriously, is excelling. See, for all

Kim's *Vogue* and *Harper*'s covers, she'll always be *NW* at heart.

With fellow BFF Insta-model starlets Cara Delevingne, Gigi Hadid, Joan Smalls and Karlie Kloss, Kendall forms what, for the first time since the '90s, can be considered a legitimate gaggle of neosupermodels. They are pretty and perfect and ever-posting, and Kendall – *KEN-DALL!* KEN-DALL! – is their queen. In Paris, between mob jostlings, she walked for Balmain, Marc Jacobs, Givenchy and then Chanel.

How?

Because, from the outside, Kendall feels kind of real – no small achievement. Her Instagram, an implausibly charming mishmash of youth, insouciance and bling, sometimes starring her fellow models, has more than 28 million followers. It feels fresh, as well – neither too slick nor overly cultivated. Unlike everything else her family's done for the best part of a decade,

Kendall's mostly built her career away from TV, even as she popped up on *KUWTK*. And when yours is arguably the world's most famous surname, constantly maligned for 'being famous for being famous', crafting a gig mostly off camera feels like the height of authenticity.

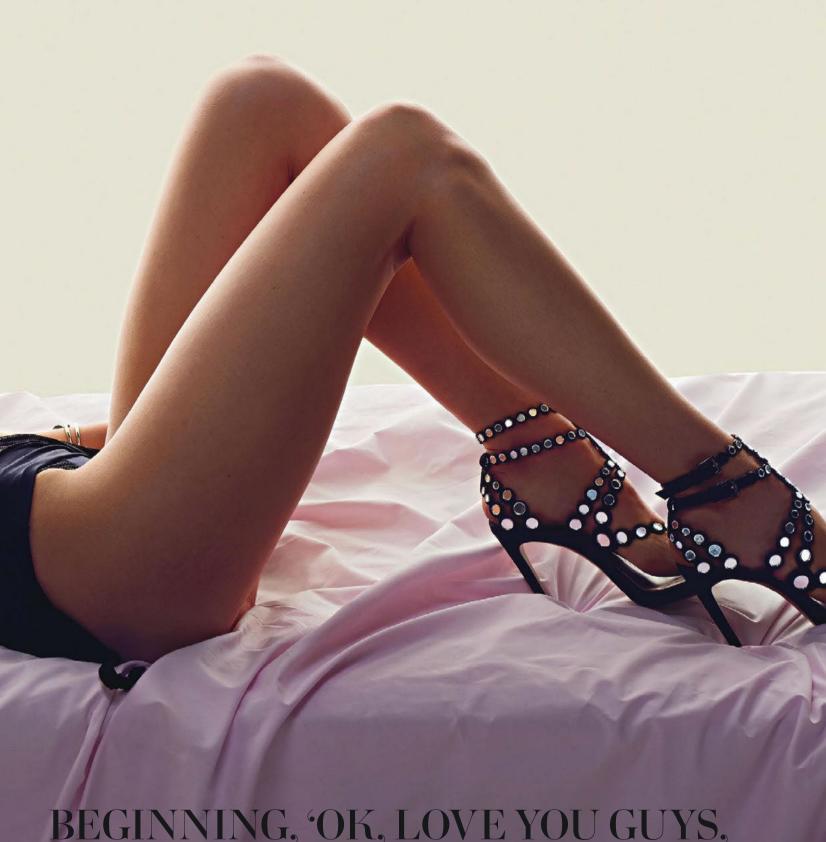
"I told them from the beginning, I was like, 'OK, love you guys, but we're not gonna do this,'" she says. "'You're not gonna follow me to shows, you're *not* gonna be with me on this ride.'

"And I didn't do it because I felt like I had to prove something. This is a career that I've always wanted."

She may have inherited fame, but Kendall Jenner is something new. She's the ultimate product of what is an ever-evolving, ever-improving American dynasty. She is the Kardashians' JFK; the family's slickest reveal yet. Kim 2.0: minus the sex tape and colossal arse.

Time, then, to form an orderly queue.





BEGINNING, 'OK, LOVE YOU GUYS, YOU'RE NOT GONNA FOLLOW GONNA BE WITH ME ON THIS RIDE."





ONE

On a cloudy, moonless night somewhere in northeast China, three men creep through a stand of Japanese Clethra trees. They carry no torches and the sky is so dark that they hear the sound of the rushing Tumen River before they see it – they've arrived at the North Korean border. Earlier in the evening at a nearby restaurant, they treated the local Chinese police chief and head of the border patrol to a blowout feast of more than 20 dishes, climaxing with a southern China delicacy – a carp deep-fried and served alive, its mouth and gills still moving. Following an after-meal session of pricey Chunghwa cigarettes and shots of Moutai liquor, the officials made phone calls telling subordinates to abandon their posts for a few hours. After several of these bribe dinners, they had become routine, practically a tradition among friends; by now the smugglers even had their own key to the rusty bike lock securing the

border area's barbed-wire fence.



The man in the hoodie slings the bag of digital contraband over his shoulder. Then he says goodbye and disappears back into the world's deepest black hole of information.

close to \$1300 in cash.

comedies and soap operas. To bribe the guards on the North Korean side, Jung has included in the bag an HP laptop computer, cigarettes, liquor, and



That smuggling mission was planned and executed last September by the North Korea Strategy Centre (NKSC) and its 46-year-old founder, Kang Chol-hwan. Over the past few years, Kang's organisation has become the largest in a movement of political groups who routinely smuggle data into North Korea. NKSC alone annually injects about 3000 USB drives filled with foreign movies, music, and ebooks. Kang's goal, as wildly optimistic as it may sound, is nothing less than the overthrow of the North Korean government. He believes that the Kim dynasty's three-generation stranglehold on the North Korean people - and its draconian restriction on almost any information about the world beyond its borders - will ultimately be broken, not by drone strikes or caravans of Humvees but by a gradual, guerrilla invasion of thumb drives filled with bootleg episodes of Friends and Judd Apatow comedies.

Kang likens the USB sticks to the red pill from *The Matrix* – a mind-altering treatment that has the power to shatter a world of illusions.

"When North Koreans watch Desperate Housewives, they see that Americans aren't all war-loving imperialists," says Kang. "They're just people having affairs or whatever. They see the leisure, the freedom. They realise that this isn't the enemy; it's what they want for themselves. It cancels out everything they've been told. When that happens, it starts a revolution in their mind."

We first meet Kang in a conference room of his office on the ninth floor of a Seoul high-rise. Outside, a bored plainclothes policeman keeps watch, part of a 24/7 security detail provided by the South Korean government after Kang appeared on a top-10 list of North Korean defector assassination targets. Kang answers questions in a soft voice and maintains a look of calm bemusement. But several NKSC staffers later say his quiet demeanour masks a deep, lifelong anger directed at North Korea's dictatorship, which held him and his entire family in a prison camp for 10 years of his childhood. ("Compared to some defectors I've met, he's a little more pissed off," one staffer confides.)

It doesn't take a decade in a gulag to see that North Korea needs a revolution. Since the Korean Peninsula split at the end of World War II, seven decades of disastrous financial decisions, isolationist economics and sociopathic military threats against the rest of the world have turned the country into what Georgetown Asian studies

professor and former US National Security Council adviser Victor Cha calls simply "the worst place on earth". Its recent history is a litany of disaster. Despite having a stronger economy and better infrastructure than South Korea in 1945, its GDP is now one-fortieth the size of its southern neighbour. Only 16 per cent of households have adequate access to food, according to a 2012 study by the World Food Program, stunting growth in 28 per cent of the population. In some areas of the country, up to 40 per cent of children under the age of five are affected. The outcomes are mental as well as physical. A 2008 study by the National Intelligence Council found a quarter of North Korean military conscripts are disqualified for cognitive disabilities.

The totalitarian government inherited by its 32-year-old leader, Kim Jong-un, punishes any real political resistance with death. And the regime's most powerful tool for control remains its grip on North Korean minds. The state propaganda system indoctrinates its 25 million citizens from birth, insisting that the Kim family is infallible and that the country enjoys a superior standard of living. In a ranking of 199 countries' press freedom by research group Freedom House, North Korea places last. It sees any attempt to introduce competing ideas, even the possession of a radio capable of accessing foreign frequencies, as a threat to its power; these infractions are

punishable by exile to one of its prison camps, which hold as many as 200,000 people, according to Amnesty International. "The Kim regime needs its ideology," says Cha. Without it, North Korea would face the same threats as every dictatorship, such as internal coups or a popular revolt. "If they get to the point where all they can do is point guns at people, they'll know their system has failed."

A growing movement of North Korean defector activist groups, including Kang's NKSC and others, such as North Korea Intellectuals Solidarity and Fighters for a Free North Korea, views that reliance on ideological control as a weakness - outside data is now penetrating North Korea's borders more than ever before. One group has stashed USB drives in Chinese cargo trucks. Another has passed them over from tourist boats that meet with fishermen mid-river. An NKSC operative showed us a video in which he crawls under a border fence, walks into the Tumen River and throws two tyres to the opposite bank. Each one was filled with South Korean Choco Pies, Chinese cigarettes and USB sticks loaded with movies such as Snowpiercer, The Lives of Others and Charlie Chaplin's The Great Dictator.

Even The Interview - the Kim Jong-un assassination comedy that the North Korean government tried to keep from being released by using threats, intimidation and, according to the FBI, a devastating hacking operation against Sony Pictures - has made its way into the country. Chinese traders' trucks carried 20 copies of the film across the border the day after Christmas, just two days after its online release. "What I do is what Kim Jong-un fears most," says Jung, the smuggler, who shows videos and pictures of his missions while seated in the lobby of a hospital in Bucheon, South Korea. Jung, wearing a military-style cap and pyjamas, is taking a break from rehabilitation therapy for knee injuries he sustained while being tortured in a North Korean prison 15 years ago. "For every USB drive I send across, there are perhaps 100 North Koreans who begin to question why they live this way. Why they've been put in a jar."

Each activist group has its own tactics – fighters for a Free North Korea loads up 10-metre balloons that float into the country and rain down pamphlets, US dollar bills, and USB drives full of political material. North Korea Intellectuals Solidarity smuggles in USBs filled with short documentaries about the outside world created by the group's founder, a former North Korean computer scientist who used to help the government confiscate illicit media.

Kang's NKSC, with its pop cultural offerings, capitalises on North Korea's flowering black markets. The group's smugglers inside the country are motivated by profit as much as politics; a USB stick loaded with contraband films sells for more than a month's food budget for most middleclass North Korean families. A pack of hundreds represents a small fortune. "In North Korea a USB drive is like gold," says one NKSC smuggler.

For Kang, that makes each of those coveted flash drives a self-propelled weapon in a free-market information insurgency. "Right now, perhaps 30 per cent of the population in North Korea knows about the outside world," says Kang. "If you reach 50 per cent, that's enough people to start making demands, to start making changes."

And if that enlightened audience reaches 80 per cent? Or 90 per cent? Kang leans forward. "Then there's no way the North Korean government, in its current form, could continue to exist."



Kang Chol-hwan was nine years old when his grandfather, a high-level government official and ethnic Korean immigrant from Japan, suddenly disappeared. It was the summer of 1977 and, within a few weeks, soldiers came for the rest of his family, summarily stating that Kang's grandfather had been convicted of "high treason" but giving no details. The entire three-generation family would immediately be sent to a re-education camp. The government confiscated the family's house and nearly all its possessions, though the soldiers took pity on the tearful Kang and allowed him to carry out an aquarium of his favourite tropical fish.

Soon after the family's arrival at the Yodok concentration camp in the country's northeastern mountains, the fish floated dead in their tank. The family would spend the next decade in one of Kim Il-sung's most notorious gulags.

Kang's daily life alternated between school – rote memorisation of communist propaganda – and slave labour in the camp's cornfields, lumberyards and gold mines. For a time, Kang's work detail included burying the corpses of prisoners who died daily from starvation or perished in mine cave-ins and dynamite accidents.

Children who disobeyed even slightly were beaten. Adult transgressors spent days, or even months, in the sweatbox, a tiny windowless shack in which victims could only crouch on hands and knees. Sometimes prisoners, including Kang, would be required to witness executions. Once he and other inmates were ordered to stone the hanging corpses of would-be escapees. "The skin on the victims' faces eventually came undone and nothing remained of their clothing but a few bloody shreds," Kang later described. "I had the strange feeling of being swallowed up in a world where the earth and sky had changed places."

As the years passed, Kang became a resourceful survivor. He learnt to eat wild salamanders in a single swallow and catch rats with a lasso he designed out of wire. Their meat sustained him and several family members on the verge of starvation through winters at sub-zero temperatures.

When Kang was 18, the guards announced one day without preamble that his family would be released as a demonstration of leader Kim Il-sung's generosity. Except Kang's grandfather – he had been assigned to a different camp, his treason still unexplained. Kang never saw him again.



TWO

THREE

ONE: KIM
HEUNG-KUANG
AND SOME USB
STICKS HE'S
SMUGGLED INTO
NORTH KOREA.

TWO: KANG CHOI-HUAN, FOUNDER OF DISSIDENT GROUP NORTH KOREA STRATEGY CENTRE. THREE: A TOURIST POSES WITH A NORTH KOREAN BORDER GUARD. In his post-prison life as a delivery man in the western county of Pyungsung, Kang harboured few illusions about the corruption of the North Korean regime. But it wasn't until three years later that he accessed the information that crystallised his contempt. It came from a pirate radio.

A friend gave Kang two radio receivers. Kang paid a bribe to avoid registering one with police,

and he learnt how to disassemble its case and remove the filament that hardwired it to official regime frequencies. He and his closest confidants would huddle under a blanket – to muffle the sound from eavesdroppers – and listen to Voice of America, Christian stations and the South's Korean Broadcasting System. "At first I didn't believe it," he says. "Then I started to but felt guilty. Eventually, I couldn't stop listening."

Under their blanket, they relearnt all of North Korea's history, including the fact that the North, not the South, had started the Korean War. Beginning in 1989, they followed the breakdown of Soviet Eastern Europe and the execution of Romanian dictator Nicolae Ceausescu, a close friend of Kim Il-sung. They heard Michael Jackson songs, even learning lyrics and singing along. "Listening to the radio gave us the words we needed to express our dissatisfaction," Kang would later write. "Every program, new discovery, helped us tear a little freer from the enveloping web of deception."

Soon a contact in the local government warned him – one of his companions had told the police about Kang's secret radio sessions. He was under surveillance and faced potential arrest and reassignment to a labour camp. Posing as a businessman, he bribed border guards on the Yalu River and escaped to Dalian, China, and finally to Seoul.

After his escape Kang wrote a memoir, The Aquariums of Pyongyang, originally published in French in 2000 and a year later translated into English. It was a revelation, the most detailed account yet of life in North Korea's gulags. Kang was asked to speak around the world, touring Ivy League schools and European conferences. President George W Bush invited him to visit the White House, where they discussed his homeland's growing human rights crisis. "It was always just a statistic hundreds of thousands of people in labour camps," says Georgetown's Cha, who advised Bush on North

Korea. "But Kang's book put a name and a story to these abuses."

Back in South Korea, Kang's story had no such impact. President Kim Dae-jung had won a Nobel Prize for the South's so-called Sunshine Policy of compromise with the North to reestablish diplomatic ties. Kang's story was seen as unfashionably antagonistic to the Kim regime and

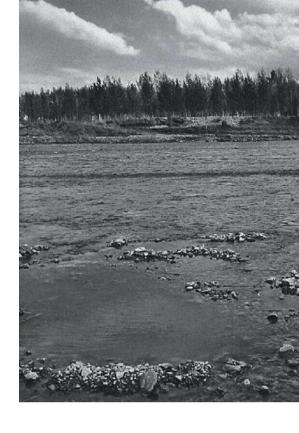
largely ignored.

By 2005, Kang had given up hope that South Korea or the rest of the world would act against the North Korean government. Change, he decided, would have to come from within, through the same life-altering education he had received from his illegal radio. He flipped his strategy; instead of working to tell the world about the horrors of North Korea, he would tell North Koreans about the world.

That year, a Christian radio station donated 5000 portable wind-up radios to Kang's new organisation. Through defector contacts in China, he smuggled them into houses along North Korea's Tumen River border. "Guards come to these houses to rest and buy cigarettes," Kang explains. "We would give them these little radios, too. So all of these bored kids, during their patrols, could listen to foreign radio broadcasts at night."

With funding from private donors and governments it declines to name, NKSC has since grown to 15 paid staffers, including independent operators along the Chinese border, each with their own contacts in North Korea. Kang hopes to soon expand smuggling operations to 10,000 USB drives a year.

He's also looking at ways the American tech community could advance NKSC's mission. The group is working with the Wikimedia Foundation to put a North Korean-dialect version of Wikipedia on every flash drive it smuggles over. And in conjunction with the Human Rights Foundation, it's been talking to Silicon Valley types about building new tools - everything from a small concealable satellite dish to steganographic videogames that hide illegal data. (The activists have considered delivering USBs with miniature drones, but that option remains impractically expensive.) But as his group gains momentum, Kang faces a personal dilemma; several of his family members remain inside North Korea, including his younger sister, Mi-ho. Despite canvassing his contacts there and filing a special request through the United Nations for information about Mi-ho's whereabouts, Kang hasn't been able to find her. She may even have been reimprisoned, says Choi Yoon-cheol,



NKSC's second-most-senior staffer. "Mr Kang knows that the more active he is, the closer he gets to his vision, the more his family will suffer," says Choi. "It must be incredibly difficult to know that what you're doing can hurt the people you love."

When we first ask Kang about his sister, he denies any connection between her safety and his work. Perhaps in an effort to protect her, he argues that the two are now estranged.

Besides, he coldly insists, his own family is no longer the issue. "This is a government that doesn't deserve to survive," he says. "If someone has to destroy it, I'll gladly be the one."



Yeonmi Park's family paid about 3000 North Korean won (\$4.33) for a pack of DVDs that contained a bootleg of *Titanic*. In the early 2000s, she remembers, that was the cost of several kilos of rice in her home city of Hyesan – a significant sacrifice in a starving country. But of all the tween girls who became obsessed with the star-crossed romance of Jack and Rose, Park was one of the very few who saw it as downright revolutionary. "In North Korea, they had taught us that you die for the regime. In this movie it was like, whoa, he's dying for a girl he loves," she says. "I thought, how can anyone make this and not be killed?"

Titanic was hardly Park's only foreign-video experience. Her mother had sold DVDs; some of Park's earliest memories are of waking to the grunts and shouts of her father watching American WWF wrestling. Park loved Cinderella, Snow White and Pretty Woman. The family would put its

WHAT GETS SMUGGLED IN

To show citizens what life is like outside the Hermit Kinadom, the North Korea Strategy Centre smuggles American films and TV shows like The Hunger Games, 22 Jump Street, Desperate Housewives and Friends across the border. A North Korean fan favourite? Scandal.

Pop culture from the South The NKSC also sends over South Korean comedies, dramas and soap operas, such as We Got Married, to counter the North's propaganda by showing the abundance of

in the South.

Political pamphlets
Fighters for a
Free North Korea
drops thousands of
waterproof political
leaflets to draw
attention to the
injustices of the Kim
dynasty's rule. "Let
us fight until the day
we die for freedom."

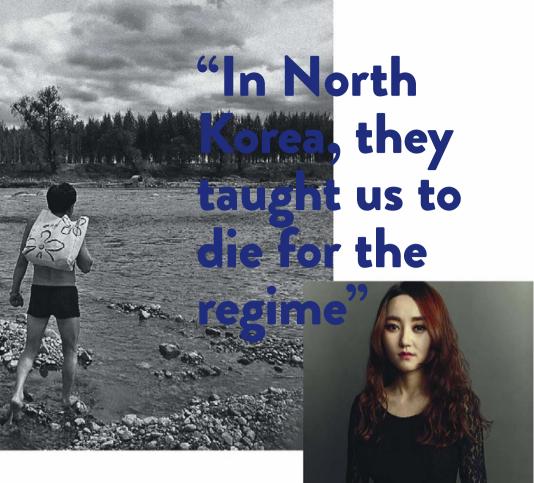
Sober-minded

one states

documentaries
Kim Heung-kwang,
a defector who
founded North
Korea Intellectuals
Solidarity, creates
and stars in short
documentaries
to educate North
Koreans on
democracy, the
internet, and life
outside the DPRK.

Facts about the world Educational material, Wikipedia-like explainers and ebooks are slipped onto thumb drives

by many groups.



tapes and discs in a plastic bag and bury it beneath a potted plant to hide it from the police.

But of all those illegal encounters with foreign culture, *Titanic* was somehow the film that made Park ask herself questions about freedom and the outside world. "It made me feel like something was off with our system," she says in fluent English, which she perfected by watching the entire run of *Friends* dozens of times.

Park escaped from North Korea in 2007. Now a 21-year-old activist based in Seoul, she's part of what's known in Korea as the jangmadang sedae: the black-market generation. During a famine in the North in the mid-1990s, the Kim regime began to tolerate illegal trade because it was the only option to feed a starving population. Since then, black-market commerce has been nearly impossible to stamp out. And some of the hottest commodities – particularly for young people who don't even remember a North Korea before that underground trade existed – have been foreign music and movies, along with the Chinese-made gadgets to play them.

A 2010 study by the US Broadcasting Board of Governors found that 74 per cent of North Koreans have access to a TV and 46 per cent can access a DVD player. Park says nearly all of her friends in Hyesan had seen a foreign film or TV show. As a result, her generation is the first to have to square the Kim regime's propaganda with a keyhole view of the outside world. A group called Liberty in North Korea, which works with young defector refugees, finds that many no longer believe in central tenets of North Korea's political ideology, such as the country's superior standard

FIVE

FOUR: A NORTH KOREAN SMUGGLER CARRYING A BAG OF USBS PREPARES TO CROSS THE TUMEN RIVER. FIVE: YEONMI PARK, WHOSE ACTIVISM WAS SPARKED BY THE FILM TITANIC.

of living or the godlike powers of the Kim family. Even the regime is letting that second illusion slide, admitting that Kim Jong-un has health issues – hardly the norm for heavenly beings.

Thanks to the flourishing black market, the jangmadang generation's technology has advanced well beyond radios and DVDs. Despite North Korea's near-complete lack of internet access, there are close to 3.5 million PCs in the country and 5 million tablets, according to North Korea Intellectuals Solidarity. But perhaps the most important piece of hardware in North Korea today is what's known as a notel – a small, portable video player sold for \$60 to \$100 and capable of handling multiple formats. It has a screen, a rechargeable battery to deal with frequent blackouts and, crucially, USB and SD card ports. In a surprise

move in December, the North Korean government legalised the devices, perhaps as part of a bid to modernise its propaganda machine, according to Seoul-based news outlet *Daily NK*. The result is millions of ready customers for the USB sticks smuggled across the Chinese border.

In one of North Korea's bustling markets, a buyer might quietly ask for something "fun", meaning foreign, or "from the village below", referring to South Korea. The seller may lead him or her to a private place, often someone's home, before turning over the goods. The foreign data is then consumed on a notel among small, discreet groups of mostly young people, friends who enter into an unspoken pact of breaking the law together so that no one can rat out anyone else.

The Kim regime has responded by cracking down. In late 2013, the government reportedly executed 80 people across seven cities in a single day, many for trafficking in illegal media. In February last year, the Worker's Party of Korea held its largest-ever conference of propagandists. Kim Jong-un himself delivered an address calling for the party to "take the initiative in launching operations to make the imperialist moves for ideological and cultural infiltration end in smoke" and to set up "mosquito nets with two or three layers to prevent capitalist ideology, which the enemy is persistently attempting to spread, from infiltrating across our border".

But stamping out illegal media in North Korea has become an intractable problem for the government, according to Sokeel Park, director of research and strategy for Liberty in North Korea. He compares it to the stubborn demand for illegal drugs in the US. "You could call it Kim Jong-un's War on Information," he says. "But like a war on drugs – you can slow it down, increase the risks and punishments, put more people in prison. The bribe costs will go up, but it's still going to happen."

By his third year working for Kim Jong-il's thought police, Kim Heung-kwang says he could almost sense the presence of illegal data.

Going door-to-door with the task force assigned to search out digital contraband in citizens' homes, he remembers finding forbidden DVDs and players hidden under beds and in books with pages cut away to create hidden compartments. On one occasion he caught a group of video watchers who had, in a panic, hidden together under a blanket in a closet. Early on, he found when he knocked on doors, guilty watchers would hurriedly hide DVDs. So he'd turn off the power to the entire building before making his house calls, trapping discs in their players. "I felt they were watching rotten, capitalist material and ruining the juche mentality," says Kim, referring to the North Korean communist ideology. The short, bespectacled man, sitting in his austere Seoul office, smiles wearily and crosses his legs with a professorial air. "I felt justified to send these criminals away."

The DVD owners would cry and plead. They'd beg on their knees and pull on the sleeves of his uniform, claiming they had just found the

offending media lying in the street. Sometimes he accepted bribes and turned a blind eye. ("You could feel the outside of the envelope between your fingers and tell whether it was a lot of money," he remembers.) But most of the data criminals he caught, he reported. Many were sentenced to months or years in prison camps.

Kim had earned membership in the all-powerful Communist Party through years of work helping to create North Korea's own computers, including the Paektusan minicomputer, named for the mountain where Kim Jong-il was said to have been born. As a computer science professor at Hamhung University, he had even taught students who would go on to work for North Korea's cyberwarfare brigade, Unit 121 - the group suspected of the Sony breach - in the basics of networking and operation systems.

After black markets began to spread, Kim was reassigned in 2000 to a military division that went door-to-door to search for contraband media. "I loved it," he says. "I had the power to go into homes and take these materials and no one could even question me."

One of the perks of Kim's position, of course, was nearly infinite access to the media he confiscated. He began to watch the contraband films and TV shows and even loaned out his collection to friends, who rewarded him with gifts like alcohol and meat.

In 2002, Kim was given a PC, part of what he describes as a secret aid shipment from South Korea. Its hard drive had been wiped. But using forensic recovery software, Kim was able to reassemble its deleted contents. They included 400 files; films, TV shows, and, most important to his intellectual sensibilities, ebooks. "You can't imagine how excited I was. I'd hit a gold mine."

These were what finally transformed Kim's thinking. He remembers reading a Dale Carnegie self-help book and Alvin Toffler's The Third Wave. But most influential was a history book about Middle Eastern dictators, including the stories of Saddam Hussein and Muammar Gaddafi, all friends of the Kim regime. "Reading about the crimes happening in these countries, I began to realise that those crimes were happening in my country, too," says Kim. "That was the starting point of the logic shifting in my brain. I began to understand the nature of dictatorship."

Even then, Kim continued busting viewers of the same foreign media he now regularly watched. "I sent a lot of people away, but the karma soon came back to me," he says.

In 2003 he was arrested and taken to a detention centre; he'd been ratted out by one of the comrades with whom he'd shared his secret store. Police tortured him for a week, forcing him to write hundreds of pages of confession under hot lights and preventing him from sleeping by jabbing his forehead with a needle. When they realised he had only distributed materials to a few friends, he was given a "lenient" sentence - a year at a re-education farm 65km outside Hamhung.



"I couldn't understand why watching a few foreign films should cost me a year of my life."

After the year of drudgery, Kim was released and managed to bribe a border guard to help him escape across the Tumen. He made his way from China to Seoul, where he set up North Korea Intellectuals Solidarity.

Kim's strategy is much like Kang's with NKSC, using Chinese traders and smuggler contacts. But Kim has only a handful of full-time staffers. Instead of asking his North Korean contacts to wade across the Tumen, he describes throwing a rock tied to the end of a rope across the river. Smugglers on the other side, he says, use it to pull across a plastic-wrapped bucket of USB drives. (He's also experimenting with a three-man water balloon slingshot that can catapult contraband hundreds of metres past guards.)

Unlike the pop-cultural programming proffered by Kang's group, the content on Kim's drives includes short educational documentaries created by and starring Kim himself. He explains to North Koreans what democracy is, for instance, or simply shows them what a bookstore or the internet looks like. "When a North Korean watches an action movie with a chase scene in a grocery store, they want to slow it down to see what's on the shelves," he says. "I show them what they want to see what I wanted to see when I was there."

Kim has also developed what he calls stealth USB drives, designed to avoid detection. To any casual observer, the drive seems empty. But its contents reappear with a simple trigger, the details of which Kim asked not to be publicised. Not even the buyer would necessarily know that the USB contained illegal educational materials, he says. Instead, the files would simply materialise one day, a spontaneous gift Kim hopes will be as life-changing as the hard drive whose wondrous contents he once discovered.

Kim denies that his work today is repentance for past sins as a member of Kim Jong-il's data gestapo. He describes the zealot of those years as a different person. But when asked if he still feels guilt for the lives he wrecked, his polite academic's smile cracks. He massages his temples with one hand.

Once, he says, he found a collection of DVDs in the home of a single mother and her two sons. He could tell by the teen-oriented content that they belonged to the kids. The mother insisted the DVDs were hers, sacrificing herself for her children. Kim says he was inclined to let her go, but a hard-line colleague insisted she be reported, condemning her to a prison camp.

"I wanted to forgive her," says Kim. He pauses. "I still think about that family sometimes."

On a Friday night in an NKSC conference room, a young North Korean defector who has asked to be called Yae-un is watching a copy of the teen comedy Superbad. She would later explain that she "had never seen a movie on that scale of filthiness before", and she doesn't hide her reaction; she spends most of the 113-minute barrage of adolescent sexual angst and dick jokes covering her face with the backs of her hands, as if to cool off her burning cheeks.

The movie was supposed to be screened for one of the defector focus groups that NKSC assembles to learn how North Koreans react to different types of media, the better to smuggle in the materials with the most impact. But on this occasion, all the North Koreans but Yae-un are busy or have cancelled at the last minute. So, like a *Clockwork Orange* parody, the focus group has been reduced to one North Korean, watched by us, an NKSC staffer, and volunteers,

us, an NKSC staffer, and volunteers, as she reacts to Jonah Hill and Michael Cera trying very hard to get laid.

When the movie finishes, Yae-un starts by listing the most astonishing elements from a North Korean perspective: the frank sex talk, genitalia references, underage drinking, cops crashing cars, teenage McLovin shooting a gun. All would be seen as indescribably alien, she says. "Even watching it now, I find it vulgar and shocking," she says. "If I were still in North Korea, it would blow my mind."

So maybe NKSC should skip this one, suggests Rocky Kim, the staffer who organised the screening. "Maybe a documentary would be better?" he asks. Not at all. "I would vote to send it," says Yae-un without hesitation. "It will blow their minds, but it's not like they'll explode. They'll recover."

Predicting North Koreans' reactions to foreign media isn't easy. *The Interview*, for all the furore it elicited from the Kim regime, got an equally negative reaction from North Koreans who saw it on the other side of the border. Smuggler Jung Kwang-il says contacts he spoke to in the country were offended by its low production values and mockery of North Korean culture. "They thought it was poorly made on purpose to mock North Korea, but I explained it was just a bad movie," he says. "They prefer *The Hunger Games*."

Other high-profile tactics by the North Korean free-information movement have backfired in their own ways: a balloon launch by Fighters for a Free North Korea in 2014 prompted the North Korean military to fire antiaircraft machine guns over a border village. And some balloons ended up stuck in the mountains, blown out to sea, or even back in South Korea. The pamphlets they include, according to some activists, criticise the regime too directly and are dismissed by North Koreans as just another form of propaganda.

NKSC is more cautious about its content. Ultimately, the group decided that *Superbad* was too risqué for the North – so much for dick jokes defeating dictators.

But there's a question that persisted throughout conversations with the groups: how does North Korea get from an information revolution to an actual people-in-the-streets-and-toppledstatues revolution?

That question is posed to Kang Chol-hwan while we sit in his office one snowy afternoon, our

last day in Korea. He admits there's not a simple answer, but he offers a few scenarios he considers plausible: the government, for instance, could sense the disconnect between its propaganda and the people's foreign-media education and launch its own reforms, the kind of gradual opening that took place in Russia and China. Or a disillusioned populace could begin defecting en masse, forcing a border control crisis. Or some spark, like the self-immolation of Tunisian street vendor Mohammed Bouazizi, could coalesce disillusioned North Koreans into their own Arab Spring, a full-scale grassroots uprising.

But then Kang surprises by admitting that all those scenarios are unlikely; the Kim regime is too blind and stubborn to initiate its own reforms, he says, and its totalitarian grip may be too tight for a bottom-up revolution. He puts his highest hopes instead in another scenario:

that NKSC's foreign heresy could penetrate the government and military's middle ranks and even their elite, eroding the ideology of the Communist Party itself and fracturing Kim Jong-un's power base from within.

A minute later, however, Kang suddenly flips back to his earlier optimism; he predicts that, thanks in part to his information strategy, North Korea's dictatorship will end within a decade. "They're already cracking," he says. "In less than 10 years, I'll be able to freely go in and out."

That nakedly idealistic statement, beyond its tinge of wishful thinking, seems to reveal something new about how Kang sees his goal. In spite of all his childhood horrors, he wants to transform North Korea not simply into a nation that will let his countrymen go free, but one that will let him back in; he wants to go home again. And whether his smuggling tactics succeed or fail, he'll continue to send his USB thumb drives into North Korea, like offerings to a mute idol, because it's the best plan he's got. "I have no direct power against the North Korean government," he admits unprompted, his face blank.

Outside the window, it's getting dark and the snow is still falling. A polar vortex has pushed Siberian air southward, bringing winter winds down the Korean Peninsula earlier than most years. And as cold as it is in Seoul, it's far colder 240km north, in the prison camps where Kang spent his childhood and where his sister may still be today. "This is the best way – the only way for me – to open North Korea," Kang finally says. "Every day until then is a delay to seeing my family again."

HOW TO SMUGGLE FRIENDS INTO NORTH KOREA

The Hermit Kingdom may have outlawed digital contraband like western movies and TV shows, but information activists have found plenty of ways to get data into the country.

Trucks

Stash USB sticks and SD cards in Chinese cargo trucks that legally haul supplies across the Chinese/ North Korean border.

Tyres

Crawl under a border fence, walk into the Tumen River, and throw tyres strapped with packages of USB drives toward the opposite bank. Hope that a lucky passer-by picks up the digital loot and sells or shares it.

Balloons

Launch balloons with a timer and chemical fuse set to release political pamphlets, dollars, and USB drives once they're over the border.

Boats

Pass material from tourist boats to North Korean fishermen who are sympathetic to the cause, disguising the transaction as an innocent purchase of the day's catch.

Hand-offs

Arrange a meet up via walkie-talkie on the banks of the Tumen River. Bribe border guards on both sides liberally. The smuggler wades or swims across to grab the goods.

Buckets

Throw a rock tied to the end of a rope across the river. Smugglers on the opposite side then reel in a plastic-wrapped bucket of contraband.



S I X S E V E N

SIX: SMUGGLER
JUNG KWANG-IL

SEVEN: NORTH AND SOUTH KOREAN GUARDS FACE OFF







as though we've touched down in the Land of Oz. But no one's told the wizard of our arrival. Or Dorothy.

In front sits a large blue and orange asphalt oval flanked by curved, wave-like grandstands. To the left, a cluster of cultural structures – one replicating the pages of a book, albeit 100 metres high. A second – a vast, black box built of Tetris pieces – appears to hover above the ground. Then there's a building of undulating glass, steel and further afield, a fantastical structure that rises, mountain-like, from a man-made lake.

Flowerbeds of pansies and gerberas flank the square – row upon row of petalled soldiers standing to neat attention.

It's awesome. It's whimsical. It's an obtuse architectural masterpiece.

A familiar song fills the air. Is it? It couldn't be. Yes, *it is.* George Michael's 'Careless Whisper' seeping from embedded speakers into the air.

OK, so we're not in Oz, rather, the CBD of the sprawling Chinese metropolis that is

Guangzhou. To be precise, we're cocooned in Flower City Square, a smidge to the south of the city where 15 million people (not just flowers) reside.

The aforementioned buildings – the city stadium, library, museum and opera house – represent both the contemporary cultural hub and a tangible expression of Guangzhou's modernity, wealth, recent growth and incredible scale. Built, at pace, in 2010 as part of the Asian Games, Guangzhou used the 'regional Olympics' to announce itself as a global player – one where art, entertainment and the piped strains of George Michael can be found.

Here, today, it's a fitting backdrop to launch Dior Homme's AW15 collection to the Asia-Pacific region. The importance of the Chinese luxury consumer is ever growing and Guangzhou, following the lineage of Beijing, Shanghai and Hong Kong, represents a boom for international fashion brands.

High-end menswear may be a smaller category than women's, but is currently



PHOTOGRAPHY: WILLY VANDERPERRE

IT'S SIMPLE - CHINESE MEN APPRECIATE A DECENT SUIT. AND CHINA HAS A LOT OF MEN.

outpacing its sister in terms of global growth – and a tremendous amount of that is due to China. It's simple, really – Chinese men appreciate a decent suit. And China has a lot of men.

Interestingly, there's but one stood in Flower Square at this moment – a council worker busily sweeping the already pristine footpath. He's humming the words to Whitney Houston's 'I Will Always Love You', which has replaced George Michael. I saunter past him, smiling, en route to a swish hotel where, ahead of tonight's star-studded collection parade (a recreation and update of that which walked in Paris in January) I'm to chat with Dior Homme creative director, Kris Van Assche.

The Four Seasons Hotel is a further nod to the ridiculous grandeur of how things are done in China's third largest city. The lobby is 70 floors up, Van Assche's suite a few floors beyond that.

Views from the atrium tumble over the vastness of the city – past the Pearl River to another cement pile in the sky, the 600m Canton Tower (like Sydney's Centrepoint, just not as dated). Today, it's draped in pastel pink, blue and purple lighting.

"Oh, you've seen Dior Tower," chimes one of Van Assche's PR team. Indeed, the colours are reminiscent of a Dior bag. It's then a Dior logo scrolls around the outside of the tower's upper viewing deck.

"Wow, they let you do that," I remark.
"Yes," comes the deadpan reply. "The city is pleased to have Dior here." Indeed.

We're ahead of schedule – lucky because Van Assche loathes tardiness – but he's prepped and ready. Up to his suite on the 90th floor, the genteel Belgian ushers me in. He's classically dressed – blue jeans topped by a crisp, white shirt. The subtle nod that he's the men's creative director of the historical French house is in the 'Dior Homme' handstitched into his collar – a detail that ran through the SS15 collection.

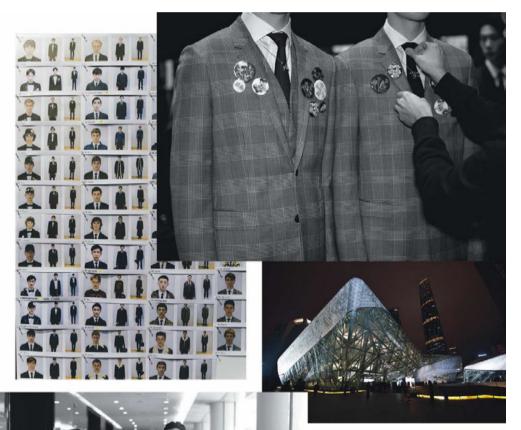
A large TV to the side of the sprawling room features the Homme Paris collection on a loop. It's a show that has, to this point, been reviewed countless times by commentators more seasoned and venerated than myself. Despite his near-decade at Dior, most claimed the collection spoke of a newfound ease – no mean feat when you consider the dramatic history that looms large for anyone heading up a major *maison*.

"Yes," offers Van Assche, tentatively, when quizzed on such commentary. "But I would say that it is not the first time. And it is true, I'm happy with this collection – I'm very, very happy with it. But I've been happy for a few seasons now to be honest. It's true that the mixture of the elegant and the sporty really blended in what is a very Kris Van Assche kind of way, so I guess that's what people noticed."

The Dior Homme AW15 offering is without doubt a success, reclaiming the label's authoritative voice in regard to tailoring; an elevated, elegant form of suiting (bow tie, tux, tails) paired with Van Assche's strong sense of casual interplay and coupled with high-end kicks, leather track pants and colourful top coats.

When the collection hits our shores at Sydney's Dior Homme boutique later this month, it's safe to say there'll be something for everyone – young and old, formal or relaxed.

Perched opposite Van Assche, GQ's line of questioning hinges on the new fashion economy and the complexity of re-creating a collection show three months after completing it on the other side of the world. Apart from a slight humph at the need to



FROM LEFT: A GROUP SHOT FROM THE AW15 COLLECTION; KRIS VAN ASSCHE; MODELS AT THE CASTING; A RUNWAY LOOKBOOK; FINAL TWEAKS ARE MADE BACKSTAGE; THE OPERA HOUSE.

cast new models and fit their clothes, Van Assche dismisses any difficulties. Well, if his local Chinese team can get the Dior logo on the side of one of the city's most iconic buildings, and secure the stage of the opera house for the evening's eventual show, he's rightly not too stressed about what's set to walk. Rather, he's consumed with ideals of the Dior Homme 'man' – how such a gentleman lives and breathes.

"The character that I had in mind was this young man, a guy taking his girl out to the opera for the first time," he enthuses. "So he gets his tuxedo on and all that. But he's a contemporary guy so he wears it with a baseball cap. He might be wearing sneakers; he might take his date there on a bike. It gives you a dynamic view on evening wear. And he's going to see modern dance. Not Swan Lake."

And what of the jogging pants?
"We make them in a luxury leather...
So he could also be wearing jeans because he has a lot of street credibility."

Interestingly, the 39-year-old announces a displeasure of traditional black tie, "this almost old-fashioned idea of dandyism is something I really don't like. But [I like] taking time to dress up, taking the time to seduce or to be seductive. So, it's about all those notions from the past, but worked in a 2015 way. Take the idea of putting a flower on a lapel, for example, but wearing a dried-flower in a badge – the badges almost have a punkish side to them.

"I like to always imagine that this ideal 'Dior Homme' man that I have in mind knows all about tradition – he knows the codes and the rules that go with it. But he twists them into a personal style, in a contemporary way that he can wear. So I wanted it to be about elegance, but not in a historical, 'looking back' kind of way."

It's this specific understanding of the Dior *homme* that frames Van Assche's success – a point furthered by claims he invests little of 'himself' in the creations.

"I mean, if it was about myself, it would be really boring, an uninteresting catwalk that's for sure. I dress very classically."

So where does inspiration come from? "It's an ongoing process. Each end of season is the beginning of the next, so there's always a moment when I think things over, 'What did I do well?', 'What do I want to do better?', 'What do I never want to do again?' and 'What did I do too much?'

"And this season is a really good example as summer had been quite casual with lots of prints, graffiti and writing – it was all very much about going to the seaside to relax. The reaction against it was immediate, so the next one will be very sartorial, very much about tailoring – black

tie. Then when you say, 'black tie', you say, 'well, this is going to be really old-fashioned like the twenties or thirties."

It's from this point that in-house talk and far-reaching research begins.

"You have to know that it's a big, ongoing thing," explains Van Assche. "I'll do some research, then I'll have to tell the person in charge of fabrics about the research, which will make him research. It's the same for accessories. And on it goes. Even when I have just a vague idea about a jacket or a pant, I'll immediately start talking to the atelier; even if I have half of an idea, I'll get them working on things because then they'll tell me, 'Oh, but we have three ways to go about that.' So I'm like, 'Oh, two to three?' It's about getting the ball rolling.

"It also freaks me out, because sometimes, people are looking at you saving 'what's next?' And you have no idea. But I've been doing Dior Homme for eight vears and now I'm prepared. After each show I go away for 10 days to think things over and always try to come back with at least a hint of an idea. And then it starts all over again."



FROM LEFT: CASTING

DRESSED FOR THE

SHOW; BACKSTAGE

BEFORE THE SHOW:

THE FINAL WALK; A GROUP SHOT.

"THE DIOR HOMME" MAN KNOWS ALL ABOUT TRADITION – AND THE CODES THAT GO WITH IT." PHOTOGRAPHY: SASKIA LAWAKS; HIROAKI FUKUDA; BRUNO STAUB; MATHIEU RIDELL



Ninety minutes have passed since our chat with Van Assche and we're again installed at the forecourt of the Guangzhou Opera House. Where only hours earlier it was eerily quiet, it's now a mangle of black chauffeured cars, socialites, celebs and the frenetic flash of camera bulbs. It's nice to be an outsider for a change – to stand and watch the process. It also allows for consideration of the dramatic scale of the production.

We're led onto the opera house stage and seated, front row, in one of the erected stands. A round black curtain waits to be lifted. It's easy to imagine Van Assche looking down – brushing aside nerves and relishing the romance attached to creating a show within a show.

Nearby a predictable stoush about seating is being played out between a PR and media attendee, as celebrities start to fill from the front, pouting for the cameras amid a sea of production staff accessorised with clipboards and headpiece mics.

The lights fall black, music begins (not a '90s hit this time) and the curtain slowly

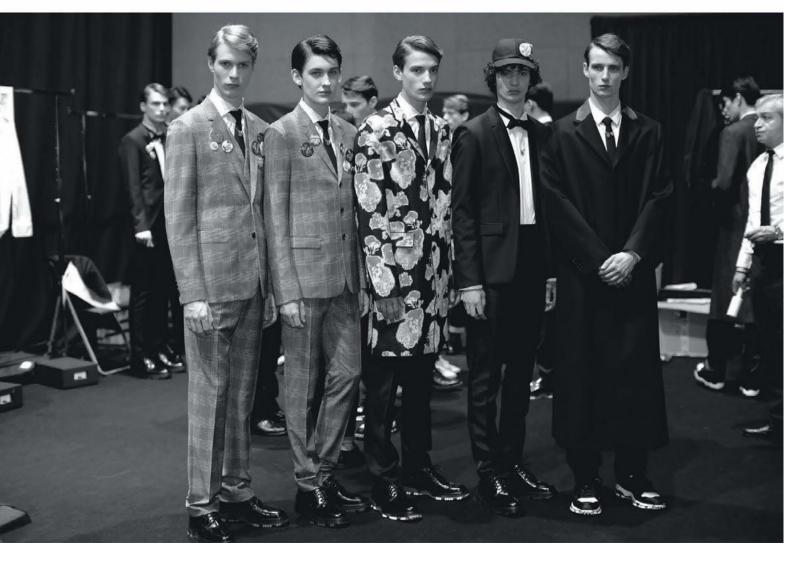
rises to reveal the Guangzhou Symphony Orchestra, sat in a large circle and facing outwards. Each member is clad in Dior Homme black tie and white sneakers.

The rhythm, a beat to which it would be easy to march, fills the space as they slowly start to spin around the stage – think of it as a large-scale, human lazy Susan.

On step the models, adhering to the musical timing, and Van Assche's romantic production is in full swing.

It's fitting given our final minutes with Van Assche were spent exploring what, beyond this romanticism, drives him.

"That's a tough one," he had said, stalling. "Um, I'm in a period where I try to do what seems impossible – like trying to make a five-piece tuxedo contemporary. I guess the more challenging aspect of fashion has been big on my mind. And even romanticism or poetry is a challenge for me. Putting flowers on a lapel, that's something most [men] don't like. And this vulnerability is not something that most men feel comfortable with. So it's always about finding ways to sneak it in there."



THREE MONTHS AGO, CAITLYN
JENNER PULLED THE
TRANSGENDER COMMUNITY
FROM THE SHADOWS AND INTO
THE GLARE OF GLOBAL NEWS
BULLETINS. SO DOES THIS
MARK THE BEGINNING OF A
NEW CIVIL RIGHTS MOVEMENT?
OR IS IT SIMPLY A PASSING FAD
FOR THE MEDIA TO SALIVATE
AFRESH? WE EXPLORE THE
JOURNEY FOR THOSE WITH
GENDER IDENTITY ISSUES,
WHILE LOOKING AT HOW FAR
WE'VE COME – AND HOW MUCH
FURTHER THERE IS TO GO.





CLOCKWISE:
JENNER IN 1976;
ON THE COVER
OF VANITY FAIR;
WITH DIANE
SAWYER; A STILL
FROM I AM CAIT.

April 24 of this year, Kardashian family patriarch and all-American, gold-winning Olympic decathlete, Bruce Jenner, sat across from US news anchor Diane Sawyer and announced that the previous 65 years of his life had been spent living a lie. "I am a woman." he told Sawyer and the 17 million people who tuned in to watch the broadcast. "That's who Lam."

And there she was, Caitlyn Jenner, a beautiful, stylish lady introduced to the world through the glamour of a *Vanity Fair* cover. Within four hours of joining Twitter, she'd amassed more than a million followers – Jenner's second world record, after a triumphant performance at the 1976 Montreal Olympics – and with an anticipated reality TV show *I Am Cait* also unveiled, just like that, without any sense of overemphasis, the transgender community had its most prominent ambassador.

But she's far from alone. Eleven months earlier, transgender actress Laverne Cox, star of Netflix's award-winning prison drama *Orange is the New Black*, appeared on the cover of *Time* magazine alongside the headline, 'The Transgender Tipping Point'.



Then in April this year Australian Andreja Pejic became the world's first openly transgender fashion model to be profiled in US *Vogue*, and in May, Massachusettsborn Hari Nef signed with global powerhouse IMG Models.

"She's a force," is how president of IMG Models, Ivan Bart, describes Nef, speaking down the phone from his New York base. "As a leader in the industry, we have the ability to break down barriers; this is an opportunity to explore what beauty means in 2015 – and diversity is key."

Several other cultural touch points relating to gender identity suggest growing momentum for greater inclusion within the West. In TV series *Transparent*, Jeffrey Tambor plays transgender woman Maura Pfefferman, who struggles to come out to her family. Said to be inspired by rumours of Jenner's secret struggles, it saw the *Arrested Development* actor win a 2015 Golden Globe, which he dedicated to the transgender community. "Thank you for your courage, thank you for your

inspiration," said Tambour in his acceptance speech. "Thank you for letting us be part of the change."

"Call me Caitlyn"

Set for release later this year, Oscar winner Eddie Redmayne leads the drama, and love story, in *The Danish Girl*. The film is an exploration of the life of Lili Elbe, who in the 1930s became the first known person to undergo gender reassignment.

And just last month, Google entered the trans conversation with a touching video detailing the poignant story of a young American transgender man and the local gymnasium that assisted his transition.

With every tale – real or imagined – comes recognition, a push towards acknowledgment and a seal of societal approval. Or does it? While the general mood regarding transgender issues may be positive, a few high-profile transgender people (and characters) does not a civil rights movement make.

"It's great to stimulate a discussion," says former Sydney University gender studies lecturer, Dr Jennifer Germon. "But one doesn't know where those discussions will go."

Agreeing that Jenner's transition has made a sudden, noticeable impact, Germon is quick to point out that a real, deep-seated change in attitude is only just being built and that blanket acceptance still sits far off on the horizon.

"While it looks good on the surface, there's still a long way to go. And you need to temper [any] enthusiasm because it doesn't mean life is better for the majority of trans people.

"The big milestones will come in relation to social disadvantage, but whether what's going on in popular culture at the moment will help facilitate change is the milliondollar question."

r Michelle Telfer is the clinical lead of adolescent medicine at Melbourne's Royal Children's Hospital (RCH). As the head of Australia's only dedicated multidisciplinary team for gender dysphoria

- when a child's felt gender is different to his or her biological sex - Telfer deals, daily, with young patients experiencing gender identity issues.

"Gender nonconforming behaviour in childhood is very common," she explains. "The average age of our patients is 12, but almost all of those have a history going back to the age of three or four, where they were aware of gender concerns.

"People often say, 'How does a threeyear-old know about their gender?' and I find that fascinating because if you have a biological boy who fits with our stereotype of what is 'normal', we accept that they can be certain about it. But if they say they're a girl, suddenly we don't trust them."

Gender confusion in children is more common than you might think. Last year a study of more than 8000 New Zealand school students, published in the Journal of Adolescent Health, revealed 1.2 per cent identified as transgender, while a further 2.5 per cent said they were unsure about their gender. That's potential for a lot of kids who feel they were born in the wrong body.

While RCH had just three children present with gender identity issues between 2005 and 2007, in recent years the numbers have spiked. "In 2012, we had 18 patients, in 2013 we had 40, and last year it rose to 105 referrals," says Telfer. "This year we'll easily have in excess of 150."

Increased access to the internet and social media means transgender youths no longer feel isolation as before.

"We often hear stories of young adolescents who are depressed, anxious or feel something is wrong, and who come across a story online about someone who's gender diverse or transgender, and identify with it," says Telfer. "Suddenly they have a language they can use to express themselves, and will then identify as transgender."

Dr Elizabeth Riley, one of the country's most respected experts on gender identity issues, operates a private counselling service from her home in Sydney's northwest. She too noticed an increase in cases from 2012, though that also has to do with her doctorate 'The Needs of Gender-Variant Children and Their Parents' gaining widespread media attention.

"That rocketed my practice up," recalls Riley. "Before that, there really hadn't been children coming forward."

Riley's first task, essentially, is to listen to both patients and parents and understand their concerns. Often if the children are very young, she'll ask the parents to come alone. "It's the future that worries them how their child is going to be treated, but also what about surgery, what about work, whether they're going to have a partner.

"Gender nonconforming behaviour in childhood is very common. The average age of our patients is 12, but almost all of those have a history going back to the age of three or four, where they were aware of gender concerns."



"And parents often want to know for sure – they want a diagnosis. I tell them a child needs permission to be different, and not be locked into something," she says. "If they can speak about it, the children feel freed from a lot of shame and embarrassment. Just in the first session, there's often a visible change in their demeanour – sometimes there will be tears of relief. It can be very emotional."

This intensifies once a child hits puberty.

"That's when there's a lot more distress. I get referrals of young people already in puberty and who are suicidal or cutting themselves, and their parents have taken them to a psychiatrist who's said it's gender-related."

While gender in early childhood is often fluid – and not all gender variant children will later identify as transgender – Telfer agrees that puberty is a turning point. "99.5 per cent of people who identify as transgender at, or after, puberty go on to

remain with that identity." And that's when medical intervention can be considered.

"At that point we can start someone on puberty blockers," says Telfer. "They don't stop growth generally, or your brain from maturing emotionally and cognitively, they just stop the sexual characteristics from developing."

These so-called 'stage one' treatments are administered as an injection, every three months, at a cost of about \$5000 per patient, per year (which RCH covers for its patients).

Given puberty blockers are reversible should a patient stop treatment, they effectively 'buy' a person time to confirm they're on the right track, before considering more permanent measures.

The next step, 'stage two' treatment, is cross-sex hormone therapy – daily oestrogen pills for those who identify as female, or regular testosterone injections for male-identifying patients. "Those medications cause permanent changes to your body, so it's a big decision," says Telfer. These are typically administered around 15 or 16 years of age and, in the vast majority of cases, will need to be taken for the entirety of a patient's life.

But there's a catch. Under current Australian law, no one under the age of 18 can receive cross-hormone treatment



without taking the matter to court. Under 18-year-olds must prove what is known as 'Gillick Competence' – a legal term

named after activist Victoria Gillick who won a landmark 1985 ruling in the UK's House of Lords to restrict the prescription of the contraceptive pill to minors. Since the decision also applies to Australian cases, it means families of transgender children must appeal to the Family Court.

"It's still a major problem that needs to be changed," states Telfer. "The court process is extremely distressing for the families, it can take a long time, and it's also expensive. For parents who can't find a pro-bono lawyer to represent them, the costs are somewhere between \$20,000-\$30,000."

Ironically, the Family Court's judgment relies solely on the advice of the hospital's medical team – the same people attempting to get their patients access to treatment. So far, every case brought before the Family Court has been successful.

Previously, minors seeking access to puberty blockers also had to take the matter to the Family Court, though this was overturned after a successful legal appeal in 2013. It puts parents and doctors in yet another tricky position – where a child's puberty can be delayed without the certainty of access to stage-two treatment at the ideal time.

"If you're stopping someone's puberty at 11 or 12, until they're an adult, that's going to cause psychological harm," says

Telfer. "We need to change the legal situation, which will take either a High Court challenge, or a change to federal legislation."

This predicament is more than simply inconvenient. Research shows transgender adolescents who do not have access to treatment – for legal reasons or due to parental refusal – have a 50 per cent chance of self-harming, with those at risk of suicide as high as 30 per cent.

On the other hand, a study of patients at the Dutch VU University Medical Centre's gender dysphoria clinic – on which RCH services are based – revealed children who received the standard course of stage one and stage two treatments, at optimal ages, were said to have mental health outcomes comparable to that of the general population.

Riley says it's for this reason that educating parents is crucial. "If there's a great resistance to accepting [their transgender children], sometimes you have to say, 'You might end up with a dead child.' That's the bottom line."

Late last year, 17-year-old Leelah Alcorn wrote a well-publicised account of her experience living as a transgender girl in small town Ohio, USA. She spoke about the joy she felt on discovering that she wasn't alone – that there were others out there who felt the same way. She then outlined how her parents refused her to transition medically, stating that God didn't make mistakes.

"If you are reading this, parents, please don't tell this to your kids. Even if you are Christian or are against transgender people, that won't do anything but make them hate them self," wrote Alcorn.

She posted the note to her Tumblr page and then, in the early hours of December 28, walked into traffic on the Interstate 71 highway and took her own life.

> iz Duck-Chong's story is a happy one. A friendly, articulate 22-year-old filmmaker from Sydney, she came out as transgender to a close friend at 16, telling her parents and family a year later.

"It was a positive experience," she recalls, today. "It took [my family] a little while to get used to, but that's just because I'd been thinking about it for two or three years before, and they'd only been thinking about it for a week."

Her high school was less accepting. "I had approached my year coordinator and principal about coming out, and was told I wasn't able to do that. Looking back, it would have been nice to press that a bit more. It's one of my regrets that I didn't come out at school, and not being able to do that was quite difficult."

Struggling with some mental health issues at the time - 60 per cent of transgender women under 30 have experienced a major depressive episode - Duck-Chong chose not to push the matter with the school. Instead, she began therapy, with mixed results.

"There are definitely therapists who have trained in gender areas and mental health," she says, "but there are a lot of people who haven't, and who are quite antagonistic towards it, who don't believe it exists, or have archaic views. I often found myself educating therapists on what the latest research was.

"I've been really lucky to have a supportive family and core group of friends. All of those things are fantastic, but it's quite rare. Lots of my trans friends don't have familial support and have lost a lot of friends. That's especially the case of people who transition later in life, but my journey has been incredibly positive."

Like much of the wider community, Duck-Chong admits a sense of delight on first seeing Jenner's Vanity Fair cover.

"There is some truth to it being the next big social justice issue, the way gay and lesbian rights were in the '70s and '80s. But for all the magazine covers in the world, there is still a lot of discrimination."



"I thought it was great. And one of the really nice things is that most of the positive reaction is towards how happy she is. But after seeing people transition into extraordinarily attractive men or women, the next step is accepting people who don't fit any of those labels.

"There is some truth to it being the next big social justice issue, the way gay and lesbian rights were in the '70s and '80s and it'll be interesting to see if it continues or if it peters out. But for all the magazine covers in the world, there is still a lot of discrimination."

Despite the overwhelmingly positive response to Jenner's big reveal, the vast majority of discussion focused on her looks. And it's this preoccupation with transgender people's appearance that hints at the arduous reality of many to be accepted for who they are.

In this respect, Duck-Chong says she's fortunate. "I have what is termed 'privilege' for passing as cisgender," she says – cisgender essentially being the opposite of transgender, someone whose gender identity and biological sex are aligned. "Personally, I don't face that much discrimination because I have the luck of being able to blend in. I've received the same gendered slurs that many women face in public, but that's a very separate form of discrimination."

Continued on page 171









































DEDICATED TO PERFECTION

WITH VIRGIN GROUP APPROACHING FIFTY, AND THE WORLD'S FIRST VIRGIN HOTEL JUST OPENED, THE BRITISH BILLIONAIRE TALKS ABOUT AMBITION, IRREVERENCE AND HIS ULTIMATE SECRET TO SUCCESS.



rom the get-go, Sir Richard Branson has set the framework for a new breed of flamboyant billionaire. An unapologetic self-promoter and party boy - Branson's also an astute leader, one who craves creativity and personal enjoyment.

Cue the perma-smile he sports alongside those sandy teenage locks; cue the simple fact he remains eager to take risk in the hope of achieving success; cue a track record that shows his unique approach to business, with its win/loss ratio, proves he knows exactly what he's doing.

See, Branson is aware of what he likes always has. And it's an approach that's served him well, across the many different sectors he's informed - music, finance, transportation, communications and beyond.

Here, today, hotels are on his mind having recently opened the world's first Virgin Hotel in Chicago - and what he doesn't like.

"Overcharging on minibars for one," the 65-year-old tells GQ, energetically ticking items from his fingers. "Paying extra for the same dish on room service; hidden fees for late check-out; paying extra for wi-fi. Oh, don't get me started on the bloody wi-fi."

With four more properties scheduled, and a number of other new ideas in the pipeline, the Brit isn't about to take a step back anytime soon.

But how exactly does he do it, and what are the keys to his maintained drive and incredible achievements?



GQ: Why have you waited so long to open the first Virgin Hotel?

Richard Branson: Good question. I suspect we should have launched Virgin Hotels 30 years ago, because we've had business people flying all over the world - on Virgin Atlantic, Virgin America and Virgin Australia - and loving the experience. But then at the end of it, they're dumped into hotels that aren't very Virgin-esque at all, like the Hilton. Now we're looking to complete their journey properly.

GQ: And why Chicago for the first property? The location is surprising.

RB: We identified a number of cities that interested us, then went looking for potential sites. In Chicago, we found this beautiful, iconic 1930s building [the Old Dearborn Bank]

pretty much immediately. So that's why Chicago was first – often the decision comes down to whether you can find the right building to convert, and how soon you can get into it.

GQ: What's the plan in regards to the rollout - global domination?

RB: I was asked a similar question when we started Virgin Atlantic and I said, you know, maybe four, five planes? And now Virgin has nearly 300 aircraft. So it's hard to say. We'll try to grow steadily - we already have New York, Nashville, New Orleans and San Francisco underway, and London will happen too, so there's a lot going on. But the key is also to watch the Chicago hotel, to see what people like and don't like, and to understand if we've got the formula right.

GQ: Is an Australian hotel in the works?

RB: Absolutely. I love Australia, and Sydney in particular, so any excuse to get down there and throw a party. The whole city is just such a refreshing, exhilarating place to visit. I love the Australian people, they're so much fun and we've built some tremendous businesses out there. So yeah, that is definitely on the cards.

GQ: There's never just one thing on the go with you – so what other Virgin ventures are on the cards?

RB: Virgin Cruises. The idea is to do something completely different – to tap into the millions of people who would never have dreamed of going on a cruise before. Our boats are being built at the moment and they will be bigger than normal cruise ships. It will take three years to finish them, and in that time we want to create a cruise ship company that is not only affordable but fun; where people will genuinely not want to get off at the end. I imagine we'll start with the Caribbean.

GQ: Talking generally – after 50 years of business, what keeps you motivated to continually try new things and adopt risk when you needn't?

RB: It might sound trite, but I see it as one long learning process. I love creating things - I love enabling other people around me to fulfil their dreams of creating things. And we all get a kick when we're praised, we all flourish with that. I'm lucky because every day is different and that keeps you interested. You have to throw yourself into anything you do in life – if you throw yourself in and try to make people smile, then somehow you can do pretty much anything. I've done a lot of mad, fun things to put Virgin on the map - occasionally I've nearly killed myself in the process, but it's been a lot of fun.

GQ: There must be some regrets?

RB: I honestly don't think so. Generally speaking, we've been extraordinarily lucky, and the majority of things have worked out. I wouldn't change anything, I've had an absolute blast. Admittedly, not everything we've started has been a success. I mean, we found with Virgin Brides that we had to move on. I guess there weren't enough of them out there.

GQ: What would be your top pieces of advice when it comes to commercial business?

RB: Nothing ventured, nothing gained. Or, as I often say, 'Screw it, let's do it.' I'm nicknamed 'Doctor Yes' in the office and as a general rule, I do find saying 'yes' is a lot more fun than 'no'. There are always going to be tough moments, especially when you push the boundaries, but you learn to pick yourself up, brush yourself down and move forward.

GQ: How would you describe yourself as a boss?

RB: I've been fortunate to hire intelligent, talented experts to run our Virgin businesses. Like me, they know what they don't know and get the job done right by surrounding themselves with capable people. My trust in them is why I feel strongly that employees

should have the freedom to decide where and when to work. If you show trust, they'll return it in dedication and hard work.

GQ: You turned 65 earlier this year. Got any retirement plans?

RB: No, I don't. To be honest, I've never really thought of myself as working in the first place. I love what I do – and I'll continue doing it 'til the day I drop. virginhotels.com ■

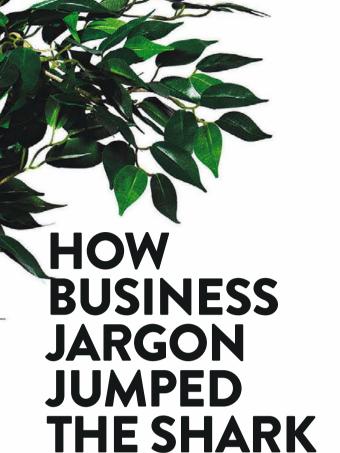






BRANSON AT
THE OPENING
OF VIRGIN'S
FIRST HOTEL
IN CHICAGO;
THE COMMONS
CLUB; CITY VIEWS
FROM THE BAR;
A ROOM IN THE
NEW HOTEL.

"I'M NICKNAMED DOCTOR YES' IN THE OFFICE AND AS A GENERAL RULE, I DO FIND SAYING YES' IS A LOT MORE FUN THAN 'NO'."



THERE'S A PLACE FOR USING TERMS SUCH AS 'NET-NET', 'SCALABLE', 'BLUE-SKYING' AND 'OPTIMISING' - AND THAT PLACE ISN'T ANYWHERE OUTSIDE THE OFFICE. TIME TO LEAVE THE ENTREPRENEURIAL LINGO TO, YOU KNOW, THE ENTREPRENEURS. CAN WE ALL ACTION THAT? STAT.

> n embarrassing thing happened recently at a prominent Silicon Alley eatery. A young CEO was enjoying a pleasant dinner with his investors when he was suddenly shown the door by restaurant staff. Turns out, the maître d' overheard the exec say, "Guys, I need to exit immediately," and took it literally.

It's hard to blame the poor waiter for his confusion. Once upon a time, talk of exit strategies was confined to fire stations and military facilities, but as start-up culture increasingly infects daily life, such insider lingo has become standard even in social settings. There are precedents: English is a verbal melting pot that never stops boiling, a mash-up of huddled masses, a gorgeous mosaic of accents, inflections and intonations. Over the past few decades, our vernacular has incorporated such dialects as



Indeed, driven by shows like *Shark Tank*, on which the likes of Janine Allis (Boost Juice), Andrew Banks (Talent2), John McGrath (McGrath Real Estate) and Naomi Simson (RedBalloon) have democratised such previously esoteric concepts as pre-money valuation, convertible notes, and supplychain management, not to mention other pop-culture confections inspired by the youtoo-can-be-a-billionaire tech bubble (we're looking at you *Silicon Valley*), business jargon seems to have become our *lingua franca*.

It's as if our mother tongue had been incubated in an MBA accelerator. Call it the mission creep of start-up-speak, the Esperanto of entrepreneurship. Let's face it: we're all 'disruptive innovators' now. And the sad truth is, we sound kind of wanky.

You've surely heard similar stuff. Perhaps it started when your mum labelled herself 'chief domestic officer'. Or when a barista said he was 'expediting' your latte. Or was it the customer-service rep who promised to 'action' your item? Maybe it was the time your bartender decided to 'socialise' a new cocktail or when your cousin 'pivoted' from commerce to philosophy at uni? Maybe it was when the babysitter quit because the gig wasn't 'scalable'. Or the day every single one of your friends started 'circling back', 'teeing up', 'blue-skying', 'whiteboarding', or 'running point' on something? The straw that broke our back? The electrician who emailed, 'Will revert by COB.' WTF?

But we can't just blame others, because chances are we're also talking the talk.

"USING START-UP LINGO IS THE ROMANTIC EQUIVALENT OF WEARING A BLUETOOTH HEADSET."

Was that really you who slipped into corporate-speak and 'tasked' your assistant to pick up the dry-cleaning? Could it be you who just chirped, without the slightest irony, 'Net-net, we had a pretty good holiday?' Did you really tell your buddies you had a 'friction-free' buck's party or that you 'optimised' your breakfast?

So how did it happen? What infected us? According to Andrew Yang, CEO of Venture for America, a non-profit that helps young people start companies in emerging cities, it's just life imitating capitalism.

"We're evolving because the workplace now makes it a priority for employees to become more entrepreneurial." The risk, as Yang points out, is that all this official-sounding nomenclature – MVP, bootstrapping, hackathon, acqui-hire, big data, fail fast – threatens to turn us into a horde of conformist clowns with a communal vocabulary so oversaturated that it loses all meaning. "It's starting to get a little ridiculous," admits Yang, with a sigh. Other students of linguistics are more sanguine, chalking it up to human nature.

Jim Stigler, a psychologist and co-founder of Startup UCLA, an on-campus university incubator, says mass language adoption like this happens all the time. "Human beings take concepts from one domain and infuse them into another. It's just the way the mind works and what drives creative change. If there's a fit and a need, people will latch onto something." So how long must we expect to keep on latching on?

According to Michael Adams, a university professor specialising in the history of the English language, jargon endures if it's elastic enough to branch into more general types of speech. "Look at slang like 'yada yada yada'," he says. "That was a mostly obscure Yiddishism until it got into *Seinfeld* and everyone started saying it. But now no one uses it anymore."

By way of contrast, he cites the success of '86', which originated as code for 'out of stock' among American soft drink vendors in the '20s. The fate of start-up-speak could go either way.

"If this jargon is going to make that permanent transition," says Adams, "it's going to be a generation until we know."

The good news? Unlike sticks and stones, jargon never hurt anyone. No one was killed for pointing out the 'salient' features of a tasting menu or faulting the 'user experience' of a ski lift. At least, not yet. So let's task ourselves with efforting to adopt the following action item: use moderation. Consider this cautionary tale from a sector where business jargon never works.

"I know one entrepreneur whose new girlfriend dumped him because he treated her as 'another stakeholder to be managed'," says Yang, who warns that mixing business-speak and dating is a recipe for disaster. "Using start-up lingo is the romantic equivalent of wearing a Bluetooth headset," he notes. "It tells everyone you're on and turns off more people than it attracts."

A GLOSSARY OF TORTURED TERMS

bandwidth

PROPER USE:
N: amount of
time an employee
has for any
given project
JARGON ABUSE:
'I wanted
to clean the
kitchen,
but I just didn't
have the
bandwidth.'

cascade

PROPER USE:
V: to disperse
information to
subordinates
JARGON ABUSE:
'Let's
cascade this
holiday
itinerary to
everyone.'

effort

PROPER USE: N: exertion JARGON ABUSE: Verbisation, a frequent faux pas, as in 'efforting' to get a dinner reservation.

ideate

PROPER USE: V: to brainstorm JARGON ABUSE: 'Can we ideate some options for happy hour?'

optimise

PROPER USE: V: to rework to create maximum efficiency JARGON ABUSE: 'Getting an Audi A8 is really going to optimise my commute.'

pivot

PROPER USE: V: to transition or change directions at a specific point JARGON ABUSE: 'Pivoting from coffee to green tea was totally worth it.'

scalable

PROPER USE:
Adj: capable of
performing well
or better at
greater size
JARGON ABUSE:
"I don't have
the supplies to
make this paella
scalable."

value-add

PROPER USE: V: to enhance a product before presenting it to consumers JARGON ABUSE: "The prixfixe menu is great, but let's value-add it with the wine pairing."



THE BUSINESS

NAME PHILIP CORNE

ROLE CEO, LOUIS VUITTON OCEANIA

A CHARTERED ACCOUNTANT, HE HAS ENGAGED SEVERAL SUCCESSFUL CAREERS WITHIN HIS 27-YEAR STINT AT THE LEADING LUXURY MAISON. SAFE TO SAY, LOYALTY RATES ON HIS AGENDA.

TERTIARY EDUCATION WAS ALWAYS AN OBJECTIVE.

I grew up in a family that had no money and it was an issue. Having a good education was the way I saw myself avoiding that same position. So I did a bachelor of economics at Sydney University.

I WENT STRAIGHT TO KPMG, or Peat, Marwick, Mitchell & Co as it was then, in the audit division. I qualified as a chartered accountant and had almost 10 years there. I'VE HAD THREE JOBS IN MY TIME WITH LOUIS **VUITTON.** I started off in finance in Australia, ended up as the CFO for the fashion group division in the United States, and then came back to Australia [in 2003] into the role I have now.

LIFE IS ABOUT BEING PREPARED. If I'm given an assignment today, I'll go home and start it tonight. I'm not a last-minute person - I like to start early, get it done and avoid any mad rush at the end.

QUALITY, SERVICE, PRODUCT AND BRAND HAVE BECOME MORE IMPORTANT THAN JUST HAVING 'STUFF'. The GFC and what followed sharpened the perspective on what was important, and people have [since] shopped more economically for basics. Though when it comes to staples, they go straight to the top and would rather have less.

I'VE NEVER WORKED ON THE ASSUMPTION I HAVE ALL THE ANSWERS, OR EVEN ANY OF

THEM. I try to interact and ask questions of people who I know have good knowledge and experience in different areas. I bounce stuff all the time, with the team in the office and people I respect.

NOTHING WE DO IS LIFE-THREATENING, SO LET'S JUST GET OVER ANY ISSUES AND GET ON WITH IT. I really believe in the team and that people



need to be moving ahead at the same pace, with no surprises – the sooner it's out there, the sooner we can work towards a solution. PEOPLE BUY LV FOR A VARIETY OF REASONS, BUT THEY COME BACK FOR THE SAME REASON. And that is the quality. To have and to hold a piece is one thing, but to understand what sits behind it and the craftsmanship and the history and the stories in relation to the product, and what will work best for you well, that's what we like to think our teams impart in store.

AS A BUSINESS, LV DOESN'T PLAY BY THE RULES.

We never go on sale and I can't think of any other brand that doesn't. We also don't

distribute through third parties or have diffusion lines. You may find that restrictive, as we miss opportunities like liquidating old stock. But we won't do that because we won't say to a client what you bought yesterday is worth less today. WE DON'T USE THE WORD CUSTOMER - THAT'S

ATRANSACTIONAL RELATIONSHIP. We refer to clients, as someone in the context who we will advise and advise over a period of time, and that's an important difference. It's to do with having the mindset that we're about the relationship and not the

"PEOPLE COME BACK **TO LOUIS** VUITTON FOR THE SAME REASON. **AND THAT** IS THE **QUALITY.**"

transaction, and what that can bring us over a period of time.

YOU LEARN EQUALLY FROM MISTAKES AND SUCCESSES, THOUGH YOU HOPE TO MAKE LESS OF THE FORMER. Success is about brand consistency – it starts with having a relevant and high-quality product, and then it's that interaction with the client. I've learnt not to be complacent – it's the biggest risk in life. CHINA IS AN IMPORTANT MARKET, BUT THERE **ARE OTHERS, TOO.** The US and Europe are doing well, though the business in general is geographically spread and some markets move quicker than others at certain times. And looking at LVMH results just for the first quarter [2015], the growth was 16 per cent – no one market drives that exclusively, though some are more important than others at a point in time, but that changes. LV IS THE SECTOR LEADER. AND WE'RE **DETERMINED TO STAY THERE BECAUSE OF** INNOVATION AND CREATIVITY - AND BY TAKING THE PAST WITH US. We'll bring out a new product today, but there'll be something about it you can take back 100 years - be it a colour, a design, a stitch, a metal part. That's a real strength of the brand. THE ONLY THING THAT'S THE SAME ON ANY GIVEN

DAY IS THE COFFEE I PICK UP ON THE WAY TO THE **OFFICE.** That's what has kept me here this

> long – you meet a lot of different people and see a lot of interesting places and things. I like that. WORK-LIFE BALANCE IS NOT THAT

EASY, PARTICULARLY IF YOU TRAVEL.

But key to having any balance is having a great team – I can go anywhere, anytime, and be confident the team can manage the vast majority of issues that arise. And then you've got to be disciplined – I try to keep weekends free.

I DON'T SWITCH OFF DEVICES, BUT I CAN SWITCH OFF MYSELF. I just do. I don't meditate, I have an onoff switch. And that switch was honed and fine-tuned in the US. I was in New York on September 11 and, well, I'll often talk of perspective to the team here.

GQ INC.

INSPIRATION BOARD

"Having things out in the office is key – as an idea can come incidentally. You'll look at an image and something will click. And organised chaos is important because if everything was tucked away and nice and neat, a lot of concepts wouldn't come out as easily."

THE ENGINE ROOM KELVIN HO

FOUNDER, AKIN CREATIVE

CAMERAS

"That's a Leica
'M-A' and a
Fujifilm 'X-Pro1'.
These are just
rangefinders, not
super technical or
anything, but iconic.
I like documenting
things – it's an easy
way to record an
idea or moment."



STREET CULTURE

"That's a classic Kate
Moss poster that was
all over New York
City. Supreme is an
amazing label and
it was shot by Terry
Richardson. Street
culture is something
I grew up with –
skateboarding was a big
part of my childhood.
It's a more subversive
kind of culture."

MODELS

"We call these sketch models and make hundreds of them. We just keep trying different iterations of the same design. There's plaster, blue foam and cardboard. The way we work is analogue as opposed to digital. We like to draw tactile, real things."

He exudes the quiet confidence of a man who lets his work speak for itself. That includes architectural and design projects for Merivale, Incu, Dion Lee, Camilla and Marc and The Australian Ballet. Here, in Sydney's Surry Hills, the 36-year-old unpacks the "organised chaos" that is his workspace.

LAMP

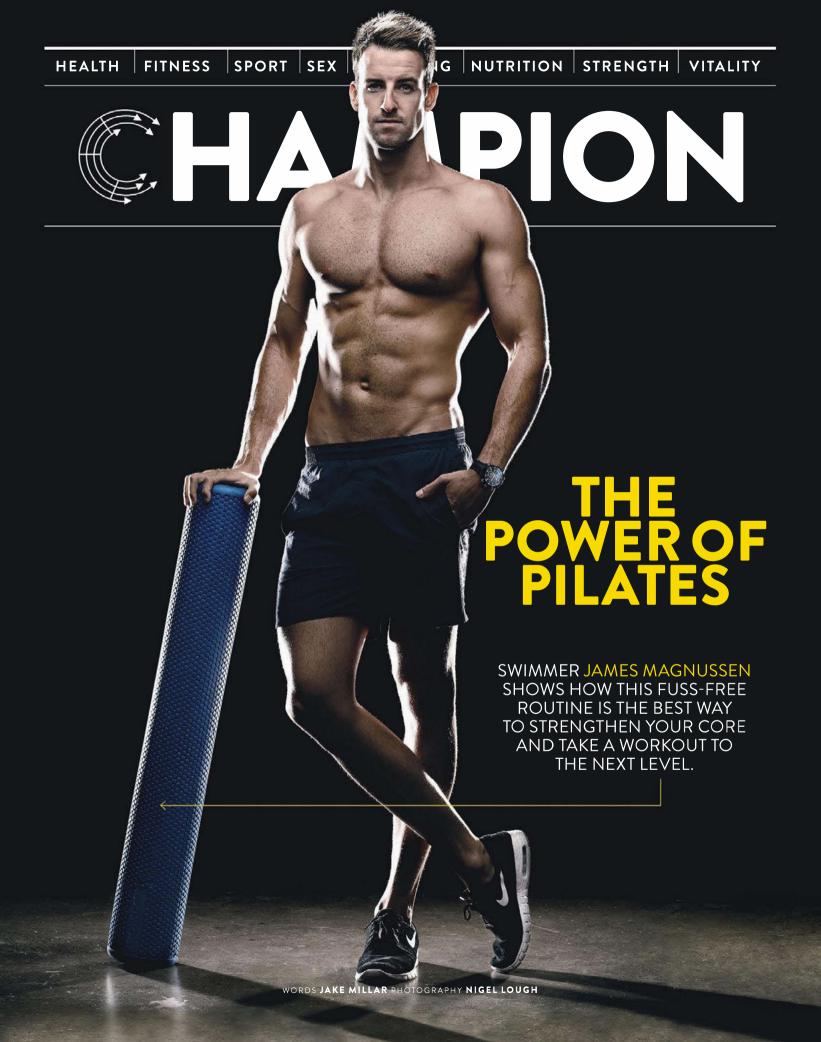
"I like collecting lamps and furniture. For me, it's about investing in beautiful things. This lamp has a really nice design – quite a feminine shape, which contrasts with the industrial base. It's a good colour. Nude. Or salmon, maybe?"

воокѕ

"Architecture and art books are a big inspiration. I buy these when I travel. Even things that are totally unrelated like this one, Building Small Boats – just the way traditional craftsmen work can be interesting and a great source of creativity."



THE VOGUE LIVING 2015 MILAN REPORT IN ASSOCIATION WITH NATUZZI



nce restricted to hipsters and detox enthusiasts, Pilates is now the go-to for serious athletes looking to improve balance and build up their core. James Magnussen shares five of his key exercises that can be done using the kit in your average gym no fancy Pilates machine required.

Aim for twice a week, either as a standalone routine or a regular workout on top. And remember – slow and steady wins the race; it's about careful, controlled movements, and stop if you feel yourself losing balance, even if the recommended repetitions haven't been completed.

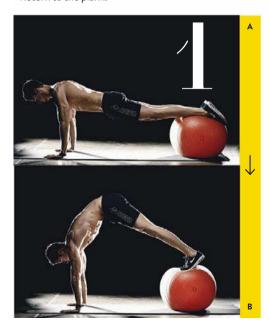
EXERCISE 1

Three sets of 15 reps, with a minute rest between each.

- · Start in a horizontal plank, with arms and legs straight, and feet on the ball.
- Push up into a pike position, by using your core and glute muscles to draw the ball towards hands.
- · Hold for one-two seconds.
- Return to the plank.



KEEP LEGS AND ARMS STRAIGHT THROUGHOUT THE WHOLE EXERCISE.







EXERCISE 2

Three sets of eight reps on each side, with a minute rest between each set.

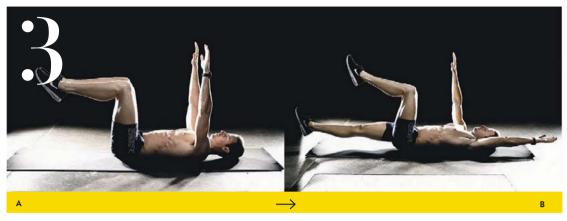
- Start on all fours, with legs bent, arms fully extended and back straight.
- · At the same time, reach right arm out in front of you

and extend left leg behind you, so there is a straight line from hand to foot. · Hold for two seconds,

- using core muscles to avoid twisting your body.
- · Return to the original position and repeat on the opposite side.



DON'T ARCH OR HUNCH YOUR BACK -YOUR SPINE SHOULD REMAIN 'NEUTRAL' THROUGHOUT.





"My whole week is planned to the minute - where I have to be and what I have to eat," says Magnussen, whose ambassadorial role for luxury watch brand Maurice Lacroix must surely come in handy. "I have seven swim sessions, three weights sessions in the gym and two Pilates sessions. When I'm fully fit, I swim 30km a week, and in the off-season that doubles to 60km. I enjoy Pilates because swimming is a pretty solitary sport - so it's nice to be able to talk to people."

Three sets of eight reps on core muscles to keep each side, with a minute rest between each set.

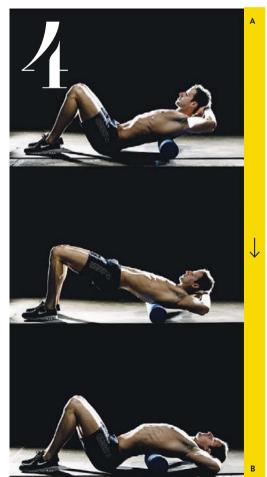
- · Start on your back, with arms fully extended and legs at a right angle.
- · At the same time, swing left arm above your head, and extend right leg, using

yourself from twisting your body.

- Hold for one-two seconds.
- Return to the original position and repeat on the opposite side.



KEEP ARMS AND LEGS AS STRAIGHT AS **POSSIBLE DURING** THIS EXERCISE.



EXERCISE 4

Repeat for each spot along your back that feels tight. Typically Magnussen does four levels along his spine.

- Lie on a mat, with hands behind your head, and place the foam roller just below shoulder blades. • Push up with your
- core until there's a straight line from knees to shoulders.
- · Push back with heels, until the foam roller is at a position where you feel tightness in your spine.
- Drop bum to the floor and lean back so elbows touch the mat.
- Hold, nice and tight, for one-two seconds.
- · Repeat, as required.

TIP

DO THIS

AFTER A REGULAR

EXERCISE ROUTINE, IT WILL OPEN

UP THE VERTEBRAE AND

ALLOW A BETTER RANGE

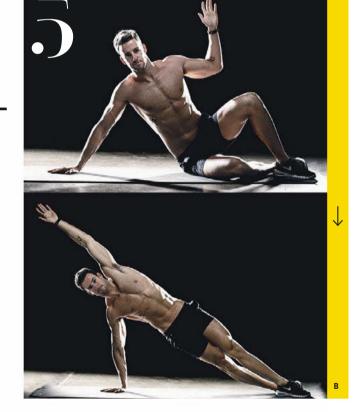
ROLLERS ARE AVAILABLE

FROM MOST SPORTS OR

OF MOTION. FOAM

YOGA STORES.

BEFORE AND



EXERCISE 5

Three sets of eight reps on each side, with a minute rest between each set.

- · Lie on your right side, with right arm fully extended, left foot crossed over the right.
- Extend left arm over head and push up with left leg, until both legs are straight.
- Keep body straight and reach left hand over your head as far as possible. You should feel the strain

through the oblique muscles on the right side of your body.

- · Hold for one-two seconds.
- Return to the original position and repeat with the opposite side. ■



AVOID TWISTING YOUR BODY. KEEP YOUR PELVIS PERPENDICULAR TO THE GROUND DURING EACH STRETCH.



ex scenes used to be fairly predictable: clothes off, doona on, three thrusts, two orgasms, zero chemistry. Even the likes of Sex and the City - as sexually liberated as it seemed - was more talk than action. But at last producers are upping the ante. Season four of Girls opened with Marnie (Allison Williams) receiving 'annilingus' in the kitchen – as you do. Not to be outdone, there's pegging (one to google) in Amy Poehler's comedy Broad City, a 69 in The Americans, and lengthy man-onwoman oral sex in The Good Wife.

Plus, it's not just what's being done that's evolving, but who's doing it. How To Get Away With Murder gives the same detail and emotional complexity to its gay sex scenes as it does to straight ones, while a pivotal episode of Masters of Sex – the program based on sex researchers Masters

SEX UPDATE



MARNIE IN THAT SCENE IN GIRLS; BROAD CITY'S ABBI AND A JADE ORNAMENT JOKING, IT'S A STRAP-ON.

SEX SPEAK

and Johnson – was a lab test involving female masturbation. After observing several orgasms, we discover the version society considers most 'typical' of women - loud, breathless, writhing - was being faked. The lesson. Every woman's different.

And that's the crux of 2015's TV sex scenes. Some are funny, some are uncomfortable, but for the first time, some leave us thinking, 'I might try that' - and that can only be a good thing. Though be sure to check the stove's off first.

What TED Taught Us

THREE SEX FACTS WE'VE LEARNT FROM THE EDUCATIONAL TALKS. NOTEPADS AT THE READY.

"You can orgasm when dead"

After death, stimulating the trigger an orgasm reflex just one genius factoid in comic writer Mary Roach's 10 Things You Didn't Know About Örgasm. Others include whether foetuses masturbate (pictorial evidence suggests yes) and the longest recorded ejaculation - 2.4 metres, if you're feeling competitive.

"We're programmed to share partners"

In Are We Designed to be Sexual Omnivores?, psychologist Christopher Ryan looks at the promiscuity of prehistoric humans, plus chimps which can have sex with up to a dozen different partners a day – to encourage a greater respect for relationships that don't fit the heterosexual' label. Smart stuff.

"Time apart is key for longterm lust"

That's psychotherapist Esther Perel's revelation in The Secret to Desire in a Long-Term Relationship. She says a period spent away from your lover triggers imagination and longing. Also, watching your partner do things they're competent at: public speaking, performing, working the room. Turns out observing confidence is a powerful turn-on.

IT'S NOT PORN, IT'S ART

THE NEW EROTIC **PHOTOGRAPHY: VOLUME 2 GIVES TOP-SHELF CONTENT** THE COFFEE-TABLE TREATMENT, IF TERRY **RICHARDSON IS YOUR ONLY REFERENCE POINT, DISCOVERING 50 NEW EROTIC** SHOOTERS MAKES THIS TOME **ALMOST EDUCATIONAL.** THAT'S WHAT WE'RE TELLING **OURSELVES, ANYWAY, BUT** IT'S THE FEMALE SUBJECTS -FROM ADULT-MOVIE STARS TO A HEAVY-METAL ROCKER WHO STEAL THE SHOW. \$100, TASCHEN.COM



The 2-2-2 rule (n.)

FORMULA THAT KEEPS THINGS HOT: EVERY TWO WEEKS, GO OUT FOR AN EVENING: EVERY TWO MONTHS, FOR A WEEKEND: EVERY TWO YEARS, FOR A WEEK.



WORDS: DAVID SMIEDT, PHOTOGRAPHY: EDWARD URRUTIA. *FOR STOCKIST DETAILS, SEE P174.



8 OF THE TOP 10 BEST MARATHON RUNNERS OF ALL TIME ARE FROM KENYA.

THE BEST **RUNNERS**

FUNCTIONAL AND STYLISH -TIME TO MAKE LIKE FORREST GUMP AND HIT THE ROAD.

'GEL EXCEL 33 3' **RUNNING SHOES,** \$190, BY ASICS AT THE NEXT PAIR.

The mesh upper keeps things cool and dry while the 'FluidRide' feature strikes the optimum midpoint between cushioning and bounce. Exoskeletal heel pods ensure minimal movement on impact.

'GEL KAYANO 21' **RUNNING SHOES,** \$250, BY ASICS AT THE NEXT PAIR.

Long the serious athlete's footwear of choice. Asics has reduced the weight of these trainers to just 309g each, without skimping on the cushioning structure along the entire foot. Witchcraft, we say.

THE APP

While running solo works for some, if you fancy a bit of company, download Krunk – an app that links like-minded active types by matching to surfing) and fitness levels. Handy, since social interaction is a powerful motivator for dragging yourself out of bed when you'd otherwise hit snooze.



CHAMPION

outsole, this flashy new model is made with speed in mind, and the woven 'Flymesh 1.5' fabric supports without adding bulk. Test out in a store that offers 'gait analysis' as they best suit a mid-foot stride as opposed to on the heel or toes.

PUMP FUSION' ING SHOES, BY REEBOK.

k and its 'pump' technology (both big in the '80s) are back. An air-filled cage moulds the foot for a bespoke level of comfort, teamed with a compression casing that cradles the ankle down (in case you're curious).

'DYNACONF TEXT' **RUNNING SHOES,** \$99.95, BY LE COQ SPORTIF.

Though the brand's Gallic flair is more on show in chunkier street sneakers, this colour scheme shouts retro. Stability- and durability-wise, these are thoroughly on the money.

'IGNITE' RUNNING SHOES, \$130, BY PUMA.

The more kilometres run, the more runners you'll go through. But these offer extended life with the 'ForEverFoam' compound, which maintains the integrity of the heel, while a separate cushioning element keeps the rebound factor high.



News doesn't stop. News is instantaneous.





Many common verbal attacks are built on deliberate 'misgendering' – the refusal to use preferred pronouns – or confusing a person's identifying gender with sexual orientation. Last year the ABC was forced to defend a series of transphobic public tweets, aired during an appearance by Australian transgender military leader Catherine McGregor on Q&A. And, earlier this year a Senate inquiry detailed a number of cases of transgender people being deliberately humiliated by security staff during airport security checks. The reports revealed some even chose not to fly, to avoid such situations occurring.

Beyond such mistreatment remains the tangible threat of physical harm.

In June, transgender musician Stephanie McCarthy was bashed in the Sydney suburb of Newtown. Speaking after the incident, she stated that her refusal to hide placed her at greater risk of violence.

"Everyone saw it coming and they did nothing," said McCarthy. "And when it did happen, [hotel staff] did everything they could to get them out of there before the police arrived."

Concrete statistics on violence against transgender people are hard to come by – largely because many crimes go unreported. However a 2010 study in *The Journal of Homosexuality* showed 60 per cent of transgender people had experienced harassment or violence, and nearly half had been physically assaulted. Globally, it's estimated one or two transgender people are murdered every day.

urfers know it as the 'westerly' – the northern offshore wind that arrives on the Gold Coast each winter and brings with it a swell prized by locals. It's what powered a young Peter Drouyn's dominance of the sport – making it to world No.1 in 1970. Around eight years ago, this same natural force was the inspiration Drouyn, now known as Westerly Windina, took for her new name.

"When the moment came, Peter was swept away," recalls Windina of her sudden transformation, speaking of Peter as a long-lost friend, not her former self. "I went straight to the beach, and just started dancing and jumping around. I screamed with joy – it was just incredible. I knew straightaway then that I was female."

Windina doesn't consider herself transgender, and having undergone realignment surgery in Thailand, simply identifies as a woman. "Peter had the same sort of corrective surgery as a heart transplant," she explains of the operation. "Simple as that."

She says Peter had no apparent gender identity issues, but, being chronically shy, knew something was not quite right. It was this unease, she adds, that pushed him into the waves. "The freedom, the balance, the beauty, the sense of confidence – all these things drove Peter into surfing."

Prior to her transition, Windina had been caring for her ailing father, who eventually passed away in 2008 – the same year she announced, on national television, that she was living as a woman. She'd previously broken the news to champion ironman and good friend Mark Bennetts, whom Peter had known since the mid-70s. "I just opened the door to his car and jumped in," she recalls of that initial meeting. "He got the shock of his life."

While Bennetts stuck by her, many didn't – Windina largely ostracised by the same surfing community that had once celebrated Peter. In 2013, producers making a yet-to-be-released documentary about her life invited Windina to Surfing Australia's 50th Annual Dinner. She accepted, attending the surf community's largest social gathering as her idol, Marilyn Monroe. "I didn't want to go, but there were a couple of nice people there," she says.

Windina doesn't surf much these days, living a humble existence on the Gold Coast where she pens poetry, screenplays and novels. She also likes to catch films at the local cinema with her 26-year-old son, Zachary, the product of a three-year marriage that ended in 1991.

"He's very understanding because he can see I'm a much happier person than Peter," says Windina. "He still calls me Dad and I accept that – it's a bit funny in shops sometimes when he yells it, but we have a wonderful relationship."

While the average age of presenting RCH patients is around puberty, Melbourne's Monash Medical Centre's Gender Dysphoria Clinic has an average patient age of 40. It suggests that while many experience gender identity issues early on, if not dealt with soon enough, they can reappear at a later stage.

Jenner has said that her dominant athletic performances were driven by a desire to escape her own gender issues – that she was literally running away from them until she could no longer keep up the façade.

"If I was lying on my deathbed and I had kept this a secret, I would be lying there saying, 'You just blew your entire life,'" she said in the *Vanity Fair* cover story.

"People just hope like hell that it'll go away," explains Riley of her experience counselling older patients. "Usually, after a crisis – a parent's death, a divorce, an illness – it hits them in a really intense way and they start to feel suicidal. That's when they realise they have gender issues they haven't told anyone about."

This August, Caitlyn Jenner's eight-part docu-series, *I Am Cait*, airs on TV for the first time. Whether you think her motives are genuine, or if she's simply another Kardashian clamouring for her 15 minutes, doesn't matter a great deal. By coming out publicly, she's already highlighted the fact that transgender people – rich, poor, young, old – are not alone in their struggle and that their numbers are greater than ever realised.

Truth is, once the magazine covers have faded and camera crews have left, the real test of Jenner's transition is not how much she's changed, but how much we have.

If you or someone you know is in need of crisis or suicide prevention support, please call Lifeline on 13 11 14. There is also an anonymous online chat service available between 7pm and 4am AEST at lifeline. org.au, or visit beyondblue.org.au

For mental health support and information, contact the Mental Health Information Service on 1300 794 991.

For more information about gender identity issues, visit the Gender Centre; gendercentre.org.au

A brief note on terminology. The area of gender identity is a complex one, to put it mildly, and although the word 'transgender' has been adopted by official organisations like Transgender Victoria, it's not without controversy. We've used it in the above piece for simplicity's sake – though it should be pointed out there is no 'correct' umbrella term for all gender identities.

GQ lifestylecollection



VOID WATCHES

The PXR-5 was originally launched in 2005 as one of British designer Michael Young's first projects after relocating his studio to Asia. Its futuristic stainless steel case features a digital LCD display and is akin to a belt buckle that is attached to the wrist by a utilitarian, woven nylon strap.

In 2015, a decade after its introduction, the PXR-5 is included in the permanent collection of VOID Watches, an independent Scandinavian wristwatch brand launched by Swedish designer David Ericsson. The legacy of this iconoclastic design timepiece lives on through an incredible new collaboration.

www.voidwatches.com

avoidwatches

/voidwatches

CLIVE HAIR CLINICS

Concerned about hair loss? Find the reason and solution at Clive Hair Clinics.

We deliver unique solutions to stimulate hair growth using a non-drug approach.

The sooner you start, the better the results.

We've got you covered!

1800 80 42 47 www.cliveclinics.com.au







UBERMEN

Look Sharp, Stay Confident. The Brisbane-based men's fashion label features a collection of business, smart casual and exclusively designed floral print shirts. UBERMEN is determined to enrich your lifestyle, by carrying a selection of hand-picked merchandise for your everyday needs.

www.ubermen.com.au 275 George St, Brisbane Tel: (07) 3012 7221

www.facebook.com/Ubermen









VINTAGE TIMES

Vintage Times offers a huge selection of Antique & Vintage engagement rings, Cufflinks and Jewellery. Now in Double Bay, we offer perfect gift ideas for loved ones and our huge selection of Art Deco Engagement rings make us one of Sydney's premier Antique jewellery dealers. Located seconds from free parking & 5 mins from Edgecliff Station.

Shop 3, 10 Cross Street, Double Bay NSW 2028 0413 703 780

www.vintagetimes.com.au

1/VintageTimes



SUIT UP MENSWEAR

Suit Up Menswear specialises in formal occasion dresses for men and children. Full range of products, wide and diverse: suits, blazers, jackets, shirts, vests, trousers, shoes and accessories.

Quality suit packages with unbeatable prices, why hire when it is so affordable to own?

Phone: 02 9608 3336 (Sydney) info@suitupmenswear.com.au www.suitupmenswear.com.au

VINTAGE WATCH Cº



VINTAGE WATCH CO

Vintage Watch Co. brings to you over 20 years of experience dealing in the most collectable of timepieces for the buyer, seller & collector.

Our ever changing selection of modern and vintage pieces include Swiss brands from Rolex, Omega, IWC, Breitling, Patek Philippe, Panerai, Cartier and Tag Heuer. Our guiding philosophy has always been to source unique pieces in superior condition at a competitive price, all backed by a 12 month guarantee.

Alongside our vintage timepieces we also offer new brands from Longines, Tissot, RADO, U-Boat, Maurice Lacroix, Oris, Grand Seiko, Luminox, Bremont and MeisterSinger.

Whether you are looking for an heirloom, wanting to trade up for a new piece to add to your collection or a gift for yourself or someone special, then we offer one of the best selections in Australia.

Shop 28 The Strand Arcade, 412-414 George St, Sydney NSW 2000 +61 2 9221 3373

Brisbane

Shop 12-13 Brisbane Arcade, 160 Queen St, Brisbane Qld 4000 +61 7 3210 6722

www.vintagewatchco.com.au

@VintageWatchCo

/ VintageWatchCo

TANNER + TEAGUE

Offering innovative cut, construction and subtle colour.

Each Collection reveals sophisticated and edgy garments for work or

tanner + teague's progressive designs are proudly made in Melbourne.

Visit their store at 287 Smith St. Fitzrov Ph +61 3 94175659

www.tannerandteague.com.au



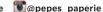


PEPE'S PAPERIE

For lovers of hand crafted leather goods and fine stationery, Pepe's Paperie offers a wide selection of high quality, luxury products from Labels Mondaine watches, Labrador Leather, Bellroy wallets, Acmestudio pens and many more brands & products.

www.pepespaperie.com.au **[]**/pepes.paperie **[]**@pepes_paperie







PACIFICO OPTICAL

Pacifico Optical produces premium hand crafted sunglasses inspired by classic silhouettes and the easy coastal lifestyle. The frames feature lenses by Carl Zeiss Vision, Italian designed acetate, and hinges and components from Italian and German suppliers.

Shop online 24/7 at www.pacificooptical.com - free shipping and returns on all orders in Australia.

🐻 @pacificooptical 🜃 / PacificoOptical



ROCK MY SOCKS

Quality, comfortable designer socks for the dapper gent.

Add a creative edge to your wardrobe with our impressive selection of unique designs and colours.

Shop online for free shipping Australia-wide.

10% discount for GQ readers with code: GQ10

www.rockmysocks.com





WHERE TO BUY

SEE SOMETHING YOU LIKE? HEAD THIS WAY.

Acne Studios 02 9360 0294 Aesop aesop.com

Alexander McQueen

alexandermcqueen.com

Anaesthetic anaesthetic.com

Apple store.apple.com Asics thenextpair.com.au Askill Projects colab.com.au

Bally 1800 781 851 **B&O Play** beoplay.com Barnaby barnabyshop.com **Ben Sherman**

02 8306 3338 BLK DNM blkdnm.com

BOSS Menswear 03 9747 6331

Brando brando.com.au **Burberry Brit** 02 8296 8588

> **Burberry London** 02 8296 8588

Burberry Prorsum 02 8296 8588 By Lassen fredishere.com.au

By Wirth norsu.com.au

Cahill+ cahillplus.com **Cambridge** 1800 128 900 Christian Louboutin 02 8355 5282

Citizens of Humanity

citizensofhumanity.com Coal strandhatters.com.au

> **Common Projects** sneakerboy.com COS 03 9639 0981

Country Road countryroad.com.au

Dan Hocking

spacefurniture.com.au **Daniel Hechter** 03 9654 0346

Dior Homme 02 9229 4600 Dolce & Gabbana 03 9662 4732

Ferragamo Timepieces 1300 586 450

Florsheim

florsheim.com.au **Fortuny**

kodalighting.com.au Frederique Constant 02 9363 1088

General Pants

generalpants.com.au Gibson 1800 128 900 Giorgio Armani

02 8233 5888

Givenchy givenchy.com Glue Store

aluestore.com.au

Great Dane greatdanefurniture.com

G-Star g-star.com Gucci 1300 442 878

Healy Optical 02 9420 3200

Heerenhuis Manufactuur

spenceandlyda.com.au

Herman Miller livingedge.com.au

Hermès 02 9287 3200 Hugo Boss 03 9474 6331

Incu incuclothing.com

Jac+Jack jacandjack.com Joe Black 1800 128 900

John Hardy au.johnhardy.com

Jordan Askill

jordanaskill.com

Karimoku New Standard

stylecraft.com.au

Le Coq Sportif

lecogsportif.com.au Lee Jeans leejeans.com.au Levi's levis.com.au **Longines** 03 8844 3300 Louis Vuitton 1300 883 880

Lululemon 02 9233 8292

Marcs marcs.com.au **Matches Fashion** matchesfashion.com

MJ Bale 02 8208 8800 Montblanc montblanc.com Mophie mophie.com

Moscot wearethestables.com Mr Porter mrporter.com

Neuw Denim neuwdenim.com

New Albion

newalbionsports.com Nike nike.com.au Nudie Jeans 02 9699 7399



Olympus camerahouse.com.au Omega 02 8080 9696 **OPSM** opsm.com.au Oscar Hunt oscarhunt.com.au OTAA otaa.com

Panerai 02 8215 5542 Paul Smith 02 9331 8222 Persol sunalasshut.com.au

Polo Ralph Lauren 03 9530 4074

Prada 02 9223 1688 Puma au.puma.com

Ralph Lauren 03 9530 4074

Raymond Weil 02 9363 1088

Recreational Studio recreationalstudio.com Reebok reebok.com.au Rhodia kinokuniya.com.au **RM Williams**

rmwilliams.com.au

Rodd & Gunn 1800 008 658

Rolex rolex.com Rollas rollas.com.au



Saba saba.com.au

Salvatore Ferragamo 1300 095 224

Save Khaki United savekhaki com

Scotch & Soda

scotch-soda.com.au

Simon Hasan

simonhasan.com

Sunglass Hut 1800 556 926

TAG Heuer 1800 809 915 **Ted Baker** 1300 786 896

The Academy Brand

academybrand.com

The Tie Bar thetiebar.com Timberland 03 9427 9422 TM Lewin 02 8197 1898

Tod's 02 8203 0901

Trenery trenery.com.au **Tudor** 03 9658 0988

Uniqlo uniqlo.com



Vanishing Elephant vanishingelephant.com

West Elm westelm.com.au Wrangler shop.wrangler.com.au



&tradition greatdanefurniture.com

PRIVACY POLICY — AS AT MARCH 2014 NewsLifeMedia collects information about you, including for example your name and contact details which you provide when registering or using our services as well as information from data houses, social media services, our affiliates and other entities you deal or interact with for example by using their services. We collect and use that information to provide you with our goods and services, to promote and improve our goods and services, for the purposes described in our Privacy Policy and for any other purposes that we describe at the time of collection. We may disclose your information to our related companies, including those located outside Australia. Any of us may contact you for those purposes (including by email and SMS). We may also disclose your information to our service and content providers, including those located outside Australia. If you do not provide us with requested information we may not be able to provide you with the goods and services you require. Where you have entered a competition, we may disclose your personal information to authorities if you are a prize winner or otherwise as required by law. Further information about how we handle personal information, how you can complain about a breach of the Australian Privacy Principles, how we will deal with a complaint of that nature, how you can access or seek correction of your personal information and our contact details can be found in our Privacy Policy newscorpaustraliaprivacy.com.

+GQDIRECTORY

THE MODERN MAN'S DEFINITIVE GUIDE TO ESSENTIAL SHOPPING AND SOPHISTICATED STYLE.



GO FOR GOLD

Spoil someone special with a statement piece from the Georg Jensen 'Fusion' collection. Featuring bold silhouettes and various combinations of white, cinnamon or black diamonds – paired with white, yellow or red gold these striking rings are set to become modern classics. georgjensen.com

IN IT TO WIN IT

Stack the chips in your favour with a spritz of Davidoff 'The Brilliant Game'. Fresh, aromatic and woody, the fragrance opens a new chapter in the brand's popular 'The Game' saga. The masculine scent features a blend of cedarwood and orange blossom with a tonka bean base and top notes emulating the Americano cocktail - a favourite of James Bond. Game on. zinodavidoff.com



27, ST 09

FLYING HIGH

Evoking the elegant design and functionality of models from the 1950s and '60s, the new Breitling 'Chronoliner' watch is a precision timekeeping device for modern jetsetters. Its broad black bezel enables easy reading of a second time zone in 24-hour mode, making it ideal for frequent fliers. For stockists, call (02) 9221 7177 or visit breitling.com



ACTION HERO

Be ready for any challenge with the Garmin 'Fēnix 3'. As smart as it is rugged, the watch combines navigation and fitness training tools, making it ideal for activities such as running, skiing and swimming. garmin.com.au



A stylish option for casual Friday or weekend wear, the Calvin Klein Jeans shirt is a staple for any man's wardrobe. The denim is broken in, washed down and finished with powdered surfaces. calvinklein.com



THE CLEAN UP

With winter now in full swing, there's a good chance a combination of cold air, heaters and everyday pollutants has left your skin in lessthan-peak condition. Get things back under control with L'Oréal 'Men Expert X-treme Cleanser Magnetic Charcoal'. The foaming formula is designed to act like a magnet for impurities, drawing out the daily build-up that can cause dilated pores, blackheads and dull skin.



RALLY TIME

The official watch of this year's Dakar Rally, the Edox 'Chronodakar Limited Edition 2015', offers a masculine blend of precision and style. Designed by boutique Swiss brand Edox, and limited to 1000 models worldwide, the chronograph is water resistant to 100 metres and features a black rubber strap with a tyre-tread pattern. For stockists, call (03) 9572 9820.







